

BREAKFAST

House Granola | £7 (Vg)

with oats, barley, rye, seeds, walnuts, coconut flakes, coconut yoghurt & plum compote.

Overnight Oats | £6.5 (Vg)

with oats, oat milk, chia, sweet tahini, coconut, pineapple & passionfruit.

Three Grain Porridge | £6 (Kids Porridge £4) (V)

with seasonal fruit compote, toasted cocoa nibs, pumpkin seeds & cinnamon.

Sourdough Toast | £7 (V)

with homemade raspberry jam, orange & ginger marmalade or peanut butter.

Kids Egg & Toasted Soldiers | £4.5 (V)

served with buttered toasted soldiers & a boiled egg.

ALL DAY BRUNCH

Roasted Mushrooms on Sourdough | £9.2 (V)

served on wholemeal sourdough with roasted kale & parmesan.

Avocado on Sourdough | £9 (Kids Avo £5) (V)

served on wholemeal sourdough with homemade chilli jam, toasted seeds & a boiled egg.

Scrambled Eggs with Smoked Salmon | £13

served on wholemeal sourdough.

Smoked Mackerel Pate | £9.5

served with wholemeal sourdough & corichons.

Avocado & Prawns | £13.5

served with cos lettuce & a marie rose sauce.

Soup of the Day | £9 (V)

served with wholemeal sourdough.

Su SPECIALS

Red Superfood Salad | £9

with red fox peas, beetroot, red pepper, red cabbage & pomegranate.

Green Superfood Salad | £9

with quinoa, edamame, green pepper, broccoli & pumpkin seeds.

add protein

Crayfish Tails | £4.5

Smoked Salmon | £4.5

Roast Chicken | £3.5

Sliced Avocado | £3.0

"a high protein, high fibre dish. packed with polyphenols, vitamins & minerals. protecting against neurological diseases, free radicals, aiding insulin sensitivity & containing anti-inflammatory properties."

ask a member of our staff for any allergen information.

SuStudio