



Model No.: Y-61
 CPSC (16 CRF 1203)
 CE (EN1078:2012+A1:2012)
 UKCA (EN1078:2012+A1:2012)
 ASTM (F1492-22)

Please read carefully and completely through these instructions for use. These instructions form part of the product and contain important information about the correct way to use and handle it. Always observe all the safety advice.

The helmet you have just purchased provides protection whether on or off the road. To ensure proper use of this helmet, familiarize yourself with its features.

Proper use

This helmet is intended exclusively for use on nonmotorised bicycles, skateboards, inline skates or kick scooters. Any use other than that described here or modification to the product is not permitted and may lead to damage to persons or property. There is also the risk of life-threatening injury.

Safety

This helmet has been designed to absorb part of the energy of a fall.

WARNING: this helmet is suitable for bicycle, kick scooter, skateboard and inline skating only.

WARNING: no helmet can protect against all injuries or death. For maximum protection, the helmet must be fitted and adjusted properly as per the instruction manual.

WARNING: a helmet that has received an impact may be damaged so much that it no longer protects the rider, and such damage may not be visible. Destroy and replace any helmet that has received such impact.

WARNING: common cleaners such as ammonia, bleach, etc. may damage the helmet and the damage may not be visible. Clean with mild soap and water only. Do not attach any stickers, it may damage the top layer of the helmet. Do not expose the helmet to temperature higher than +60°C (e.g. in a car).

WARNING: This helmet must not be used by children during climbing or other activities where there is a risk of strangulation.

A helmet may not always be able to protect you from injury.

Helmet fitting

You will only ensure optimal protection if your helmet fits just right. Please note that for some kids, removing the comfort foam padding attachments may provide the best fit. Please use the instructions in the manual as a guide; you may also visit www.sikhhelmets.com for further details to help with getting the right fit.

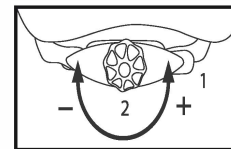
The helmet must not rest on the back of your head, but should not be pulled too low on your forehead either and must not be shifted to the left or right.



Adjusting the helmet

This helmet features a fit adjustment dial.

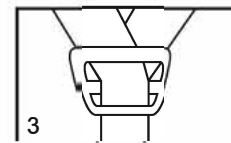
- Place the helmet level on your head with the fitting ring open. The bottom edge of the helmet must rest 1-2 finger-widths above the top of your nose.
- If the helmet can easily be moved, the fitting ring (1) must be set tighter. You do this using the rotary knob (2). Turning it clockwise makes the circumference of the fitting ring smaller, turning it anti-clockwise make it bigger.
- Tighten the fitting ring until it fully encircles your head and does not become loose.



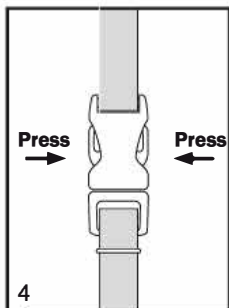
Adjusting the straps

In case of a fall, the helmet only protects your head optimally if the straps are correctly adjusted.

- Place the two Y-shaped strap holders (3) approx. 1 cm below your ears.



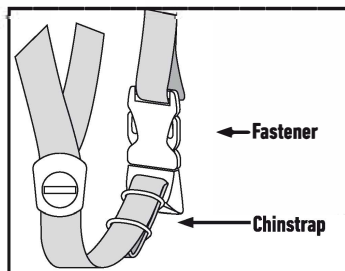
- Fasten the strap buckle underneath your chin (Fig. 4). The chinstrap must be pulled taut but not too tight. You should be able to still open your mouth slightly when the buckle is fastened. The correct position for the fastened chinstrap is underneath the lower jaw, between the point of your chin and your throat.



WARNING:

Always wear the helmet with the chinstrap fastened.

- If any of the straps are too long or too short, these can be adjusted simply by pulling them.
- If the helmet does not fit the size of your head after all, you should choose another size or another helmet.



Cleaning

Use only water, mild soap and a soft cloth for cleaning your helmet. Common cleaners such as ammonia, bleach, etc. may damage the helmet and the damage may not be visible. Do not attach any stickers, it may damage the top layer of the helmet.

Standards

This helmet complies with U.S. CPSC safety standards for bicycle helmets for persons over age 5 CPSC (16 CFR 1203). This helmet also meets the standards for: CE (EN1078:2012+A1:2012), UKCA (EN1078:2012+A1:2012) and ASTM (F1492-22).

CPSC and ASTM testing completed by:
 SGS - CSTC Standards Technical Services Co., Ltd.
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 Guangzhou Economic & Technology Development District,
 Guangzhou, Guangdong Province, China

CE Certificate issued by:
 TÜV ÜD Danmark
 Strandvejen 125
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 Denmark
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Address of manufacturer:

Manufacturer: Shanghai Cathay I.T. Co., Ltd.
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