

# MENU



## TRUCYS BOWLS

**GOLDEN GLOW BEAUTY BOWL (v)** 15.6  
smoothie bowl with frozen mango, banana, vegan collagen, turmeric, cinnamon & plant based milk, topped with banana slices, fresh berries, coconut flakes, cacao nibs & our delicious #HHomemade GREATnola

**PINK NICE CREAM BOWL (v)** 14.9  
frozen strawberries, banana, acai, vanilla protein & plant based milk, topped with banana slices, fresh berries, coconut flakes & our delicious #HHomemade GREATnola **HIGH PROTEIN**

**GREATnola DREAM BOWL** ♥ 13.9  
(vegan on request)  
creamy skyr topped with lots of our delicious #HHomemade GREATnola, agave syrup, banana slices, fresh berries, cacao nibs & coconut flakes  
with fresh matcha base + 2.5

**CRUNCHY APPLE OVERNIGHT OATS** 14.5  
overnight oats with seeds, vanilla protein, plant based milk, greek yoghurt & maple syrup, topped with apple compote, fresh apples, brown sugar & our #HHomemade GREATnola **HIGH PROTEIN**

add a big scoop of peanut- or almond butter +1.9  
glutenfree #HHomemade GREATnola +2.9

## FAVOURITES

**PANCAKE HEAVEN (v)** 14.5  
our beloved vegan "dinkel" pancakes sweetened with banana, topped with fresh fruits, powdered sugar, our #HHomemade GREATnola & syrup

**SUMMER SPECIALS** +2.9  
\* greek yoghurt (or vegan coconut) & tropical fruits  
\* mascarpone & #HHomemade strawberry compote  
\* snickers style: caramel & choco sauce, almonds & caramelized peanuts  
\* the one and only creamy nutella

**GRILLED PEANUTBUTTER BANANA SANDWICH (v)** ♥ 13.9  
two slices of fresh sourdough bread with creamy peanutbutter & banana slices, topped with agave syrup & sea salt

**FRENCH BRIOCHE PARADISE** 13.9  
fried brioche served with mascarpone cream, fresh fruits, syrup, powdered sugar, almonds & #HHomemade strawberry compote  
or with chocolate sauce & fresh berries

## BELOVED BREADS

**OUR FAMOUS AVO TOAST (v)** 15.6  
fresh sourdough bread roasted with garlic, topped with cream cheese, avocado (sliced or smashed - you decide), tomatoes & sesame  
grated feta + 3.0 / scrambled eggs +3.3 / burrata +3.5

**CHEESY-EGG TOAST** 15.6  
fresh sourdough bread roasted with garlic, topped with cream cheese, cheddar, scrambled eggs, cucumber, tomatoes, balsamic vinegar & sesame

**PINK HUMMUS TOAST (v)** ♥ 14.9  
fresh sourdough bread roasted with garlic, topped with cream cheese, our #HHomemade pink hummus & sesame  
avocado +2.9 / grated feta +3.0 / scrambled eggs +3.3 / burrata 3.5

**TRUCYS GRILLED CHEESE** ♥ 14.9  
two slices of fresh sourdough bread, our secret breakky sauce (slightly spicy) & lots of cheddar cheese, served with our #HHomemade guacamole & cream cheese on the side

**THE BREAKKY** ♥ Egg Drop 14.9  
toasted brioche with avocado, cheddar, scrambled eggs & our secret breakky sauce (slightly spicy)  
double breakky + 3.9

*We use homemade sourdough bread by Backgeschwister Bakery (glutenfree on request)*

**YUMMY SCRAMBLED EGGS** ♥ 7.9  
avocado +2.9 / cherry tomatoes & feta +3.5

## # H H O M E M A D E B A K E R Y

cinnamon buns (v) ♥ 5.9  
cinnamon roll bowl (small) (v) 6.9  
daily changing cakes (v) 4.5 / 5.6  
banana bread (v) 5.2

bag of our #HHomemade GREATnola to enjoy at home 5.9

**CINNAMON ROLL BOWL** (HIGHLY LIMITED) 14.5  
two of our famous #HHomemade cinnamon buns served in a bowl, warm & chopped, topped with lots of our creamy frosting & fresh fruits  
(vegan on request)

♥ TRUCYS Favorites

(v) = vegan

All prices are in € and incl. MwSt./VAT

# DRINKS



## COFFEE IS ADDICTED TO ME

<b>Espresso</b> singolo/ doppio	2.5 / 3.5
<b>Cappuccino</b> small / large	4.5 / 5.0
<b>Latte Macchiato</b>	5.0
<b>Flat White/ Milk Coffee</b>	4.5 / 5.0
<b>Americano</b>	3.5
<b>Cafe Crema</b>	3.5
<b>Cold Brew</b>	4.5

<b>Our famous #HHomemade Chai</b>	5.5
<b>Dirty Chai (with 1 espresso shot)</b> ♥	6.6
<b>Matcha Latte</b>	5.9
<b>Pink Latte (with oatly)</b>	6.1
<b>Hot Chocolate</b>	4.5
<b>Fresh Tea</b>	3.9
peppermint / ginger / earl grey / green	

<b>+ on ice</b>	0.0
<b>+ oatly barista</b>	0.3
<b>+ vanilla-, caramel-, hazelnut-, white choc-, lavender, coconut or pistachio syrup</b>	0.6
<b>+ decaf</b>	0.7

## FRESH JUICES & SMOOTHIES

<b>FRESH ORANGE JUICE</b>	4.5
<b>SUMMER VIBE</b> healthy juice with watermelon & lime, served with fresh mint	5.9
<b>STRAWBERRY GLAZE SMOOTHIE</b> ♥ healthy smoothie with frozen strawberries, almond milk, coconut cream, avocado, maple syrup, dates, vanilla & a scoop of vegan collagen, served with fresh mint	6.9
<b>HEALTHY GINGER SHOT</b>	2.9

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✉ [hey@trucys-cafe.de](mailto:hey@trucys-cafe.de)

## SUMMER CREAMIES ON ICE not vegan

**PISTACHIO ICED LATTE** ♥ 7.9  
iced coffee spiced with pistachio, topped with whipped cream, almond chunks & cinnamon sugar

**SALTED CARAMEL ICED LATTE** 7.9  
iced coffee spiced with salted caramel, topped with whipped cream, cinnamon sugar & hazelnut crocant

**HONEY LAVENDER ICED LATTE** 7.9  
iced coffee spiced with lavender, topped with whipped cream, honey, brown sugar & almond chunks

**COCONUT ICED LATTE** 7.9  
iced coffee spiced with coconut, topped with whipped cream, coconut flakes & brown sugar

**TRUCYS CINNAMON ROLL SHAKE** ♥ 7.5  
**Newest obsession:** Our cinnamon buns mixed with milk, lots of cinnamon, cinnamon syrup & cinnamon bun chunks (on ice)

**BAREBELLS HIGH PROTEIN SHAKE (v)** 7.5  
almond milk mixed with weekly changing barebells bars – just ask our staff ☺

## SOFTS & SPECIALS

**TRUCYS #HHOMEMADE LEMONADE** 4.9  
with fresh raspberry, rosemary & lemon ♥

**VIO Rhubarb Spritzer** 0,3l 3.9

**VIO Bio Lemon** 0,3l 3.9

**Coca Cola / zero** 0,33l 3.9

**Schweppes Tonic Water/**

**Ginger Beer/ Wild Berry** 0.2l 3.9

**VIO non sparkling / sparkling** 3.2 / 5.5  
0,25l / 0,75l

**Carafe of water (1l) with fresh lemon & mint** ♥ 6.9

## BREAKFAST CELEBRATION

**HAPPY SECCO** 2 glasses á 0,1l 7.9

**MIMOSAS MORNING** ♥  
2 glasses á 0,2l 10.9  
carafe 1l 19.9

♥ TRUCYS Favorites

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