



Ingredient guide for healthy skin under the eyes



Periorbital Skin Care

There's a reason why the skin around the eyes tends to look older first. That delicate area is sensitive to stretching and sagging, so it matures faster than other parts of your face. Using ingredients with Retinol (Vitamin A) and antioxidants will help fight cell damage and produce collagen to reduce lines, brighten skin, offer UV protection to reduce oxidative stress and hydrate skin to help smooth the eye area - keeping it looking its best!

Dark circles

Dark circles under the lower eyelids are common in men and women. Often accompanied by puffiness or bags. Though they can affect anyone, dark circles are most common in people who are elderly, have a genetic predisposition to this condition (periorbital hyperpigmentation), or are from non-white ethnic groups who are more prone to hyperpigmentation around the eye area. While fatigue may seem like the most logical explanation for this condition, there are a number of factors that can contribute to dark circles under the eyes, fatigue, age, eye strain, allergies, dehydration, sun overexposure and genetics.



Vital elements for healthy skin under the eyes

Similar to cellulite-targeting products, caffeine is one of the most commonly used active ingredients in periorbital products as it is known to constrict the blood vessels under the eyes. It can brighten the area, and help tired eyes to appear more 'awake'. Vitamin C is also a promising compound for the eye area as it works to brighten, reduce blemishes, increase collagen production and increase the elasticity of skin to help reduce the appearance of wrinkles and fine lines. While caffeine and Vitamin C can be found in select plant extracts that we offer, these following compounds found in Essential Oils provide additional support in supporting periorbital vibrance.

VITAMINS

VITAMIN A - Stimulates the production of collagen to fuel cell turnover, has anti-inflammatory and antioxidant effects. Retinoid, a vitamers of Vit A, also stimulates the production of new blood vessels in the skin, which improves skin color. Additional benefits include fading age spots and softening rough patches of skin. Beta-carotene (β -carotene) is a precursor to vitamin A, which is found in carrot seed essential oil, a powerful antioxidant which repairs damaged tissue and rebuilds the collagen under the skin.

VITAMIN B - The B vitamins actually consist of 8 different vitamers, B1 (thiamine), B2 (riboflavin), B3 (niacinamide), B5 (pantothenic acid), B6 (pyridoxine), B7 (biotin), B9 (folic acid or folate) and B12(cobalamin). Their benefits range from improving the appearance of fine lines and wrinkles, to improving skin tone and balancing natural oils, making them great for dry or acne-prone skin. B6 specifically can diminish the effects of hormonal imbalance, which can cause acne, redness, and inflammation.

VITAMIN C - Is a potent antioxidant that can neutralize free radicals, even skin tone, and promote collagen production.

VITAMIN E - Promotes anti-oxidant activity, repairs and improves damaged skin while simultaneously moisturizing. It naturally enhances the skin's regeneration process, thus often alleviating discoloration and pigmentation (the reason why vitamin E is often thought of as a magical antidote for stubborn acne scars).

VITAMIN F - May be exceptionally beneficial for those with inflammatory skin issues. It helps reduce inflammation as well as regulate healthy cell function, and excessive water loss. It is best for people with highly sensitive skin and conditions such as atopic dermatitis, psoriasis, seborrheic dermatitis, rosacea, and acne as it calms and soothes troubled skin.

VITAMIN K - Potential antioxidant and anti-inflammatory, with known effects to help with blood clotting. Promotes cellular metabolism and has anti-inflammatory properties, promotes wound healing by increasing wound contraction and re-epithelialization.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 2 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.

25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA

Phone: +1 661-347-3206 Email: sales@napproducts.com

Web: napproducts.com





Vital elements for healthy skin under the eyes



FATTY ACIDS

These fatty acids may enhance skin-hydration by sealing in the skin's moisture and reducing evaporation to the surrounding atmosphere. In addition, they offer the following benefit for cellulite-reducing products, and are commonly found in carrier oils.

OMEGA 3 - Alpha-linolenic acid exhibits anti-oxidant properties, prevents inflammation.

OMEGA 6 - Linoleic acid encourages moisture retention in skin, exhibits anti-inflammatory properties, and encourages anti-oxidant activity.

OMEGA 9 - Oleic acid has powerful anti-oxidant properties and prevents inflammation.

ARACHIDIC ACID - Shows potential to act as an emollient in creams, lotions, balms and serums. It's said to enhance skin's appearance by restoring suppleness.

PALMITIC ACID - Also an emollient and known to soften the skin by forming a water-blocking layer, helping to retain moisture.

STEARIC ACID - Known to possess properties that cleanse skin and hair, protect hair from damage, and emulsify creams, lotions, balms and serums.



To discover more about our natural solutions for your formulations ask us about our additional application brochures.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.



Carrier oils for under eyes, puffy eyes and dark circles

Our eyes contain the most delicate skin on our body. The under-eye area and eyelids can be easily irritated. Carrier and Seed oils offer us a natural way to renew our skin on this delicate area. Carrier Oils will nourish and feed the skin with natural Fatty Acids and Vitamins to combat aging, puffiness and dark circles. They will stimulate collagen production and keep existing cells healthy. They help reduce inflammation and even the tone of the skin.

APRICOT *Prunus armeniaca* **CARRIER OIL**

It is an anti-inflammatory and helps to lessen the swelling and puffiness. Regular usage helps to fade away the dark circles. Apricot oil for dark circles helps in decreasing fine lines and wrinkles. This nourishing oil works best on the dark under-eye areas and brightens the skin.

GRAPE SEED *Vitis vinifera* **CARRIER OIL**

Reduces puffy eyes, dark circles and forming of eye-bags, and nourishes the skin from within.

JOJOBA *Simmondsia chinensis* **EXOTIC CARRIER OIL**

Rich in the skin-nourishing antioxidant Vitamin E (known for keeping age-related changes at bay) plus Vitamins A and D. It also contains the minerals chromium, copper, and zinc, plus Omega 6 and 9 fatty acids. All good-for-you stuff that will plump up your skin and help keep it healthy.

MORINGA *Moringa oleifera* **EXOTIC CARRIER OIL**

Rich in Vitamin C, B and A, moringa oleifera is shown to revitalize skin and protects skin from signs of anti-aging. Rich vitamin C content in the oil increases production of collagen and reduces dark circles and puffines.

OLIVE *Macadamia integriflora* **CARRIER OIL**

While olive oil is great for overall skin care, its minerals and fatty acids particularly help plump up the eyes and give dark circles a little glow; vitamin K helps as well to normalize skin tone under the eyes.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 4 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@napproducts.com
Web: napproducts.com



Carrier oils for under eyes, puffy eyes and dark circles



PRICKLY PEAR SEED *Opuntia ficus-indica* **EXOTIC CARRIER OIL**

Thanks to its exceptional content of Vitamin E (almost 1000 mg per kilo) and high content of omega-6 fatty acids (mainly linoleic acid), prickly pear pips oil (*Opuntia ficus indica*) efficiently fights premature ageing of the skin. Its emollient action will soften the skin and will bring a smoothing effect; it's an excellent tensor. Its repairing action will help ease the number and depth of the wrinkles as well as rings and bags under the eyes. Arguably one of its most interesting benefits comes from its vitamin K content, which research has shown to minimize the appearance of stubborn under-eye circles and hyperpigmentation.



ROSEHIP *Rosa canina* **CARRIER OIL**

Contains two antioxidants called lycopene and beta-carotene, which are effective fighters against hyperpigmentation and dark circles around the eyes.



SEABUCKTHORN *Hippophae rhamnoides* **EXOTIC CARRIER OIL**

This is extracted from tiny orange berries that pack an impressive and heavy amount of all good nutrients for your skin including Vitamin C that rescues the eye skin from the dark circles.



SHEA NUT *Butyrospermum parkii* (*syn Vitellaria paradoxa*) **CARRIER OIL**

Not only does it boost circulation to clear up undereye circles, but it keeps connective tissue strong and supple. This means fewer fine lines and wrinkles. Finally, we add a few other skin-soothing ingredients: The beeswax in this recipe prevents moisture loss that can cause wrinkles.



SWEET ALMOND *Prunus amygdalus dulcis* **CARRIER OIL**

Helps to lighten the dark circles under your eyes and reduce under-eye puffiness. This is thanks to its anti-inflammatory and antioxidant properties. Almond oil also contains retinol, vitamin E, and vitamin K, which can keep the delicate skin under your eyes smooth without irritating it.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 5 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@napproducts.com
Web: napproducts.com



Essential oils for under eyes, puffy eyes and dark circles

Our eyes contain the most delicate skin on our body. The under-eye area and eyelids can be easily irritated. Essential oils offer us a natural way to renew our skin, but we need to know what essential oils are safe for use on this delicate area. The best essential oil for eye wrinkles will combat the signs of aging while being gentle enough to put near our eyes. It will stimulate collagen production and keep existing cells healthy. It will reduce inflammation and even the tone of the skin.

CLOVE *Syzygium aromaticum aka (Eugenia caryophyllus)* **ESSENTIAL OIL**

It protects the skin from oxidative stress. It helps to rejuvenate the delicate skin under the eyes and lighten the pigmented area. It stimulates blood circulation and works well on dark circles.

CYPRESS *Cupressus sempervirens* **ESSENTIAL OIL**

has long been regarded as a highly beneficial oil for the skin, anti-aging, and skin tone. It can also help with a healthy inflammatory response. Cypress can help with blood circulation when applied topically to the area of concern, making it a great oil for dark circles under the eyes.

FRANKINCENSE *Boswellia Carterii or Boswellia Serrata* **ESSENTIAL OIL**

This is one of the best oils for lightening hyperpigmentation, scars, blemishes and dark circles around the eyes.

LAVENDER *Lavandula angustifolia* **ESSENTIAL OIL**

We all know the usefulness of lavender oil for dark circles. It stimulates blood circulation, which is essential for the darkness under the eyes. It contains powerful oxidants and rejuvenates skin along with moisturizing it. This oil reduces puffiness and hydrates the skin.

LEMON *Citrus limonium* **ESSENTIAL OIL**

The lightening, moisturizing, and astringent properties of lemon oil makes it very beneficial for dark circles. Packed with essential nutrients like vitamin C, vitamin B, magnesium, and phosphorus, it lightens and renews the cells around the eyes to reduce discoloration and nourish the skin around the eyes.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 6 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@napproducts.com
Web: napproducts.com



Essential oils for under eyes, puffy eyes and dark circles



PEPPERMINT *Mentha piperita* **ESSENTIAL OIL**

Increases circulation to the area it's applied to. This can help promote hair growth.



CHAMOMILE ROMAN *Chamaemelum nobile* **EXOTIC ESSENTIAL OIL**

Has anti-inflammatory properties which can help to reduce puffiness.



ROSE *Rosa damascena* **ESSENTIAL OIL**

For dry skin and wrinkles. Rose oil is amazing for skin and anti-aging. Roses are high in vitamin C and encourages your body to produce more collagen. The decrease in collagen is one of the main factors for aging skin.



ROSE GERANIUM *Pelargonium graveolens var. roseum* **ESSENTIAL OIL**

This is one of the best oil for dark circles under eyes circles. It reduces puffiness. It has anti-aging qualities as well.



Ask us for our catalogue or additional application brochures to discover more natural solutions for your formulations!

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 7 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@napproducts.com
Web: napproducts.com






Butters for under eyes, puffy eyes and dark circles


As the eye area is the most delicate skin on our body what these butters all have in common is that they're gentle to sensitive skin! And have anti-inflammatory properties that will combat the signs of aging while being gentle to the eyes. They will stimulate collagen production and keep existing cells healthy while reducing inflammation and even the tone of the skin holding in moisture.

COCOA *Theobroma cacao* **EXOTIC BUTTER**



Cocoa butter is known for its high oxidative stability as a result of it being naturally rich in antioxidants and vitamin E. With a typical melting point ranging from 88-95 degrees. This smooth emollient with a mild aroma has been used for centuries as a moisturizer that heals and protects skin that is exposed to the harsh effects of the sun and the wind. While repairing damage, Cocoa Butter replenishes naturally-occurring oils, adding softness, suppleness, and radiance to skin. Having cleansing properties that purge dirt, sweat. With Vitamin E that promotes anti-oxidant activity, repairs and improves damaged skin while simultaneously moisturizing, it naturally enhance the skin's regeneration process, thus often alleviating discoloration and pigmentation. Vitamin K. a potential antioxidant and anti-inflammatory moisturizer that offers relief to skin afflicted with swelling. Promotes anti-oxidant activity, repairs and improves damaged skin while simultaneously moisturizing, it naturally enhance the skin's regeneration process, thus often alleviating discoloration and pigmentation.

KOKUM *Garcinia indica* **EXOTIC BUTTER**



A great feature of Kokum Butter is it remains in a solid state at room temperature, but melts immediately on contact with the skin. Its triglyceride composition is uniform composition Kokum butter is probably best known for its role as a potent emollient, or moisturizing agent. It is rich in essential fatty acids, which aid in cell oxygenation and make nutrients more readily available for use by skin tissues. Kokum Butter also contains antioxidant vitamin E and B-complex vitamins. It is a non-comedogenic (non-pore-clogging) material that aids quick absorption and adds a premium texture to your cream emulsions.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 8 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@napproducts.com
Web: napproducts.com



Butters for under eyes, puffy eyes and dark circles

MORINGA *Moringa oleifera* **EXOTIC BUTTER**

The main constituents of Moringa Butter are: Oleic Acid, Behenic Acid, Palmitic Acid, Stearic Acid, and Linoleic Acid. Exhibit anti-oxidant properties, exhibit thickening and opacifying properties in clear liquid formulations, Soothe dryness and protect skin against the abuse of the elements, is gentle on sensitive skin, replenish the skin's moisture barrier and promote moisture retention soften skin, facilitate wound healing, Exhibit anti-inflammatory properties, soothe acne and reduce chances of future outbreaks, Stimulate production of collagen, Stimulate cells regeneration to keep skin healthy, strong, and firm, Protect skin against toxins and bacteria and promotes cell production, thus boosting immunity, does not leave the skin with a greasy, nourishing property helps to support the health of skin that is distressed with signs of aging, abrasions, flaking, tenderness, and itchiness

MURU-MURU *Astrocaryum murumuru* **EXOTIC BUTTER**

This butter is the best cosmetic ingredient with the presence of Vitamin A & E, Omega fatty acids 3, 6 and 9, and most notably its high Lauric Acid content (nearly 47%), Lauric Acid in a rare medium- chain fatty acid that is found in human breast milk as well as coconut oil. A combination of these acids and other ingredients enable Murumuru Butter to act as a natural moisturizer for sensitive skin. With its anti-inflammatory properties, murumuru butter has a very wide range of applicability for treating dry and even on oily skin. Recommended for moisturizing. It prevents against external oxidative factors forming a protective film like silicone, without clogging the pores. Due to its antimicrobial and anti-inflammatory properties it has amazing healing properties.

SHEA *Butyrospermum Parkii* (*syn Vitellaria paradoxa*) **BUTTER**

Shea is an excellent emollient for hair, Shea Butter moisturizes and nourishes from root to the tip, without leaving a sticky, greasy residue, thereby leaving the scalp free from itchiness, irritation, and dandruff protecting against dryness and brittleness. It can repair, prevent or reduce damage caused by environmental elements or heat styling. When applied to your scalp, it simultaneously moisturises and removes build-up around your hair follicles to encourage hair growth. Shea butter contains palmitic, Oleic, Linoleic, arachidonic and steric acids, Vitamin A, E and Tocopherol/Vitamin E making it an amazing natural moisturizer and emulsifier protecting hair damage caused by UV radiation. Promotes hair growth and recovery and provides a deep healthy shine.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 9 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@napproducts.com
Web: napproducts.com



Butters for under eyes, puffy eyes and dark circles



TUCUMA *Astrocaryum vulgare* (syn *Astrocaryum tucuma*) **EXOTIC BUTTER**

This exotic emollient butter is a valuable extraction from the seeds of a tree found in the rain forests of Colombia and Brazil. Having a silicone-like behaviour. It is unusually rich in fatty acid content lauric, myristic and oleic acids increases moisture levels softness and adds shine to the hair strands without being greasy. High amounts of vitamin A also contribute to a healthy supply of oil-producing the skin protect it from damage caused by UV radiation.

UCUUBA *Virola surinamensis* **EXOTIC BUTTER**

This exotic butter is said to have anti-inflammatory and antiseptic properties and in Brazil is used for treating acne, eczema and dry or irritated skin. Ucuuba Butter is considered to have anti-aging properties and can be used to replenish tone and moisture to dry and mature skin.

It is truly a wonder butter with tremendous health benefits. Its antiseptic and anti-inflammatory properties make it great for to be used for sensitive skin or skin issues like eczema and acne. Its high concentration of fatty acids make it ideal for helping skin maintain moisture, reducing the appearance of aging it is rich in vitamins A and C, Anti-inflammatory properties.



RESOURCES

Happy, Afroza Akter, Ferdoushi Jahan, and Md Abdul Momen. "Essential Oils: Magical Ingredients for Skin Care." *Plant Sci* 9 (2021): 54-64.

Israel MO (2014) Effects of Oral and Topical Use of the Oil from the Nut of *Vitellaria paradoxa*. *J Nutr Food Sci* 4: 327. doi: 10.4172/2155- 9600.1000327

Pérez G, Salud, et al. "Anti-inflammatory activity of some essential oils." *Journal of Essential Oil Research* 23.5 (2011): 38-44.

Zielińska, Aleksandra, and Izabela Nowak. "Abundance of active ingredients in sea-buckthorn oil." *Lipids in health and disease* vol. 16,1 95. 19 May. 2017, doi:10.1186/s12944-017-0469-7

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 10 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@napproducts.com
Web: napproducts.com



Ingredient guide for healthy skin under the eyes

Need some help or more information? Please contact our ingredient experts for customised recommendations based on your objectives. sales@naproducts.com

SAFETY FIRST

Essentials oils can be 50-100x more concentrated than natural levels in the plant. Take caution and always mind best practices when using oils. If applying topically, they should be diluted into a carrier oil and ONLY IF they are recommended for ingestion or inhalation, be sure to follow recommended dosage.

EXTERNAL RECOMMENDATIONS

Essential oil:

Several drops rubbed into the skin. (This may be diluted at 30 ml essential oil to 500 ml of a suitable carrier such as vegetable oil.)

Ointment:

Semi-solid preparation containing 5-20% essential oil (in carrier oils, creams, or lotions) for local application. (Salve)

Tincture:

Aqueous-alcoholic preparation containing 5-10% essential oil for local application.

Inhalant:

Add a few (2-5) drops of essential oil to hot water or to a vaporizer; deeply inhale the steam vapor.

Many of our conventional oils and products are also available in Organic form. Those that are Organic are certified by the USDA and Oregon Tilth. Please contact us for more information on our Organic products.



Images of eyes courtesy of Unsplash.

DISCLAIMER

We always aim to source high quality ingredients and have a large range of respected suppliers from around the world. This list is a guide only, correct at the time of publication. If you are after an oil not on our list, please contact us and we can see if we can source it for you. As products are plant sourced and natural, availability is reliant on many factors outside our control. Despite our best efforts, we cannot guarantee the availability of any of our products at any given time. The use of the products listed in this document is to be considered as a guide only and further advice should be sought from your formulating chemist and/or health practitioner.

While care is taken in good faith to ensure the information offered here is reliable and correct, Naturally Australian Products Inc cannot guarantee the accuracy of information and recommends that each ingredient be further researched with respect to its use.

Page 11 of 11

NATURALLY AUSTRALIAN PRODUCTS (NAP) Inc.
25030 Avenue Tibbitts, Unit K, Valencia, California, 91355 USA
Phone: +1 661-347-3206 **Email:** sales@naproducts.com
Web: naproducts.com

