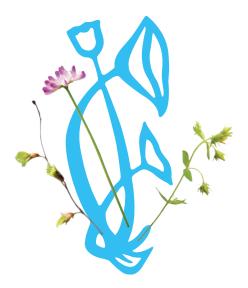


Schüessler Salts

FACTOR IN CELLULAR METABOLISM AND NUTRIENT ABSORPTION





NDA is a world-renowned homeopathic brand founded in 1949 in Harzé, Belgium. Its diverse product line includes single-ingredient and combination homeopathic remedies, topical creams, tablets, and natural health products. UNDA products are formulated using a combination of GMO-free plant, mineral, and organic raw materials obtained primarily from local sources.

UNDA employs a number of key quality assurance procedures to ensure the safety and efficacy of each of its homeopathic products. All UNDA products are manufactured in compliance with EU Guidelines for Good Manufacturing Practice (GMP) for Medicinal Products for Human and Veterinary Use. UNDA uses a combination of Hazard Analysis and Critical Control Points (HACCP) processing techniques and extensive safety testing.

Products are thoroughly tested to verify that they are free of microbes, mycotoxins, pesticides and heavy metal contaminants. UNDA also conducts rigorous quality testing to confirm that the appropriate concentrations of homeopathic ingredients are present in its products.

Their laboratory analyses include 3D fluorescence spectroscopy, chromatography, and infrared spectrometry, among others.

The UNDA Philosophy

UNDA incorporates the fundamental principles of homeopathic medicine, as founded by Samuel Hahnemann:

- 1. Do no harm
- 2. The body is capable of self-regulation
- 3. Physiology prevails over pathology
- 4. Restoring the individual's physiology is essential to healing his or her pathology
- 5. The four pillars of health must also be taken into account with equal value given to: diet, drainage and elimination, psychological equilibrium, and balancing of the hereditary characteristics

Our Environment: Your Toxic Exposure

In our modern world, we are exposed to a variety of chemicals in the air that we breathe, the food and drink we consume, the surfaces that we touch, and the products that we use. These toxins may adversely modify a biological system.

Physiology Prevails Over Pathology

Supporting the body in removing toxins at both an intracellular and extracellular level is a long-lasting and deep-acting way of maintaining health.

Detoxification

Elimination is a normal physiological function of the body and one of the four pillars of health: diet, drainage and elimination, psychological equilibrium, and balancing of the hereditary characteristics. Detoxification forces physiological functions, which may lead to a physiological disequilibrium.

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Schüessler Salts: The Tissue Salts Needed for Optimum Health

The Function of Tissue Salts

Tissue salts (mineral salts) are composed of minerals that play a critical role in cellular metabolism. While not directly involved in cellular energy production, tissue salts help the following cell functions:

Oxidation: The presence of mineral salts helps to support nutrient oxidation and absorption.

Structural development: Mineral salts help normal cell function.

The History of Tissue Salts

Although tissue salts were first used in homeopathic preparations by Samuel Hahnemann, they are actually part of the Biochemic System of Medicine. Originally proposed by Rudolf Virchow in 1858, the Biochemic System states that the body is merely a collection of cells, and that medicinal treatment should be directed towards the individual cell. In this respect, tissue salts were mineral complexes formulated to rectify cellular mineral imbalances.



Dr. Schüessler determined that tissue salt imbalances change the state of immunity and resistance to microbes.

The idea that health could be disturbed by an imbalance in the mineral salts, and corrected by restoring that balance, evolved gradually over the 19th century along with the development of chemistry and cellular biology. In 1873, German homeopath Dr. Schüessler combined this intuitive belief in the body's innate ability to heal itself with the observation that diseases were associated with mineral imbalances. Prior to his work, little had been done with the emerging

knowledge of the chemical composition of the human body. Schüessler spent considerable time studying the effects of tissue salt imbalances and improper metabolism. His findings determined that if this balance is upset, there can be a change in the state of immunity and resistance to microbes. He also studied and catalogued various symptoms that may result from a cell salt deficiency.

Based on analysis of tissue and blood samples, Schüessler defined ten tissue salts that, in proper balance, he considered vital to optimum health: calcium, chlorine, fluorine, iron, magnesium, phosphorus, potassium, silica, sodium, and sulphur.

Modern Lifestyles Need Tissue Salts

Modern lifestyles drain even the most health-conscious person. Levels of mineral salts can be easily depleted through stress, anxiety, poor nutrition, industrially tainted foodstuffs, electro-pollution, environmental toxins, exposure to heavy metals and contaminated drinking water.

Schüessler Salts Defined

Dr. Schüessler believed that balance could be restored by ingesting tissue salts in a bioavailable form. He believed that human cells do not "replace" minerals, but that cells are "activated" by the presence of the homeopathically potentized tissue salts and thus able to restore balance of the essential components. Schüessler formulated 12 highly bioavailable ingestible tissue salt complexes in a 6X and 12X potency.

Cellular penetration: The tissue salt remedies provide support to individual body systems and to each other, for the maintenance of general health. These remedies may be used in combination with other homeopathic preparations.

Quick absorption: Tablet formulations keep active ingredients stable and highly bioavailable. Administered for sublingual absorption, where sublingual mucosa, rich in surface capillaries, allow for the unimpaired absorption into the circulatory system and transport directly to the cell site in their intended concentrations.

Patient compliance: Excellent flavour, with no aftertaste.



Schüessler Tissue Salts act on the cellular level to balance and restore cell function. UNDA Tissue Salts are prepared using methods based on Dr. W. H. Schüessler Biochemical System of Medicine in accordance with the German Homeopathic Pharmacopoeia [HAB].







[†] Based on Homeopathic Materia Medica Paradigm. Traditional uses are based on the Materia Medica and are not supported by clinical trials.

Calcarea Carbonica 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume

Size

100 Tablets

DIN-HM 80013851

Calcarea Fluorica 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate

Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take $\frac{1}{2}$ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80012514

Calcium Phosphoricum 6X

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate

Recommended Dose

Contains: Milk

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume

Size

100 Tablets

DIN-HM 80030806

Calcarea Sulfurica 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

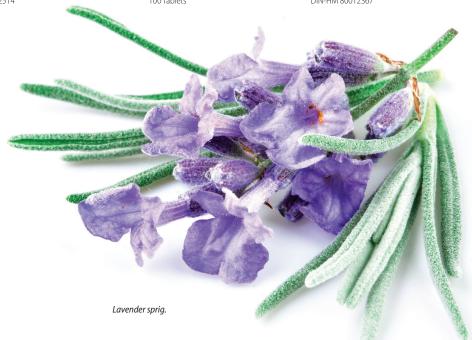
Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take 1/2 to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80012367



Ferrum Phosphoricum 6X

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take 1/2 to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume

Size

100 Tablets

DIN-HM 80030789

Kalium Muriaticum 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take $\frac{1}{2}$ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80012448

Kalium Phosphoricum 6X

Kalium phosphoricum (Potassium dihydrogen phosphate)........................6X

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take $\frac{1}{2}$ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take 1/2 to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80030792

Kalium Sulfuricum 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume

Size

100 Tablets

DIN-HM 80012449

Magnesia Phosphorica 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner, Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take 1/2 to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80011732





Mélange Combination

EACH TABLET CONTAINS: Calcarea sulphurica (Calcium sulfate) Kali muriaticum (Potassium chloride) .6X Kalium phosphoricum (Potassium dihydrogen phosphate) .6X Calcarea fluorica (Calcium fluoride) 12X Ferrum phosphoricum (Hydrated iron [III] phosphate) 12X

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume

Size

100 Tablets

DIN-HM 80030876

Natrium Muriaticum 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner, Infants (0-11 months); Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water.. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80012380

Natrium Phosphoricum 6X

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume

Size

100 Tablets

DIN-HM 80012379

Natrium Sulfuricum 6X

EACH TABLET CONTAINS:

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years andolder): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take ½ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take 1/2 to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80030791

Silicea 6X

EACH TABLET CONTAINS:

Silicea (Silicon dioxide).....

Non-medicinal Ingredients: Lactose monohydrate (milk), xylitol, sodium carboxymethylcellulose, magnesium stearate Contains: Milk

Recommended Dose

Adults and Children (12 years and older): Take one to four tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (6-11 years): Take one to three tablets, one to four times daily, or as recommended by your healthcare practitioner. Children (1-5 years): Take $\frac{1}{2}$ to three tablets, one to three times daily, or as recommended by your healthcare practitioner. Infants (0-11 months): Take ½ to three tablets, one to two times daily, or as recommended by your healthcare practitioner. For children 0-5 years old, dissolve tablet in a small amount of water. Acute Dosing: Follow the above age recommended tablet amounts and take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.

Size

100 Tablets

DIN-HM 80011059



Leaders in Homeopathy for over 50 years

Established over half a century ago in Belgium, UNDA is renowned for exceptional homeopathic products that use only pure materials and herbs that are biodynamically grown or wildcrafted.



Numbered Compounds

UNDA Numbered Compounds are unique remedies synergistically formulated with plant constituents that target and carry potentized metals to specific organs where enzymatic and metabolic functions are carried out on a cellular level helping to facilitate the drainage of toxins. UNDA Numbered Compounds are the only complex remedies of their type, formulated with both plants and metals, acting on organotropic and energetic sensitivity levels, respectively. Each remedy has its own fingerprint and is combined synergistically based on the integrated principles and theories of anthroposophy, oligotherapy, botany, Traditional Chinese Medicine and homeopathy. UNDA Numbered Compounds work on a physiological and terrain level, making them an excellent addition to practitioners prevention and treatment armamentarium.[†]



Gemmotherapy

Gemmotherapy uses the extracts of fresh buds, young shoots, rootlets, or saps from developing plants, where the plants life essence is at its peak in the young growths. UNDA Gemmotherapy remedies are prepared in a natural glycerin and organic ethanol medium, which is then filtered and potentized at a 1/10th dilution (1X Hahnemannian) in a pure water, natural glycerin and organic ethanol medium. These complex remedies are macerated for increased patient compliance. This methodology captures the most complete set of highly-concentrated active constituents.



Gammadyn

Oligotherapy is a method of furnishing the body with the ions it cannot synthesize and which are indispensable for cellular enzymatic functions. This functional therapeutic modality requires the use of trace elements in precisely measured, small doses in a highly bioavailable form. These trace elements are co-factors in a multitude of biochemical reactions where they accelerate the speed of these reactions without ever modifying the important equilibrium that exists and that must reign within the body to maintain optimum health. UNDA Gammadyn Oligo-Elements are convenient, effective, highly stable, highly bioavailable and great-tasting. †



Plexes

Plex Remedies are condition-specific homeopathic specialties prepared in low dilutions and are recommended for acute and chronic ailments. The product range helps support: the digestive, hormonal, immune, musculoskeletal, nervous, respiratory, skin, oral and vascular systems. Products come in a variety of formats: creams, liquids, sachets and dissolvable tablets.†



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