

# Thermos fillers

that warm your soul

Yummy!

Soup  
Pasta  
Mac 'n cheese  
Noodles  
Curry & rice  
Steamed dumplings  
Pork buns  
Mince pasta bake  
Stew  
Baked beans  
Porridge  
Spag Bol  
Meatballs  
Sausages  
Chicken tenders  
Corn on the cob  
Nacho mince (pack chips separately)  
Fried rice  
Pad Thai  
Chilli con carne

