

Chakra Essential Oils

Over 2,000 years ago the earliest traditions of Hindu and Tantric Buddhist practice defined the chakras as various focal points within the body that affect our emotional and physical well-being. Each chakra is focused on certain points in the body, which blends with the physical and spiritual mind. Each of the seven chakras are connected to various organs and glands within the body and work together with your body's energy flow. They are referenced throughout the world by other traditions, such as Chi or Qi, Ka, Ki, Prana and Mana. During our life's journey we may experience blockages that stop the energy flow. To clear these blockages, certain activities like yoga, meditation, thought patterns, foods and aromatherapy can help.



**NATURALLY
AUSTRALIAN**
— PRODUCTS —



Chakra Essential Oils



The 7 Chakra Colors

Each of the seven chakras is represented by a color that creates a full rainbow or spectrum of energy. The colors flow and change with the emotions and physical state of the body.

RED: Root Chakra (Grounding)

ORANGE: Sacral Chakra (Pleasure, Sexuality)

YELLOW: Solar Plexus Chakra (Empowerment)

GREEN: Heart Chakra (Capacity to give and receive Love)

BLUE: Throat Chakra (Expressing Yourself)

INDIGO: Third Eye Chakra (Spiritual Insight Wisdom)

VIOLET: The Crown Chakra (Divine Enlightenment)

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

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NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
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Essential Oils for Each Chakra

1st Chakra - Root or Muladhara Chakra

The Root or Muladhara Chakra also known as the base or first chakra is located at the base of the spine. This is related to the physical foundation of life needs in the material world, basic human survival, responsibility and grounding.

Benzoin Oil

Styrax benzoin

Black Pepper Oil

Piper nigrum

Cedarwood Atlas Oil

Cedrus atlantica

Lavender Oil

Lavandula angustifolia

Myrrh Oil

Commiphora myrrha

Nutmeg Oil

Myristica fragrans

Orange Sweet Oil

Citrus sinensis

Patchouli Oil

Pogostemon cablin

Red Spikenard Oil

Nardostachys jatamansi

Vetiver Oil

Vetiveria zizanioides



Ask us for our catalogue or additional application brochures to discover more natural solutions for your formulations!

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2nd Sacral Chakra

This chakra is the second chakra and is located just above the pelvic bone. It relates to lessons associated with the balance of pleasures like passion, sexuality, intimacy, nature, creativity. When we balance these pleasures, we then can experience the love and beauty that life can give us.

Bergamot Oil

Citrus bergamia

Cardamom Oil

Lettaria cardamomum

Cinnamon Bark Oil

Cinnamomum zeylanicum

Clary Sage Oil

Salvia sclarea

Helichrysum Oil

Helichrysum italicum

Jasmine absolute Oil

Jasminum officinale

Lavender Oil

Lavandula angustifolia

Mandarin Oil

Citrus reticulata

Neroli Oil

Citrus aurantium

Patchouli Oil

Pogostemom cablin

Pink Pepper Seed Oil

Schinus molle

Rose Absolute Oil

Rosa damascena

Rosewood Oil

Aniba rosaeodora

Sandalwood Oil

Santalum album

Orange Sweet Oil

Citrus sinensis

Tangerine Oil

Citrus reticulata

Ylang Ylang Oil

Cananga odorata

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3rd Solar Plexus Chakra

The solar plexus or Manipura chakra, 3rd chakra is located in the stomach area. When there are no blockages in this chakra there is a feeling of being in control of life, displaying self-confidence and self-esteem and a feeling of being connected to humanity.

Aniseed Oil

Pimpinella anisum

Cedarwood Atlas Oil

Cedrus atlantica

Chamomile Roman Oil

Anthemis nobilis

Bergamot Oil

Citrus bergamia

Black Pepper Oil

Piper nigrum

Eucalyptus Oil

Eucalyptus globulus

Frankincense Oil

Boswellia carterii

Ginger Root Oil

Zingiber officinale

Grapefruit Oil

Citrus paradisi

Helichrysum Oil

Helichrysum italicum

Juniper Berry Oil

Juniperus communis

Lavender Oil

Lavandula angustifolia

Lemon Oil

Citrus limon

Lemongrass Oil

Cymbopogon flexuosus

Myrrh Oil

Commiphora myrrha

Peppermint Oil

Mentha piperita

Pine Oil

Pinus sylvestris

Chamomile Roman Oil

Anthemis nobilis

Rosemary Oil

Rosmarinus officinalis

Sandalwood Oil

Santalum spicatum

Spikenard Oil

Nardostachys jatamansi

Vetiver Oil

Vetiveria zizanioides

Ylang Ylang Oil

Cananga odorata

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4th Heart Chakra

The heart chakra is located near the heart in the centre of the chest. This chakra is connected to unconditional love, forgiveness and compassion.

Bergamot Oil

Citrus bergamia

Chamomile German Oil

Matricaria recutita

Chamomile Roman Oil

Anthemis nobilis

Copaiba Oil

Copaifera officinalis

Eucalyptus Oil

Eucalyptus globulus

Geranium Oil

Pelargonium graveolens

Jasmin Oil

Jasminum officinale

Lavender Oil

Lavandula angustifolia

Marjoram Sweet Oil

Origanum majorana

May Chang Oil

Litsea cubeba

Melissa Oil

Melissa officinalis

Neroli Oil

Citrus aurantium

Palmarosa Oil

Cymbopogon martini

Pine Oil

Pinus sylvestris

Rose Otto or Absolute Oil

Rosa damascena

Ylang Ylang Oil

Cananga odorata

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5th Throat Chakra

The throat chakra or Vishuddha is located in the throat. This is all about communication and is governed by the neck and mouth being able to express one's self fully speaking truth and to listen to others without judgement.



Balsam of Peru Oil
Myroxylon balsamum

Jasmin Oil
Jasminum officinale



Basil Oil
Ocimum basilicum

Lemon Oil
Citrus limon

Chamomile German Oil
Matricaria recutita

Orange Sweet Oil
Citrus sinensis

Chamomile Roman Oil
Anthemis nobilis

Peppermint Oil
Mentha piperita

Clove Bud Oil
Eugenia caryophyllata

Sage Oil
Salvia officinalis



Coriander Oil
Coriandrum sativum

Sandalwood Oil
Santalum album

Cypress Oil
Cupressus sempervirens

Spearmint Oil
Mentha spicata

Eucalyptus Oil
Eucalyptus globulus

Orange Sweet Oil
Citrus sinensis



Frankincense Oil
Boswellia carterii

Tea Tree Oil
Melaleuca alternifolia

Geranium Oil
Pelargonium graveolens

Vanilla Oil
Vanilla planifolia

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6th Third Eye Chakra

The third eye, or in Sanskrit 'Ajna', is the 6th chakra. It is located in the centre of the forehead between the eyebrows. This chakra is about spiritual awareness and being connected to higher consciousness. It offers the ability to focus, see the big picture and tap into wisdom and intuition.

Balsam of Peru Oil
Myroxylon balsamum

Basil Oil
Ocimum basilicum

Bay Laurel Oil
Laurus nobilis

Bergamot Oil
Citrus bergamia

Chamomile German Oil
Matricaria recutita

Chamomile Roman Oil
Anthemis nobilis

Clary Sage Oil
Salvia sclarea

**Agonis Fragrans
(Fragonia) Oil**
Agonis fragrans

Frankincense Oil
Boswellia Serrata

Juniper Berry Oil
Juniperus communis

Lavender Oil
Lavandula angustifolia

Lemon Oil
Citrus limon

Rosemary Oil
Rosmarinus officinalis

Sage Oil
Salvia officinalis

Sandalwood Oil
Santalum album

Thyme Oil
Thymus vulgaris

Vanilla Oil
Vanilla planifolia

Ylang Ylang
Oil Cananga odorata

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7th The Crown Chakra

The crown chakra or Sahasrara is the 7th chakra and is located at the top of the head. This chakra represents the ability to be fully connected spiritually. It manifests inner and outer beauty and when aligned, can result in pure bliss. When this chakra is harmoniously balanced, it offers enlightenment, fulfilment and manifests the divine self.

Balsam of Peru Oil
Myroxylon balsamum

Basil Oil
Ocimum basilicum

Cedarwood Atlas Oil
Cedrus atlantica

Frankincense Oil
Boswellia carterii

Helichrysum Oil
Helichrysum italicum

Lavender Oil
Lavandula angustifolia

Lime Oil
Citrus aurantifolia

Myrrh Oil
Commiphora myrrha

Neroli Oil
Citrus aurantium

Rose Oil
Rosa damascena

Rosewood Oil
Aniba rosaeodora

Sandalwood Oil
Santalum spicatum

Spikenard Oil
Nardostachys jatamansi

Vanilla Oil
Vanilla planifolia

Vetiver Oil
Vetiveria zizanioides

White Lotus Flower Oil
Nelumbo nucifera

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Need some help or more information? Please contact our ingredient experts for customised recommendations based on your objectives. sales@naproducts.com

SAFETY FIRST

Essentials oils can be 50-100x more concentrated than natural levels in the plant. Take caution and always mind best practices when using oils. If applying topically, they should be diluted into a carrier oil and ONLY IF they are recommended for ingestion or inhalation, be sure to follow recommended dosage.

EXTERNAL RECOMMENDATIONS

Essential oil:

Several drops rubbed into the skin. (This may be diluted at 30 ml essential oil to 500 ml of a suitable carrier such as vegetable oil.)

Ointment:

Semi-solid preparation containing 5-20% essential oil (in carrier oils, creams, or lotions) for local application. (Salve)

Tincture:

Aqueous-alcoholic preparation containing 5-10% essential oil for local application.

Inhalant:

Add a few (2-5) drops of essential oil to hot water or to a vaporizer; deeply inhale the steam vapor.

Many of our conventional oils and products are also available in Organic form. Those that are Organic are certified by the USDA and Oregon Tilth. Please contact us for more information on our Organic products.



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DISCLAIMER

We always aim to source high quality ingredients and have a large range of respected suppliers from around the world. This list is a guide only, correct at the time of publication. If you are after an oil not on our list, please contact us and we can see if we can source it for you. As products are plant sourced and natural, availability is reliant on many factors outside our control. Despite our best efforts, we cannot guarantee the availability of any of our products at any given time. The use of the products listed in this document is to be considered as a guide only and further advice should be sought from your formulating chemist and/or health practitioner.

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