



# Carrier Oils, Essential Oils and Butters for Men



The male hormone testosterone determines the structure of male skin, which is different to that of women. Men's skin tends to be thicker, oilier, with larger pores and a lower pH. Male skin ages differently to that of female skin. It typically doesn't get as dry as female skin and has a higher collagen density than women's. However, men's skin can still sag, or show puffiness and dark circles under the eyes. Shaving also makes the skin more sensitive to external conditions as it removes the uppermost layers of the skin. The following ingredients feature unique molecules to help men prevent signs of aging, keep skin cleansed and moisturized, and maintain healthy hair and scalp. These are just some of men's personal care formulations you can consider: Day/Night Face Wash, Moisturizer, Hand/Feet Creams, Eye Cream, Serums, Lotions, Gels, Skin Toner, Face Scrub, Acne Cream and Cleansers, Face Masks, Lip Balm, Sun Cream, Beard Oil, Beard Wax, Muscle Creams, etc.



# Carrier Oils, Essential Oils and Butters for Men

## Elements for Men's Care Ranges

**VITAMIN A** - Stimulates the production of collagen to fuel cell turnover, has anti-inflammatory and antioxidant effects. Retinoid, a vitamer of Vit A, also stimulates the production of new blood vessels in the skin, which improves skin color. Additional benefits include fading age spots and softening rough patches of skin.

**VITAMIN B** - The B vitamins consist of 8 different vitamers. Their benefits range from improving the appearance of fine lines and wrinkles, to improving skin tone and balancing natural oils, great for dry or acne-prone skin. B6 specifically can diminish the effects of hormonal imbalance, which can cause acne, redness and inflammation.

**VITAMIN C** - Is a potent antioxidant that can neutralize free radicals, even skin tone, and promote collagen production.

**VITAMIN E** - Promotes anti-oxidant activity, repairs and improves damaged skin while simultaneously moisturizing. It naturally enhances the skin's regeneration process, thus often alleviating discoloration and pigmentation (the reason why vitamin E is often thought of as a magical antidote for stubborn acne scars).

**VITAMIN F** - May be exceptionally beneficial for those with inflammatory skin issues. It helps reduce inflammation as well as regulate healthy cell function, and excessive water loss. It is best for people with highly sensitive skin and conditions such as atopic dermatitis, psoriasis, seborrheic dermatitis, rosacea, and acne as it calms and soothes troubled skin.

**VITAMIN K** - Potential antioxidant and anti-inflammatory, with known effects to help with blood clotting. Promotes cellular metabolism and has anti-inflammatory properties, promotes wound healing by increasing wound contraction and re-epithelialization.

---

**OMEGA 3 (ALA)** - Alpha-linolenic acid exhibits anti-oxidant properties, prevents inflammation.

**OMEGA 6** - Linoleic acid encourages moisture retention in skin, exhibits anti-inflammatory properties, and encourages anti-oxidant activity.

**OMEGA 9** - Oleic acid has powerful anti-oxidant properties and prevents inflammation.

---

**ARACHIDIC ACID** - Shows potential to act as an emollient in creams, lotions, balms and serums.

**PALMITIC ACID** - Shows potential to act as an emollient in creams, lotions, balms and serums. Known to soften the skin by forming a water-blocking layer, helping to retain moisture.

**STEARIC ACID** - Known to possess properties that cleanse skin and hair, protect hair from damage, emulsify creams, lotions, balms and serums.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 2 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)






# Carrier Oils for Men


Carrier oils are basically oils derived from nuts and seeds of different plants. Based on the plant, they exhibit different properties. They can be used by themselves (as a moisturizer or to treat specific problems), or they can be mixed with other carrier oils or essential oils. They are called carrier oils as they carry essential oils or any other absolute to the skin. The absorption of essential oil will depend on the chemical as well as physical properties of the oil.

## **ALMOND SWEET** *Prunus amygdalus dulcis* **CARRIER OIL**



Antibacterial, antifungal, anti-inflammatory, rich in essential fatty acids (linolenic acid Omega 3, linoleic acid Omega 6 and oleic acid Omega 9), and vitamins A & E, B7 or biotin and K, which is a natural antioxidant. A great source of magnesium, phosphorus and copper. Almond Oil's constituents will help soothe dry skin and can improve complexion and tone. The antibacterial properties and richness in vitamin A make it suitable in helping treat acne. The vitamin E content can help heal sun damaged skin, help with signs of aging and fade scars, Acne, Eczema and Psoriasis. It can help to lighten dark circles under the eyes and reduce under-eye puffiness. The antioxidant nutrients in Almond Oil destroy free radicals, reducing fine lines, wrinkles and sagging skin, which may help prevent premature aging and safeguard against sun damage.

## **ARGAN** *Argania spinosa* **EXOTIC CARRIER OIL**



Is rich in Omega 6 linoleic acid, Omega 9 oleic acid, palmitic acid and stearic acid. It has high concentrations of vitamin E, a powerful antioxidant protecting skin from sun damage. Tocopherols and polyphenols give it anti-inflammatory and skin-hydrating benefits by restoring the barrier function and maintaining moisture, which is critical for managing barrier impaired skin and signs of aging by improving skin's elasticity. It is also antibacterial and antifungal. It reduces symptoms of different inflammatory skin conditions like psoriasis and rosacea, acne, eczema, and atopic dermatitis. A beautiful oil gentle for sensitive skin. The sebum-reducing qualities in Argan oil helps reduce oiliness in the skin and can speed up tissue repair in wounds.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 3 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)



# Carrier Oils for Men

## **AVOCADO** *Persea americana* **CARRIER OIL**

Rich in oleic acid Omega 9 and linoleic acid Omega 6, its antioxidant properties protect and rejuvenate the appearance of skin and maintain moisture, which is critical for managing rosacea and anti-aging by the improvement of skin elasticity. Additionally, it boasts carotenoids, vitamin A, B, D, E, and Lecithin. Antimicrobial and anti-inflammatory benefits help skin stay smooth, strong, elastic, with potential to calm itchy skin, Acne, Eczema, Psoriasis, heal chapped skin and shield skin from ultraviolet radiation. Avocado oil's properties are purported to smooth skin.

## **BAOBAB** *Adansonia digitata* **EXOTIC CARRIER OIL**

Has a high content of Fatty Acids: Omega 3, 6 and 9. Its anti-Inflammatory properties promote rejuvenation of skin cells, wonderful wound-healing compounds for scarring. It is an excellent moisturizer, comprised of equal parts saturated fats, monounsaturated fats, and polyunsaturated fats. Antioxidant Vitamin A protects skin from free radical damage. Vitamin E and Vitamin D also contribute to maintaining a healthy skin barrier. The oil's antioxidant properties, including Vitamin C, help in the restoration and production of collagen - a pivotal protein for healing scars.

## **BORAGE** *Borago officinalis* **EXOTIC CARRIER OIL**

Is one of the richest sources of essential fatty acids that exists, containing Omega-6 linoleic acid, Omega 9 oleic acid, Omega 3 alpha-linolenic acid, palmitic acid, and stearic acid. It is a powerful antioxidant with Vitamin A, B and C, which has been well-documented for having anti-aging and skin conditioning properties for protecting skin cells from oxidative stress caused by UV radiation. Its anti-inflammatory properties can help reduce skin conditions like rosacea, acne and eczema and psoriasis, restoring moisture barriers and smoothness to dry and damaged skin. It is a light oil and won't leave the skin feeling greasy. It is very emollient and helps reduce reddening of very sensitive skin, and may help treat fine lines and wrinkles.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 4 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Carrier Oils for Men

## **BLACK SEED** *Nigella sativa* **EXOTIC CARRIER OIL**

These tiny seeds, which are rich in vitamins, minerals, and fatty acids, provide nourishing moisture that is easily absorbed into the skin and scalp creating elasticity and fighting damaging free radicals that cause wrinkles and fine lines. The combination of the amino acids and vitamins work together to regenerate skin cells and may fade age spots, producing collagen and elastin, reducing redness, bumps, and irritation. This oil has over 80% unsaturated fatty acids, including omega 3 linolenic acid, omega 6 linoleic acid, and omega 7 palmitoleic acid, and arachidonic acid. It contains 8 of the 9 essential amino acids that are combined to make “whole” protein. Black Seed also has vitamin A, B1, B2, B3, B9 and D, folic acid, calcium, iron, copper, zinc and phosphorous. Black cumin seed oil has exceptional antioxidant activity with thymoquinone, nigellone and beta-sitosterol. It has been shown to have antioxidant properties and antimicrobial effects on fungi that commonly cause skin infections. Vitamin B3 can help to improve and treat skin conditions like rosacea, acne, eczema, psoriasis and dermatitis, hyper pigmentation, sun-damage, redness, irritated, aged and dry skin.

## **CAMELLIA** *Camellia japonica* **EXOTIC CARRIER OIL**

A rich source of Oleic Acid Omega 9, polyphenol antioxidants, vitamins A, C, D, & E Tocopherol, make it excellent for skin conditioning properties. It also contains fatty acids linoleic Omega 6 and palmitic acids, helping to maintain moisture in the skin and protecting it from UV exposure, arresting the effects of free radical damage. Camellia oil absorbs very quickly into the skin, promoting cell growth, and giving skin support and flexibility. It helps minimize the appearance of scars and promotes healing. Vitamin A stimulates collagen production soothing fine lines and wrinkles. It also lightens sun-induced brown spots by increasing skin cell turnover which creates healthier new cells. Camellia oil can be especially helpful for the prevention and treatment of sagging cheeks, wrinkles and maintaining elasticity and tone of the skin. This amazing oil is packed full of antioxidants and omega fatty acids to fight against the signs of aging.

## **CHIA SEED** *Salvia hispanica* **EXOTIC CARRIER OIL**

Chia seeds are rich with antioxidants, omega 3 fatty acids that fight ageing, soothe inflammation, reduce acne scars and keep skin radiant and healthy. It's a light oil, so it absorbs quickly into the skin. Chia Seed Oil is also high in linoleic acid Omega-6, which can have anti-inflammatory effects. It also contains antioxidants that can keep skin looking healthy. It is rich in manganese, phosphorus, copper, selenium, iron, magnesium, and calcium, but poor in vitamins.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 5 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)





# Carrier Oils for Men

## **EVENING PRIMROSE** *Oenothera biennis* **CARRIER OIL**

Evening primrose oil is a rich source of linoleic Acid Omega 6, and in lesser amounts - Oleic acid Omega 9, palmitic acid and stearic acid. Combined with Vitamin E, it has potent anti-inflammatory and antioxidant properties which can help improve skin condition by plumping and hydrating skin, restoring moisture balance. It regulates sebum production and reduces signs of sun damage which can enhance the texture and elasticity of skin, addressing dryness, irritation, roughness and reduce wrinkles and fine lines – natural compounds that leave the skin looking youthful.

## **GRAPE SEED** *Vitis vinifera* **CARRIER OIL**

Is a dry, non-irritating oil, meaning it does not leave a greasy film on the skin, so it is a good choice for all skin types and conditions. It is rich in phenolic compounds, fatty acids Omega 6 & 9, and vitamins E & F, having anti-inflammatory and antimicrobial properties. Its constituents, mainly tocopherol, linolenic acid, resveratrol, quercetin, procyanidins, carotenoids, and phytosterols, reduce puffy eyes, dark circles, and the formation of eye-bags. As it is rich in Vitamin E, this oil can help tighten and moisturize the skin, treat acne, eczema and psoriasis. It will reduce inflammation, redness, scarring caused by acne, eczema and rosacea and due to its antimicrobial properties will speed up the healing process and will not clog pores. This oil has some astringent qualities and is good for oily skin. A great oil for fading stretch marks and to relieve dry, itchy skin.

## **HEMP SEED** *Cannabis sativa* **CARRIER OIL**

Is rich in plant-based protein, polyunsaturated fatty acids, Omega 3, 6 and 9. Hemp seed oil is rich in tocopherols or Vitamin E, Vitamins A, B, C and D antioxidants. It has minerals, such as potassium, magnesium, iron, zinc, and calcium. It has anti-inflammatory, anti-oxidant, anti-aging and antibacterial potential, making it perfect for oily skin and sensitive skin. It is known to reduce inflammation, redness and clogged pores associated with itchiness and dryness, eczema, acne and psoriasis. It has been known to balance the oil production of oily skin, nourish and firms dry skin, locking in moisture. It may help reduce the look of fine lines and wrinkles and it will soothe and calm irritated skin. It can help protect the skin from harsh environmental damage and help fade stretch marks and scars. The powerful anti-inflammatory properties simultaneously encourage skin growth and new cell generation giving younger looking skin.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 6 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Carrier Oils for Men



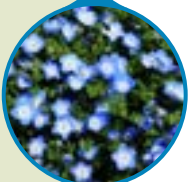
## **JOJOBA** *Simmondsia chinensis* **EXOTIC CARRIER OIL**

Is rich in antioxidant Vitamin E plus Vitamins A, B, C and D. It also contains the minerals chromium, copper, and zinc, plus Omega 6 and 9, having anti-inflammatory, antimicrobial, antibacterial, antioxidant, hypoallergenic, antifungal properties. It may help plump up the skin and keep skin healthy, being good for all skin types, slowing down the appearance of aging, acne, eczema and psoriasis. Jojoba oil is actually a liquid wax and is similar to the sebum our own body produces. A versatile oil, jojoba oil's high mineral content will leave skin looking smoother, whilst helping protect against dryness, as it will hydrate the skin and scalp. Due to its Vitamin E content, it can help increase hydration for maximum nourishment.



## **KUKUI** *Aleurites moluccana* **EXOTIC CARRIER OIL**

High in Omega 3, 6 and 9, offering anti-inflammatory and antioxidant properties. Vitamin A, C and E, provide antioxidants that help to protect the skin. It can quickly penetrate the deepest skin layers, while locking in moisture. Kukui is rich in natural antioxidants and minerals. It helps heal wounds and scars and skin problems like dryness, eczema, psoriasis, and boosts collagen.



## **FLAXSEED** *Linum usitatissimum* **CARRIER OIL**

Flaxseed Oil is one of the richest sources of alpha-linolenic acid, Omega 3. It also has a high content of oleic acid. These components make this oil a powerful anti-inflammatory and a natural antioxidant. It also has a high content of Vitamin E, making it a great moisturizing ingredient as well. It is a great addition to products for dry, sensitive and mature skin, and skin and haircare products in general. Since cellulite can be the result of lost elasticity and collagen, Flaxseed oil can help improve the body's ability to produce collagen and elasticity.



## **MACADAMIA** *Macadamia integrifolia* **CARRIER OIL**

Has a chemical profile similar to the skin's natural sebum, making it easily absorbed. It is the richest botanical source of Palmitoleic acid Omega 7, as well as Omega 3 and 9, and is a highly effective anti-oxidant, rich in squalene, supporting cell regeneration and can help heal burns, wounds, scars and stretch marks, reduce dermatitis and eczema. Its anti-inflammatory activity is regenerative and hydrating to the outermost layer of skin, creating a natural oil barrier that helps skin retain water. It's hypo-allergenic, making it well-suited for use on sensitive skin. It can help keep the skin elastic and looking youthful. By destroying free radicals, the amazing nutrients in this oil may reduce fine lines, wrinkles and sagging skin to prevent premature aging and safeguard against sun damage.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 7 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Carrier Oils for Men



## **MARULA** *Sclerocarya birrea* **EXOTIC CARRIER OIL**

Considered the richest plant source of oleic acid Omega 9, its powerful anti-oxidant properties may reduce inflammation, acne, blemishes, and scarring. Marula Oil can diminish the appearance of stretch marks, dryness, and cracking, facilitating the healing of irritation, hydrating skin to prevent moisture loss, and enhancing elasticity and firmness by boosting collagen production. It abounds in antioxidants and vitamin C, which can neutralize free radicals, and even skin tone. Vitamin E repairs and improves damaged skin while simultaneously moisturizing, naturally enhancing the skin's regeneration process. Marula oil is lightweight, easily absorbing into the skin - an effective moisturizer for dry and aging skin.



## **OLIVE** *Olea europaea* **CARRIER OIL**

Contains healthy fatty acids - Omega 3 exhibits anti-oxidant properties, preventing inflammation, Omega 6 encourages moisture retention in skin, exhibits anti-inflammatory and anti-irritant properties, promotes and encourages anti-oxidant activity that protect and rejuvenate the appearance of skin. It is an effective emulsifier and thickener in cosmetic formulations. Oleic acid Omega 9 is a powerful anti-oxidant, preventing inflammation and contributes to the skin's suppleness and moisture levels. These antioxidant properties may reduce the appearance of aging, such as age spots, premature wrinkles, and fine lines. It may relieve symptoms of Acne, Eczema, Psoriasis, dry skin, redness, or irritation. Rich in Vitamin A, E and K, it is a great moisturizer and helps the skin regenerate damaged skin cells, fading scars and smoothing stretch marks. It also has antibacterial properties that will help reduce infections and breakouts. It is rich in squalene, which is a compound with antioxidant, anti-inflammatory, and antibacterial properties to hydrate, lubricate, rejuvenate, soften skin, soothe irritation and help with aging.



## **PRICKLY PEAR SEED** *Opuntia ficus-indica* **EXOTIC CARRIER OIL**

Prickly pear oil is easily absorbed into the skin. The high levels of linoleic acid Omega 6, the abundance of Vitamin E, Tocopherol, minerals and amino acids, give it powerful anti-oxidant, anti-inflammatory levels. Vitamin C and K antioxidants known as betalains also help promote wound healing by increasing wound contraction and re-epithelialization. Due to its high betalain content, the oil is also a powerful tool in anti-aging. Prickly pear oil contains many amazing compounds known to have hydrating, antibacterial, and antioxidant properties to reduce skin inflammation, as well as prevent skin damage. Prickly Pear Seed Oil boasts nearly one and half times the amount of vitamin E found in Argan Oil. Vitamin E is known to help heal wounds faster and aid in skin regeneration.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 8 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)





# Carrier Oils for Men

## **RICE BRAN** *Oryza sativa* **CARRIER OIL**

This oil is high in fatty acids Omega 3, 6 and 9. A rich source of proteins, fats, minerals and micronutrients, Vitamin B6 and Vitamin E tocopherol. It is one of the best sources of tocotrienol, an antioxidant which may be many times more powerful and effective than Vitamin E. Rice bran oil promotes hydration, reduces pigmentation and helps keep the skin and scalp soft, supple and smooth. Light in texture and easily absorbed into the skin, it penetrates easily into the scalp and skin softening and moisturizing. It has high levels of anti-oxidants, anti-inflammatory, antiviral, antibacterial and antifungal activity. Rice Bran Oil is a potent anti-aging ingredient since it offers protection against sun UV rays. Additionally, the powerful antioxidants in this oil help prevent free radical damage. It also aids in cell regeneration helping to treat acne, eczema and psoriasis.

## **ROSEHIP** *Rosa canina* **EXOTIC CARRIER OIL**

An excellent source of Omega 3 and 6, both are essential fatty acids collectively known as vitamin F which is very effective for cell and tissue regeneration, improving elasticity and helping against signs of ageing, repairing scar tissue, acne, eczema and psoriasis. Rosehip oil is high in vitamins C and A, and a rich source of antioxidants, antiviral, antibacterial, antifungal and essential fatty acids that help with acne, eczema, psoriasis, rosacea. These vitamins can help reduce signs of skin aging and may help prevent fine lines, unsightly scars or stretch marks. Rosehip oil also contains antioxidants like tocopherol Vitamin E and carotenoids that have been known to protect the skin. It is also rich in anti-inflammatory acids that may help soften redness and irritation and it contains two antioxidants called lycopene and beta-carotene, which are effective fighters against hyperpigmentation and dark circles around the eyes.

## **SAFFLOWER** *Carthamus Tinctorius* **CARRIER OIL**

Is rich in omega 6 linoleic acid Omega 9 oleic acid and palmitic acid. Contains vitamin E tocopherol, vitamin K which may be responsible for some of its skin benefits. Vitamin E has been an important ingredient in dermatological products. This antioxidant-rich vitamin is important in keeping cells in good health. The inflammation properties play a significant role in wound healing, a combination of various functions within the body that include cellular, molecular, and other mechanisms. Shown to be helpful in treating pimples, psoriasis, eczema and acne spots.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 9 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Carrier Oils for Men

## SEABUCKTHORN *Hippophae rhamnoides* EXOTIC CARRIER OIL

The major fat found in Sea Buckthorn oil is mono- and polyunsaturated fat, which are two types of healthy fats. Sea Buckthorn is possibly the only known oil to provide all four omega fatty acids - Omega 3, 6, 7 and 9. It also has Vitamins A, K, E, C, B1 and B2. This amazing oil is also one of the richest natural sources of beta-carotene (Vitamin A), it has powerful anti-microbial, anti-inflammatory and anti-oxidant properties. It can be beneficial in treating skin and scalp irritation, acne, eczema and psoriasis. It helps with skin and scalp circulation, supporting hair growth. This beautiful rich oil moisturizes, repairs and rejuvenates the skin and leaves it looking young and youthful.

## SESAME *Sesamum indicum* EXOTIC CARRIER OIL

Is rich in essential fatty acids and has a balanced ratio of omega 3, 6, and 9. It is full of anti-oxidant, antimicrobial and anti-inflammatory activity. Rich in vitamin E and phytosterols, it contains lignans, sesamol, and sesaminol. These compounds help fight free radicals. antibacterial, antifungal, and is an emollient. Due to its antibacterial properties, it is good for wound healing and scare tissue. Some research shows that sesame oil may protect against damage from UV rays, as well.



To discover more about our natural solutions for your formulations ask us about our additional application brochures.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 10 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)



# Butters for Men

**In general, all of these butters have anti-inflammatory properties and are gentle - great for moisturising all skin types.**

## **COCOA** *Theobroma cacao* **EXOTIC BUTTER**

It contains fatty acids Omega 6, 9, Stearic Acid, Palmitic Acid, Arachidic Acid, Palmitoleic Acid, Vitamin E, Vitamin K, Alpha-Linolenic Acid, and Phytosterols (namely Stigmasterol). It is known for its high oxidative stability because it is naturally rich in antioxidants and Vitamin E. It melts at body temperature and works to naturally soothe dry, sensitive skin while reducing and preventing the appearance of scars and unwanted marks. It is believed to have photo-protective properties that protect against harmful UV radiation. The anti-inflammatory properties moisturize and relieve skin afflicted with swelling, irritation, and redness. The polyphenols in Cocoa Butter are known to diminish the appearance of aging by enhancing skin's moisture content, skin tone, elasticity, and collagen production.

## **COFFEE** *Coffea arabica* **BUTTER**

Is one of the richest sources of antioxidants, which protects the skin against free radicals. It also restores skin smoothness and protects against UV light. It improves blood flow giving skin a radiant look. It tightens the skin to reduce the appearance of cellulite, and prevents wrinkles. It's packed with vitamin E, fatty acids Omega 3 and 9 with strong antioxidants, promoting wound and scar healing. It has moisturizing properties, which give the skin a youthful look. It has a high concentration of chlorogenic acid, fatty acids, and phytosterols, both hydrating and softening to reduce the appearance of cellulite, helping manage symptoms of acne, sores, itching, scaling and dead cell build-up, like scar tissue.

## **CUPUACU** *Theobroma grandiflorum* **EXOTIC BUTTER**

Has high-capacity power to absorb water, approximately higher than that of lanolin, acting as a plant-based substitute for it. It contains phytosterols (especially beta-sitosterol) that regulate the water balance and activity of lipids on the superficial layer of the skin. Additionally, this butter may serve as an anti-inflammatory for calming rosacea and acne. Cupuacu Butter has lots of omega fatty acids and anti-oxidizing polyphenols, in addition to essential vitamins and nutrients such as B vitamins, amino acids, flavanoids, calcium, selenium and at least nine anti-oxidants including Vitamins A and C. As an added bonus, cupuaçu provides a protective barrier against UV rays, helping to prevent skin damage due to the sun.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 11 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Butters for Men

## **HEMP SEED** *Cannabis sativa* **BUTTER**

Is rich in polyunsaturated fatty acids, omega 6, omega 3 and protein. It is a good source of tocopherols, or Vitamin E antioxidants. Packed with minerals such as potassium, magnesium, iron, zinc, calcium, and phosphorus. It is easily absorbed into the skin, moisturizing without being greasy. Hemp seed is similar to our skin's own natural lipids, penetrating deep into the cells moisturizing both the epidermis and subdermal layers. A natural emollient with healing properties that leaves skin looking rejuvenated and younger in appearance. It nourishes the skin and protects against dryness and the signs of aging that speed up during exposure to the sun and natural toxins.

## **ILLIPE** *Shorea stenoptera* **EXOTIC BUTTER**

Its main constituents are Palmitic Acid, Stearic Acid, Oleic Acid, Linoleic Acid and Vitamins A, which stimulates the production of collagen to reduce fine lines and wrinkles, fuels cell turnover, decreases oil-production, and has an anti-inflammatory and antioxidant effect. Retinoid also stimulates the production of new blood vessels in the skin, which improves skin color. Additional benefits include fading age spots and softening rough patches of skin. Vitamin E promotes anti-oxidant activity, repairs and improves damaged skin while simultaneously moisturizing. It naturally enhances the skin's regeneration process, thus often alleviating discoloration and pigmentation. (This is why vitamin E is often thought of as a magical antidote for stubborn acne scars). Omega 6 linoleic acid encourages moisture retention in skin, exhibits anti-inflammatory properties, and encourages anti-oxidant activity and omega 9 oleic acid has powerful anti-oxidant properties and prevents inflammation.

## **KOKUM** *Garcinia indica* **EXOTIC BUTTER**

It is rich in essential fatty acids Linoleic Acid Omega 6, Oleic Acids Omega 9, Palmitic Acid, and Stearic Acid. It also contains antioxidant Vitamin C and E. It acts as a potent emollient, or moisturizing agent. Kokum Butter is composed of beneficial compounds that help to regenerate skin cells and support skin elasticity. It is a non-comedogenic, non-pore-clogging butter that helps prevent dry skin, acne, eczema and reduces wrinkles.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 12 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Butters for Men

## **MANGO** *Mangifera indica* **EXOTIC BUTTER**

Has fatty acids Linoleic Acid Omega 6, Oleic Acids Omega 9, Palmitic Acid, Stearic Acid, Arachidic Acid and is high in Vitamin A, C, and E. Its high vitamin content protects skin against harsh environmental damage caused by overexposure to harmful UV radiation. Mango butter has moisturizing, softening and regenerative properties when applied to the skin, while reducing the appearance of dark spots. It has a protective effect against UV radiation. The emollients nourish skin by boosting its elasticity, tightening skin, making skin look smoother and firmer, reducing the appearance of fine lines, leaving the skin with a firmer appearance without leaving it greasy. The anti-oxidant, anti-inflammatory, and anti-aging properties of Mango Butter make it an effective soothing agent for skin afflicted by dryness, acne, eczema, psoriasis and dermatitis. By restoring and maintaining moisture levels and by boosting cell regeneration, Mango Butter leaves skin looking plump, thereby promoting a rejuvenated, revitalized appearance.

## **MORINGA** *Moringa oleifera* **EXOTIC BUTTER**

The main constituents of Moringa Butter are Behenic Acid, Palmitic Acid, Stearic Acid, and Omega 3, 6 and 9. Also rich in vitamins C and E, it exhibits anti-oxidant properties, soothes dryness and protect skin from the harsh elements. It's gentle on sensitive skin, replenishes the moisture barrier and promotes moisture retention, facilitating wound and scar healing. Exhibit anti-inflammatory properties, reducing acne, promoting wound and scar healing, stimulating production of collagen and cell regeneration to keep skin healthy, strong, and firm.

## **MURU-MURU** *Astrocaryum murumuru* **EXOTIC BUTTER**

This butter is an incredible ingredient with the presence of Vitamin A & E, Omega fatty acids 3, 6 and 9, and most notably its high Lauric Acid content. Lauric Acid is a rare medium chain fatty acid that is found in human breast milk as well as coconut oil. A combination of these acids and other ingredients enable Murumuru Butter to act as a natural moisturizer for sensitive skin. With its anti-inflammatory properties, murumuru butter has a very wide range of applicability for treating dry and even oily skin. Great for moisturizing, it prevents against external oxidative factors forming a protective film like silicone, without clogging the pores. Due to its antimicrobial and anti-inflammatory properties, it is great for Rosacea and acne.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 13 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)





# Butters for Men

## **SHEA NUT** *Vitellaria paradoxa* **BUTTER**

The fatty acid profile composed primarily of stearic and oleic acids with lesser amounts of palmitic, linoleic and arachidic acids gives it a high level of saponifiable function. It protects the skin from the harmful effects of weather and ultraviolet rays, repairs scars and stretch marks. It has high levels of vitamins A, E and F and rich in antioxidants, which can help prevent fine lines and wrinkles brought on by free radicals. It hydrates skin by restoring moisture balance that contributes to its elasticity, boosts circulation and encourage faster regeneration of healthy skin cells. Shea butter contains triterpenes, a naturally occurring chemical compound that is thought to deactivate collagen fibre destruction. Shea Nut Butter has sun protection properties and acts as an emollient. It has anti-aging and anti-inflammatory properties. It is solid at room temperature but melts when applied to the skin.

## **UCUUBA** *Virola surinamensis* **EXOTIC BUTTER**

Is a rich source of Lauric, Myristic & Palmitic acid & the key Vitamins A & C, which all contribute to healthy skin. The butter also carries anti-inflammatory, antiseptic & anti-ageing properties. Originating from Central and South America, this dark brown and hard butter is pressed from the seeds of the Ucuuba tree. It is believed to have anti-inflammatory and antiseptic properties helping to heal Rosacea and acne. It is crucial in healthy cell development and maintenance of healthy skin.



Ask us for our catalogue  
or additional application  
brochures to discover  
more natural solutions  
for your formulations!

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 14 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Essential Oils for Men

In the treatment or maintenance of male skin, the following essential oils offer constituents that may play a role in caring for common men's skin concerns, offering anti-inflammatory, antibacterial, antifungal and antimicrobial properties. In addition, these have earthy, natural aromas that are common in masculine product ranges.



## **ALLSPICE** *Pimenta dioica* **EXOTIC ESSENTIAL OIL**

Has antiseptic and antifungal properties that could help prevent bacterial infections. It has an exotic aroma that can combine with other essential oils to create a beautiful fragrance for men.

## **BALSAM** *Myroxylon pereirae* **EXOTIC ESSENTIAL OIL**

Can help with the treatment of eczema, wounds and improving circulation.

## **BASIL** *Ocimum basilicum* **EXOTIC ESSENTIAL OIL**

Has antimicrobial activity that can help acne and anti-inflammatory properties that can help skin irritations, small wounds and sores, or even eczema.

## **BAY** *Cinnamomum tamala* **ESSENTIAL OIL**

Found in many men's soaps, colognes, cosmetics and hair tonics. The strong, spicy and pungent aroma combines well with other essential oils to create a beautiful aroma. It has antioxidant, antibacterial, antiviral, antifungal and anti-inflammatory activity that may help dandruff, promote hair growth, circulation and wound healing.

## **BAY LAUREL** *Laurus nobilis* **ESSENTIAL OIL**

Has antibacterial and anti-fungal properties that may help acne, dry skin, eczema, psoriasis and other problematic skin issues.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 15 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)



# Essential Oils for Men



## **BENZOIN** *Styrax benzoin* **ESSENTIAL OIL**

It may help reduce swelling, Benzoin is also used for cracked and dry skin.



## **BLACK PEPPER** *Piper nigrum* **ESSENTIAL OIL**

The aroma is warm, mild, dry and spicy. Another great oil to blend for male fragrance. It may help stimulate and strengthen the skin, preventing signs of aging and reducing acne, blemishes and scars. The antioxidants in black pepper can help repair damage, boost cell regeneration and collagen, reducing the appearance of fine lines.



## **BLUE CYPRESS** *Callitrus intratropica* **EXOTIC ESSENTIAL OIL**

The anti-bacterial properties may help treatment of many skin conditions and scaly skin.



## **CAJEPUT** *Melaleuca cajuputi* **ESSENTIAL OIL**

Its antibacterial and antifungal properties help heal numerous skin conditions. The aroma is another great one for blending in male fragrances.



## **CANANGA** *Cananga odorata* **EXOTIC ESSENTIAL OIL**

It has hydrating properties for the skin that keep it well-nourished and moisturized. The antiseptic properties may help heal skin infections.



## **CARDAMOM** *Elettaria cardamomum* **EXOTIC ESSENTIAL OIL**

The antimicrobial, antioxidants phenolics and flavonoids constituents may help aging skin. The aroma is another one that blends well with other essential oils to make a lovely male fragrance.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 16 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)



# Essential Oils for Men



## **CARROT SEED** *Daucus carota* **ESSENTIAL OIL**

With antimicrobial, antioxidant, and anti-inflammatory properties, it may help repair skin damage, improve skin health and prevent the appearance of sagging skin.



## **CEDARWOOD** *Cedrus atlantica (and Juniperus virginiana)* **ESSENTIAL OIL**

The anti-inflammatory and antimicrobial properties may be beneficial for skin conditions like acne, eczema and seborrheic skin infections. The antioxidant properties may help prevent signs of ageing.



## **CINNAMON** *Cinnamomum zeylanicum* **EXOTIC ESSENTIAL OIL**

The anti-fungal, anti-bacterial, and antioxidant properties may help fight against acne, eczema and other skin problem. It increases blood flow that also helps with healing damaged skin.



## **CLARY SAGE** *Salvia sclarea* **ESSENTIAL OIL**

The anti-microbial properties help with wound care and skin infections.



## **CORIANDER** *Coriandrum sativum* **EXOTIC ESSENTIAL OIL**

Has antibacterial, antifungal, and anti-oxidative properties that may help with wound healing and protecting skin cells. It's rich in vitamins like Vitamin C and its anti-inflammatory properties may help soothe and calm sensitive or irritated skin. The exotic aroma is great for blending a male fragrance.



## **CYPRESS** *Cupressus sempervirens* **ESSENTIAL OIL**

The antiviral and antibacterial properties make this oil an excellent treatment for acne and strengthening the structure of the skin tissue. It may help firm and tighten loose, sagging skin.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 17 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Essential Oils for Men



## **EUCALYPTUS BLUE MALLEE** *Eucalyptus polybractea* **ESSENTIAL OIL**

The anti-inflammatory components reduce inflammation, whilst antiseptic properties may help heal wounds from acne, psoriasis or eczema. Antibacterial properties ease bacterial infection, which helps prevent inflammation.



## **FENNEL** *Foeniculum vulgare* **ESSENTIAL OIL**

Its anti-inflammatory compounds reduce flare ups related to skin conditions like rosacea. It helps tone the skin, reducing signs of acne.



## **FIR NEEDLE** *Abies holophylla* **ESSENTIAL OIL**

It has amazing cleansing and purifying properties for the skin, and thus is great in face wash and cleansing formulations.



## **FRANKINCENSE** *Boswellia Serrata* **EXOTIC ESSENTIAL OIL**

Is known for its anti-inflammatory properties, and also has amazing anti-aging properties. This ancient oil has been clinically shown to improve skin elasticity, firming skin and reducing the appearance of wrinkles.



## **GINGER** *Zingiber officinale* **EXOTIC ESSENTIAL OIL**

It may help in preventing and treating skin conditions like acne because citrus essential oils have antibacterial, antioxidant and astringent properties that help reduce signs of aging such as fine lines, sun spots, and wrinkles. The astringent properties may help reduce sagging skin and keep the skin firm. Their fresh crisp aroma lend to blending well with other oils.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 18 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)





# Essential Oils for Men



## **GRAPEFRUIT** *Citrus paradisi* **ESSENTIAL OIL**

It may help in preventing and treating skin conditions like acne because citrus essential oils have antibacterial and antioxidant activity.



## **HELICHRYSUM** *Helichrysum italicum* **EXOTIC ESSENTIAL OIL**

With anti-inflammatory, antifungal, and antibacterial properties, it may help heal skin conditions like acne, eczema and wounds.



## **HOLY BASIL** *Ocimum tenuiflorum* **ESSENTIAL OIL**

Has anti-inflammatory properties that may help with the healing of acne, and brighten hyperpigmentation.



## **JUNIPER BERRY** *Juniperus communis* **EXOTIC ESSENTIAL OIL**

This oil is detoxifying and full of antioxidants, which will help heal the skin by repairing and strengthening the epidermis layer, helping reduce signs of aging.



## **KUNZEA** *Kunzea ambigua* **EXOTIC ESSENTIAL OIL**

The anti-inflammatory properties make this oil good for healing of eczema, psoriasis, and most skin inflammatory conditions.



## **LAVENDER** *Lavandula angustifolia* **ESSENTIAL OIL**

May assist with the healing of acne and reducing wrinkles.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 19 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)



# Essential Oils for Men



## **LEMON** *Citrus limonum* **ESSENTIAL OIL**

It may help in preventing and treating skin conditions like acne because citrus essential oils have antibacterial, antioxidant and astringent activity that helps reduce signs of aging such as fine lines, sun spots, and wrinkles. The astringent properties may help reduce sagging skin and keep the skin firm. Their fresh crisp aroma lend to blending well with other oils.



## **LIME** *Citrus aurantifolia* **ESSENTIAL OIL**

Told to help reduce acne, it does so by promoting cell turnover, which also is good for reducing cellulite, wrinkles, and scars. Its antiseptic constituents have been known to help cure sores and calm irritating rashes.



## **MANDARIN** *Citrus reticulata* **ESSENTIAL OIL**

While a sweet and calming citrus essential oil, it blends well with other masculine aromas like patchouli and sandalwood. It's shown to diminish aesthetic issues like acne, stretch marks and scars and even reduce pain, anxiety and nausea.



## **MARJORAM** *Origanum majorana* **ESSENTIAL OIL**

Has high levels of antioxidants that may help acne prone skin. It may help prevent wrinkles, balance skin tone and help to improve dull complexion.



## **MELISSA (LEMON BALM)** *Melissa officinalis* **ESSENTIAL OIL**

Known to induce relaxation, it also has antibacterial and anti-inflammatory properties that may help the treatment of acne, eczema, psoriasis, reduce swelling and reddening.



## **MYRRH** *Melissa officinalis* **EXOTIC ESSENTIAL OIL**

It soothes itchiness and reduces symptoms of eczema and other skin conditions. Its healing properties cleanse, moisturize, and tighten the skin, reducing sagging and other signs of aging.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 20 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)



# Essential Oils for Men



## **NEROLI** *Citrus aurantium amara* **EXOTIC ESSENTIAL OIL**

It is an antiseptic, antibacterial and anti-inflammatory that may help reduce acne breakouts, eczema, psoriasis, swelling and reddening.



## **NUTMEG** *Myristica fragrans* **EXOTIC ESSENTIAL OIL**

Has high levels of antioxidant and anti-inflammatory compounds that may help treat problem skin with reddening, dark spots or uneven skin tone. This amazing oil may help diminish wrinkles, scars, roughness, to reveal youthful, unblemished, radiant skin.



## **OREGANO** *Origanum vulgare* **ESSENTIAL OIL**

Is a antibacterial and antifungal oil due to high levels of thymol. It is a potent antioxidant that may help protect the skin from damage caused by oxidative stress and free radicals.



## **PATCHOULI** *Pogostemon cablin* **ESSENTIAL OIL**

Can help promote a smooth and glowing complexion by reducing the appearance of wrinkles, blemishes, and skin imperfections.



## **PETITGRAIN** *Citrus aurantium* **ESSENTIAL OIL**

May help maintain the oil-moisture balance of the skin and help treat acne and oily skin. It balances overactive sebaceous glands reducing the appearance of wrinkles.



## **SANDALWOOD** *Santalum spicatum* **EXOTIC ESSENTIAL OIL**

May help nourish the skin, improve the skin elasticity, even out skin tone and reduce the appearance of scars.



## **STAR ANISE** *Illicium verum* **ESSENTIAL OIL**

Has anti-bacterial and antifungal properties that help the healing of skin issues.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 21 of 23

# Essential Oils for Men



## **SWEET ORANGE** *Citrus sinensis* **ESSENTIAL OIL**

It may help in preventing and treating skin conditions like acne because citrus essential oils have antibacterial, antioxidant and astringent properties, which also help reduce signs of aging such as fine lines, sun spots, and wrinkles. The astringent properties may help reduce sagging skin and keep the skin firm. Thanks to its antioxidants, it offers UV protection as well.



## **TANGERINE** *Citrus reticulata* **ESSENTIAL OIL**

Like all citrus oil's antibacterial, antioxidant and astringent properties that reduce acne and skin infections, it can also help with dandruff and scalp irritation. As an antispasmodic, it relaxes muscles, reducing symptoms of stress, and therefore impacts of aging, such as fine lines and wrinkles.



## **TEA TREE** *Melaleuca alternifolia* **ESSENTIAL OIL**

Has enormous healing potential due to its antiviral, antibacterial and antifungal effects. The antioxidant and antimicrobial activity may accelerate the wound-healing process. It also has antiseptic and anti-inflammatory properties. Its ability to boost immunity is helpful when you're caring for wounds and scars. In 2015, research indicated that tea tree is a promising option to topically treat inflammatory disorders and heal wounds.



## **THYME** *Thymus vulgaris* **ESSENTIAL OIL**

Is packed with vitamin C and A. It is known to stimulate circulation, which is good for the skin as it perks up fatigued skin and boosts overall skin health.



## **VANILLA** *Vanilla planifolia* **EXOTIC ESSENTIAL OIL**

This oil is used for its fragrance and its antioxidant property, reducing wrinkles, fine lines, and age spots. Combined with its antibacterial properties, it helps cleanse the skin and reduce the occurrence of pimples and acne.



## **VETIVER** *Vetiveria zizanioides* **EXOTIC ESSENTIAL OIL**

Is used in skin care for its regeneration of new cells. It helps with wound healing, reducing the appearance of scars, blemishes and marks due to acne by removing dead skin cells.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 22 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
**Phone:** +1 661-347-3206 **Email:** [sales@napproducts.com](mailto:sales@napproducts.com)  
**Web:** [napproducts.com](http://napproducts.com)



# Carrier Oils, Essential Oils and Butters for Men

Need some help or more information? Please contact our ingredient experts for customised recommendations based on your objectives. [sales@napproducts.com](mailto:sales@napproducts.com)

## SAFETY FIRST

Essentials oils can be 50-100x more concentrated than natural levels in the plant. Take caution and always mind best practices when using oils. If applying topically, they should be diluted into a carrier oil and ONLY IF they are recommended for ingestion or inhalation, be sure to follow recommended dosage.

## EXTERNAL RECOMMENDATIONS

### Essential oil:

Several drops rubbed into the skin. (This may be diluted at 30 ml essential oil to 500 ml of a suitable carrier such as vegetable oil.)

### Ointment:

Semi-solid preparation containing 5-20% essential oil (in carrier oils, creams, or lotions) for local application. (Salve)

### Tincture:

Aqueous-alcoholic preparation containing 5-10% essential oil for local application.

### Inhalant:

Add a few (2-5) drops of essential oil to hot water or to a vaporizer; deeply inhale the steam vapor.

Many of our conventional oils and products are also available in Organic form. Those that are Organic are certified by the USDA and Oregon Tilth. Please contact us for more information on our Organic products.



Images of men by freepik - [www.freepik.com](http://www.freepik.com)

## DISCLAIMER

We always aim to source high quality ingredients and have a large range of respected suppliers from around the world. This list is a guide only, correct at the time of publication. If you are after an oil not on our list, please contact us and we can see if we can source it for you. As products are plant sourced and natural, availability is reliant on many factors outside our control. Despite our best efforts, we cannot guarantee the availability of any of our products at any given time. The use of the products listed in this document is to be considered as a guide only and further advice should be sought from your formulating chemist and/or health practitioner.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 23 of 23

**NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.**  
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA  
Phone: +1 661-347-3206 Email: [sales@napproducts.com](mailto:sales@napproducts.com)  
Web: [napproducts.com](http://napproducts.com)

