

The Ultimate Lunchbox Guide

2024 Edition



Head back to school in style.

by The Lunchbox Queen



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CHAPTER 1
How to Bento



Why Bento?

Bento-style lunch packing is my absolute favourite!

Here's why:

- It turns eating healthy into a delightful adventure.
- It nudges kids to explore new flavours.
- No more fussing with plastic wraps and extra packaging!
- Plus, it makes the chore of putting together school lunches and after school snacks a whole lot more fun!

Let's jazz up those school lunches and snacks! I'm on a mission to spark joy and excitement for nutritious meals, making lunchtime an absolute blast for your little ones (and you)!


**making *
food
delightful**



How to Pack a Bento

Bento boxes can seem a little small when you first lay eyes on them. But the whole idea is to jam-pack them till they're nearly bursting. That way, there's no space for food to move around, and there's no need to use any packaging.



Use separators

This ensures different parts of your bento don't mix together. Use dividers, silicone cups or small containers.

Keep it colourful

Have a good range of colour... either through foods that follow the rainbow or by using coloured accessories.

Make it fun

Get playful by using sandwich cutters to create fun scenes or use food picks to bring lunchboxes to life.

What to pack in a Bento

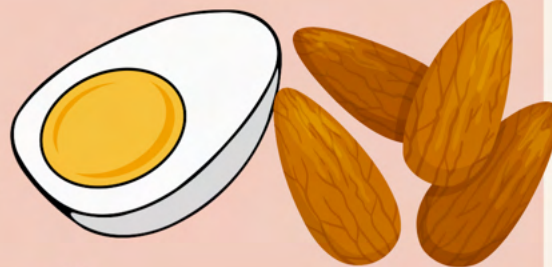
The Wholesome Hit-list

Welcome to the ultimate guide for crafting a vibrant and nourishing lunch for your little ones! This 4 step hit-list is the secret to preparing a wholesome meal that's as delightful to the eyes as it is nutritious.

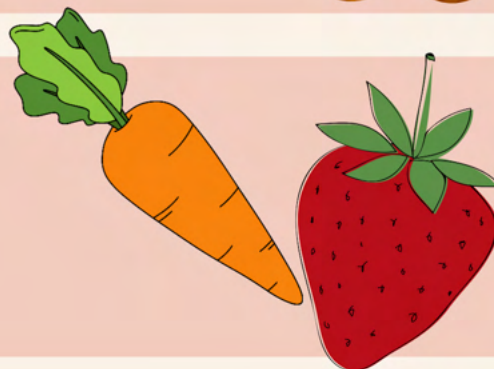
The main event



An extra protein hit



Some fruit & veg



A wee treat



CHAPTER 2

Top 8 Lunchboxes





#1

The lunchbox that transcends seasons

OmieBox by OmieLife

This is the only lunchbox that allows you to confidently pack foods like fruit and crackers in the cold compartments, and spaghetti, soup or noodles inside the in-built thermos and know they will all be enjoyed at their optimum temperatures. You can even remove the thermal container completely for days you'd rather have sandwiches or salad instead! Genius!



#2

The most economical lunchbox

Bynto by Goodbyn

No need to do mum-math here. The Goodbyn range has been designed to be durable and super cost effective. The Bynto has the best cost per use, so if you want big, durable, and easy on the wallet - this one is yours.



#3

The perfect lunchbox for a grazer

Bento Five by Montii Bento

The Bento Five is a leakproof bento box designed by an Australian mum specifically for children who prefer variety or who are fussy eaters. The multiple compartments are the perfect foundation for a grazing-style lunch.



#4

The lunchbox that fits a whole banana

Lunchbox by b.box

A cult favourite! If your kids prefer whole sandwiches & whole fruit (including apples & bananas), and you're after a deep, economical box...then this is the one is for you!



#5

The most flexible lunchbox

Bento Plus by Montii Bento

With three separate large sections (or you can create five compartments with the extra dividers), our Bento Plus has been designed for older kids, adults, and little ones with a larger appetite! The Bento Plus comes with two removable dividers, one for the larger compartment as well as one for either the small or medium compartment. This box is the perfect all day lunch box.



The longest lasting lunchbox

Planetbox Range

#6

PlanetBox - the world's most popular stainless steel bento lunchbox, comes with a 5 year guarantee.



#7

The toddler-friendly lunchbox

Mini Lunchbox by b.box

Our mini B.Box lunchbox offers all the beloved features of the original in a lighter package for smaller appetites. With a flexi whole fruit holder, two leak-proof compartments, and a removable divider for customizable space, it's perfect for packing a variety of wet and dry foods. The integrated carry handle and child-friendly clip make it convenient for independent use.



#8

The unique & novel lunchbox

Lunchbox Spinner by GoBe

It's the perfect lunchbox for kids taking lunch wherever their busy lives take them. Its airtight compartment keeps food fresh, and the five compartments in the Snack Spinner appeal to the snacking mood of the moment. Conveniently pack all the good stuff for variety & convenience.

The background of the page features various Barbie-themed items. In the top left, there is a clear plastic water bottle with a pink cap and a Barbie logo. To the right, a red fabric item, possibly a bag or blanket, has the word 'THINK' in large, colorful, stylized letters. In the foreground, a red lunchbox with a Barbie illustration and the word 'Barbie' is visible. To its right is a red thermos with a Barbie illustration and the word 'Barbie' on a silver band. A large, light blue, irregularly shaped graphic is overlaid in the center of the image, containing the chapter title.

CHAPTER 3
Limited Editions



b.box | Barbie™
Lunchbox
+
Drink Bottle Combo



b.box | Avengers
Lunchbox
+
Drink Bottle Combo

CHAPTER 4

Popular Accessories



Accessories you will use every day



Silicone Bento Cups

Great for creating extra compartments to keep food separate and add some colour.



Insulated Drink Bottles

A versatile choice for young kids who want to stay hydrated for longer.



Insulated Lunch Bags

A carry case to keep your lunchbox cool, these are an essential part of your bento kit!



Out & About Cutlery Set

Designed with little hands in mind, this 8 piece mini cutlery set is the perfect addition to a lunch.

Waste-free Alternatives



Squeasy Snacker

The perfect leakproof, mess-free way to pack yoghurt or smoothies for school lunches.



Wrap'd

Say goodbye to plastic cling wrap & tinfoil for holding your wrap together

Bumkins Snack Bags

The waste-free alternative to plastic snap-lock bags



Accessories that make lunchtime fun!



Mini Animal Food Stamps

These animal food cutters and stamps make the cutest sandwiches for your bento.



Mini Surprise Boxes

Add an element of surprise - either a sweet treat, sauce or salad dressing. These fit in all lunchboxes!



Dinosaur Food Picks

Take your lunch over to the wild side with these dinosaur food picks. The easiest way to add some fun!

Need some extra guidance or have a burning question about which lunchbox would make your kid beam with excitement? Don't hesitate to reach out! I'm here to help.

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