

KEEP ON MOVING™

Wobenzym®



Helps to:

- Maintain healthy joints
- Promote recovery after surgery
- Balance inflammation
- Relieve muscle soreness
- Relieve everyday aches and pains

Medicinal Ingredients (per tablet):

Amount Per Serving

Bromelain (from pineapple (<i>Ananas comosus</i> var <i>comosus</i>) stem)	135 mg (675 FIP*/5 062 500 FCC PU)
Trypsin (from porcine (<i>Sus scrofa</i>) or bovine (<i>Bos taurus</i>) pancreas)	72 mg (2160 FIP*/172 800 USP trypsin units)
Rutoside trihydrate (from <i>Styphnolobium japonicum</i> flower bud)	150 mg

Non-medicinal ingredients: Cellulose, dibasic calcium phosphatate dihydrate, hypromellose, ethylcellulose, sodium alginate, medium chain triglycerides, oleic acid, stearic acid, magnesium stearate, silica.

Recommended dose: Adults: Take 2 tablets twice daily at least 45 minutes before meals with cold water or as recommended by your health care professional. Consult a healthcare practitioner for prolonged use (beyond 1 year).



Healthy joints

Healthy joints are something we often take for granted, but we have to be proactive to keep our joints and ligaments in peak form. Study after study has proven that Wobenzym helps to maintain healthy joints, and it even relieves the pain associated with osteoarthritis. This is why Wobenzym is one of the best selling joint health brands in Germany and throughout Europe.

Injury recuperation

Few things are more frustrating than the time taken to recover from injuries, trauma and surgery. Working to maintain inflammation at healthy levels to support optimal recuperation after injury, Wobenzym has proven effective at getting athletes and all of us back on track faster, with the clinical trials to back it up.

Everyday aches and pains

Let's face it, pain is a reality and many of us experience aches and pains on a daily basis. Be it the aftermath from sporting efforts, a long hike a little beyond our level of fitness or simply as a result of the rigors and wear and tear of daily life, Wobenzym provides effective relief. With clinical proof to back it up, Wobenzym is trusted by many elite athletes to get them back to training faster.

Inflammation

It is a well-known fact that inflammation impacts our health and plays a big role in aches and pains. Not as well known is the fact that inflammation is a natural response of the immune system and is critical for the body to heal itself properly. Inflammation is part of the healing and regenerative process. As with many things in life, balance is the key. Wobenzym can help to maintain healthy inflammation levels by balancing cytokines – one of the inflammatory molecules that can cause pain and stiffness when they are out of balance.

Immune system

The immune system is an integral part of the body's inflammatory response. It makes sense that Wobenzym has a beneficial effect on restoring immune balance and reducing the general overload on our immune system. Physical stress and exertion can weaken immunity, making the body vulnerable to infection. Athletes have a term for this: The Open Window Effect. Respiratory tract infections become more prevalent after intense physical stress. Wobenzym is proven to help keep our immune system in peak functional condition allowing us to stay healthy and accomplish our goals.

How Wobenzym® plus works

Enzymes are fascinating as they are biological catalysts that are critical and necessary to support life. In fact, every single second there are 15,000 enzymes guiding 30 quadrillion chemical reactions within our bodies. Whether it's breathing, growing, digestion, energy production, nerve impulses, immune balance, healthy inflammation... all actions of life are directed by enzymes. As we age our enzyme production decreases and we begin to witness the onset of disease and impaired health. This is due to many factors, one of which is believed to be the reduced production of these vital enzymes. This is one of the main reasons why supplementing with Wobenzym can be so helpful and supportive in terms of improving one's health.

Wobenzym contains highly concentrated enzyme compounds of natural origin that help to balance the natural inflammatory response. Wobenzym Plus tablets are enteric coated to protect the important enzymes and to ensure optimal absorption and utilization.