

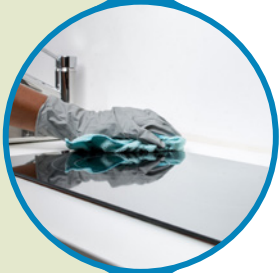
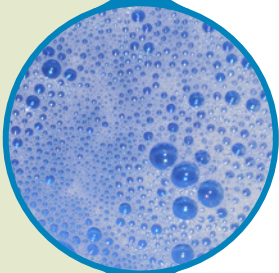


Essential oils for cleaning

With the convergence of COVID and conscious consumerism, there has been a resurgence of natural ingredients in green cleaning supplies, featuring classic astringent Australian species that stand to compete with harsher synthetic products.

NAP has a wide-ranging line of essential oils that serve as prime ingredients in natural cleaning and personal hygiene. With traceable sources, third-party testing and analysis, our essential oils' range of compounds boast pure antiviral, antifungal and antibacterial properties, making them perfect in the formulation of various household and commercial cleaning products. These essential oils can also be blended in different combinations to create unique applications.

Cleaning products that can be enhanced by the incorporation of Essential Oils are those formulated for glass, floors, walls, appliances, bathrooms and toilets, as well as laundry detergents, all-purpose cleaners, and sanitizing disinfectants. Personal products such as soaps, shower and hand gels, hand sanitizers, and shampoos can also benefit from the inclusion of these essential oils.





Our top essential oils for cleaning

CINNAMON OIL: *Cinnamomum zeylanicum*

For centuries, cinnamon has been considered the spice of protection and prosperity—and for a good reason. If you put it in your home, it can help kill off serious viruses and bacteria. Cinnamon oil is antibacterial and antiseptic, and it's a natural home deodorizer. Nothing makes your home smell more inviting than cinnamon!

With a lovely soft and spicy fragrance and antibacterial and antiseptic properties, Cinnamon may fight mould, mildew, fungi, and other bacteria.



CLARY SAGE OIL: *Salvia sclarea*

Deriving its name from the Latin 'Claris', meaning 'clear', the benefits of Clary Sage Essential Oil can be attributed to its purifying properties as an antidepressant, antiseptic, astringent, bactericidal, carminative, deodorant, euphoric, hypotensive.



EUCALYPTUS OIL: *Eucalyptus kochii (Australian)*

Eucalyptus is a great all-purpose cleaner, especially to stop mould. It is also known to help fight allergies, and have antiseptic, antiviral and antibacterial properties.

We have 9 Eucalyptus oils, but this is one we would suggest for home care cleaning applications.



LAVENDER OIL: *Lavandula angustifolia*

Lavender oil is known for its natural antibacterial, antifungal, antidepressant, antiseptic and antimicrobial properties. Lavender's scent has calming qualities and is great for all cleaning products including floors.



While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

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Our top essential oils for cleaning



LEMON MYRTLE OIL: *Backhousia citriodora* (Australian)

With a wonderful, uplifting, refreshing lemon aroma, Lemon Myrtle is one of Australia's newest and most exciting essential oils. It has anti-viral and anti-fungal properties. Lemon Myrtle also has very strong antibacterial properties. A wonderful mood lifter and calming, it's the most antiseptic, antiviral, antifungal of the Australian essential oils.



SPEARMINT OIL: *Mentha spicata*

Spearmint has a beautiful fresh fragrance. Its properties are antiseptic, antispasmodic, antibacterial, antifungal, antiviral, analgesic, restorative and stimulant. Spearmint has a relaxing and cooling effect on the brain and will help alleviate stress, aiding concentration.



TEA TREE OIL: *Melaleuca alternifolia* (Australian)

Tea tree oil is one of the strongest cleansing oils, having antifungal, antibacterial and antiviral properties. It fights germs, bacteria, mould, viruses, and bugs.



To discover more about our natural solutions for your formulations ask us about our additional application brochures.

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Other essential oils for cleaning



BASIL OIL: *Ocimum basilicum*

Basil oil can be used to remove bacteria from surfaces and freshen the air, it is especially beneficial for cleaning kitchens and bathrooms as it has strong antibacterial and antiviral properties.



BERGAMOT OIL: *Citrus bergamia*

Uplifting Bergamot oil will give an emotional boost and also has some serious cleaning power. It combines well when mixed with Lavender and Lemon. The refreshing properties of Bergamot make it great to help freshen air and protect your home against seasonal illnesses.



CLOVE OIL: *Eugenia caryophyllata*

During the wet summer months, high humidity and heavy rains can lead to mould in any areas of your home that are affected by moisture. One of the main reasons Clove oil is a brilliant mould preventer is that it actually kills the spores. It has many healing properties as well as being an effective oil to use around your home. It has anti-microbial, anti-fungal, antiseptic and anti-viral properties.



GERANIUM OIL: *Pelargonium graveolens*

Should you notice that your home has a musky odor, Geranium oil is the perfect way to freshen things up. It's particularly useful in homemade air fresheners, as it blends beautifully with lemon, lavender and grapefruit and has a lasting subtle scent.



GRAPEFRUIT OIL: *Citrus paradisi*

Has potent antimicrobial and antibacterial properties, making it a very effective cleaning ingredient. Blends beautifully with Tea Tree oil and Lavender oil.



LEMON OIL: *Citrus limonum*

Lemon gives a clean, crisp citrusy scent, masking many fowl odors. It is antibacterial and antiviral, and can dissolve grime and dirt.

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Other essential oils for cleaning



LEMONGRASS OIL: *Cymbopogon flexuosus*

Is one of the most powerful natural cleaning weapons. Not only does its clean scent freshen and deodorize, but the oil is also antimicrobial and antibacterial. It's an excellent addition to an all-purpose spray for bathroom and kitchen cleaning.



LIME OIL: *Citrus aurantifolia*

This aroma is perfect for when you want to refresh and brighten up your home it leaves it feeling clean or fresh. Lime essential oil was shown to have antibacterial activity against *S. aureus*, *B. subtilis*, *K. pneumoniae*, *P. vulgaris*, *P. aeruginosa*, and *E. coli*.

The results of this research help to support the reasons why man has been using lime essential oil for cleaning purposes for so long. Along with lime essential oil; cinnamon, geranium, rosemary, orange, lemon, and clove oils were also found to be equally effective against both gram-positive and gram-negative organisms.



ORANGE OIL: *Citrus sinensis*

Orange has a clean citrus smell it is purifying and up lifting. The enzymes in orange actually help eat away at bacteria and prevent it from growing back.



PEPPERMINT OIL: *Mentha piperita*

Peppermint is cooling and refreshing, and invigorating. Its properties are antiseptic, antiphlogistic, antispasmodic, astringent, cordial, decongestant, expectorant, stimulant.



PINE OIL: *Pinus sylvestris*

With its lovely fresh mountain air fragrance, it fights mould, mildew, fungi, and other bacteria.

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Other essential oils for cleaning



ROSEMARY OIL: *Rosmarinus officinalis*

Has natural antibacterial and antiseptic properties, making it a great addition to dishwashing cleaners, laundry detergent, air freshener sprays, and is the perfect companion when used in combination with peppermint and rosemary.



SANDALWOOD OIL: *Santalum spicatum*

Is more effective against gram-positive bacteria.

The sweet scents of Sandalwood oil make it a good pairing for floral essential oils like Lavender, Jasmine, and Geranium. Sandalwood also blends well with citrus oils like Bergamot or Grapefruit, due to its sweet, uplifting nature for room sprays.



THYME OIL: *Thymus vulgaris*

It is not only antiseptic and antibacterial, but also has calming properties. Thyme has been found to have antibacterial effects against bacterium, including salmonella, Staphylococcus aureus, and Helicobacter pylori.



VANILLA OIL: *Vanilla planifolia*

Great for refrigerator cleaners, leaving a beautiful sweet warm scent. It blends well with a variety of other fragrance notes including sweet, spicy, floral and clean aromas like Rosemary, Lemon, Lavender, Peppermint, Orange, Bergamot.

Need some help or more information? Please contact our ingredient experts for customised recommendations based on your objectives. sales@naproducts.com



Essential Oils for Cleaning

SAFETY FIRST

Essentials oils can be 50-100x more concentrated than natural levels in the plant. Take caution and always mind best practices when using oils. If applying topically, they should be diluted into a carrier oil and ONLY IF they are recommended for ingestion or inhalation, be sure to follow recommended dosage.

EXTERNAL RECOMMENDATIONS

Essential oil:

Several drops rubbed into the skin. (This may be diluted at 30 ml essential oil to 500 ml of a suitable carrier such as vegetable oil.)

Ointment:

Semi-solid preparation containing 5-20% essential oil (in carrier oils, creams, or lotions) for local application. (Salve)

Tincture:

Aqueous-alcoholic preparation containing 5-10% essential oil for local application.

Inhalant:

Add a few (2-5) drops of essential oil to hot water or to a vaporizer; deeply inhale the steam vapor.

Many of our conventional oils and products are also available in Organic form. Those that are Organic are certified by the USDA and Oregon Tilth. Please contact us for more information on our Organic products.



DISCLAIMER

We always aim to source high quality ingredients and have a large range of respected suppliers from around the world. This list is a guide only, correct at the time of publication. If you are after an oil not on our list, please contact us and we can see if we can source it for you. As products are plant sourced and natural, availability is reliant on many factors outside our control. Despite our best efforts, we cannot guarantee the availability of any of our products at any given time. The use of the products listed in this document is to be considered as a guide only and further advice should be sought from your formulating chemist and/or health practitioner.

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