



PHILIPS

Ultrasound

Quick guide

Ultrasound-guided hip arthrocentesis

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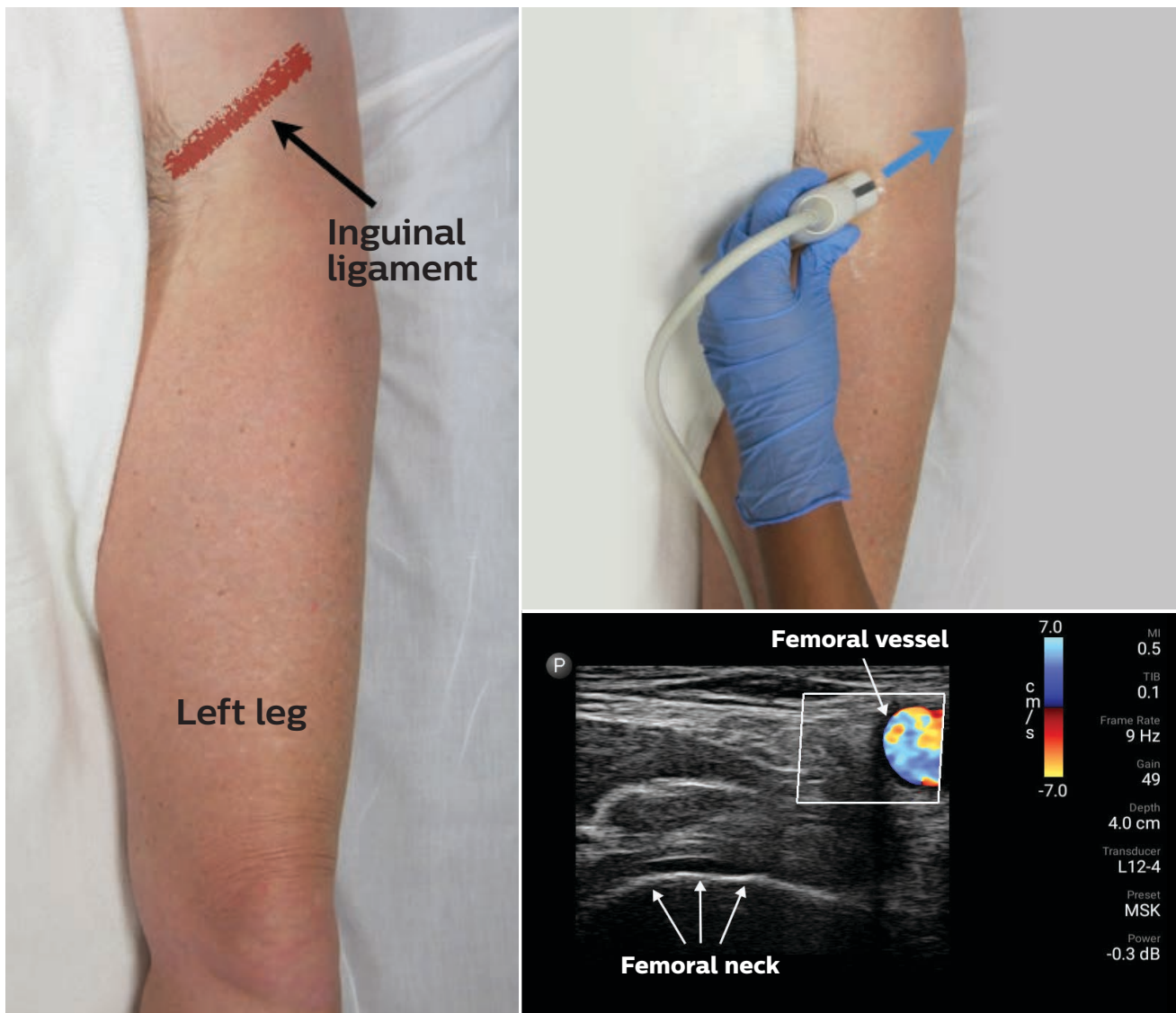
The more you see, the more you can do

Hip pain is a common patient complaint with a broad spectrum of etiologies ranging from the benign, such as osteoarthritis, to the significant, such as septic arthritis. Using point-of-care ultrasound, the emergency physician can evaluate the hip for an effusion and, if necessary, perform ultrasound-guided arthrocentesis for either diagnostic or therapeutic indications.

Ultrasound-guided hip arthrocentesis

Step 1

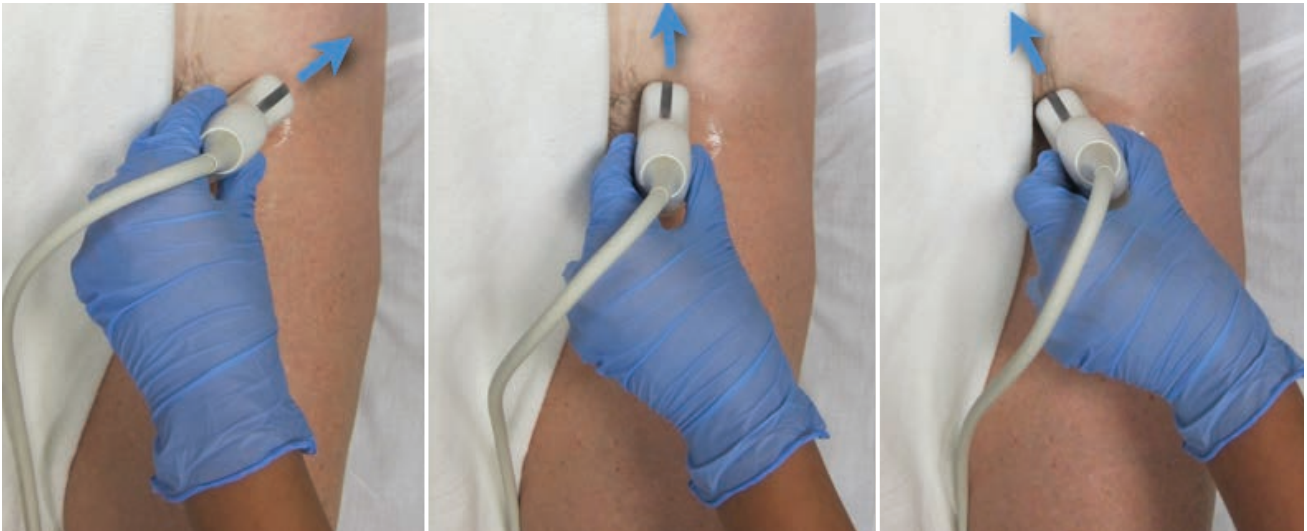
- ✓ Use a curvilinear or linear transducer (depending on the size of the patient)
- ✓ Transducer orientation marker pointing lateral
- ✓ Locate femoral vessels in the near field
- ✓ Locate the femoral head/neck in the far field



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Step 2

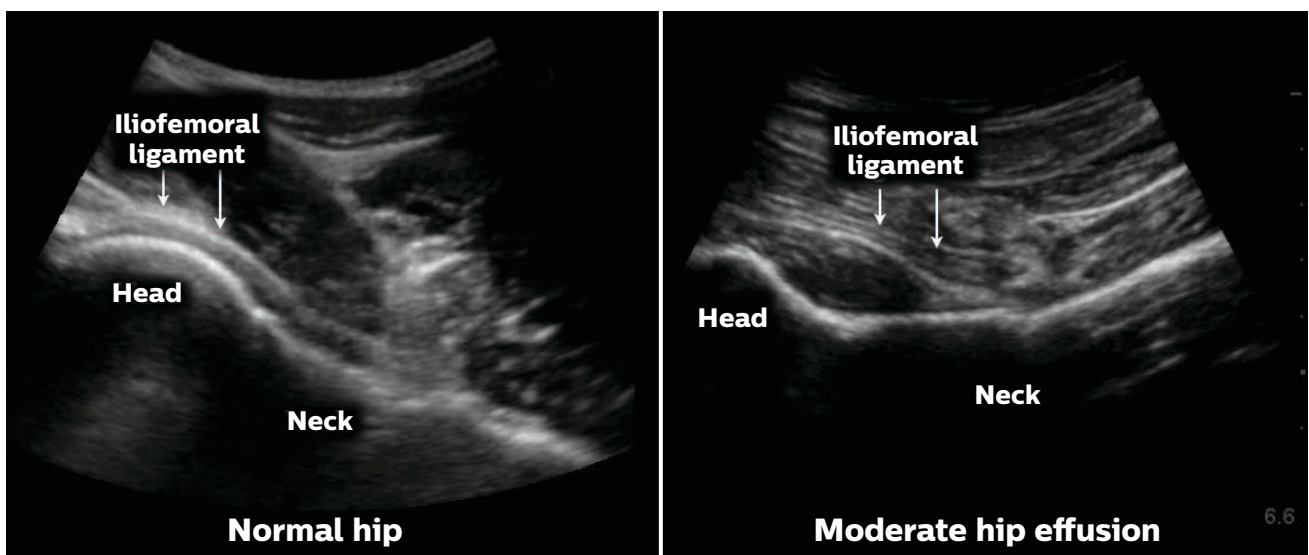
- ✓ Rotate the transducer orientation marker toward the umbilicus



Demonstration of rotation of the transducer on the left leg.

Step 3

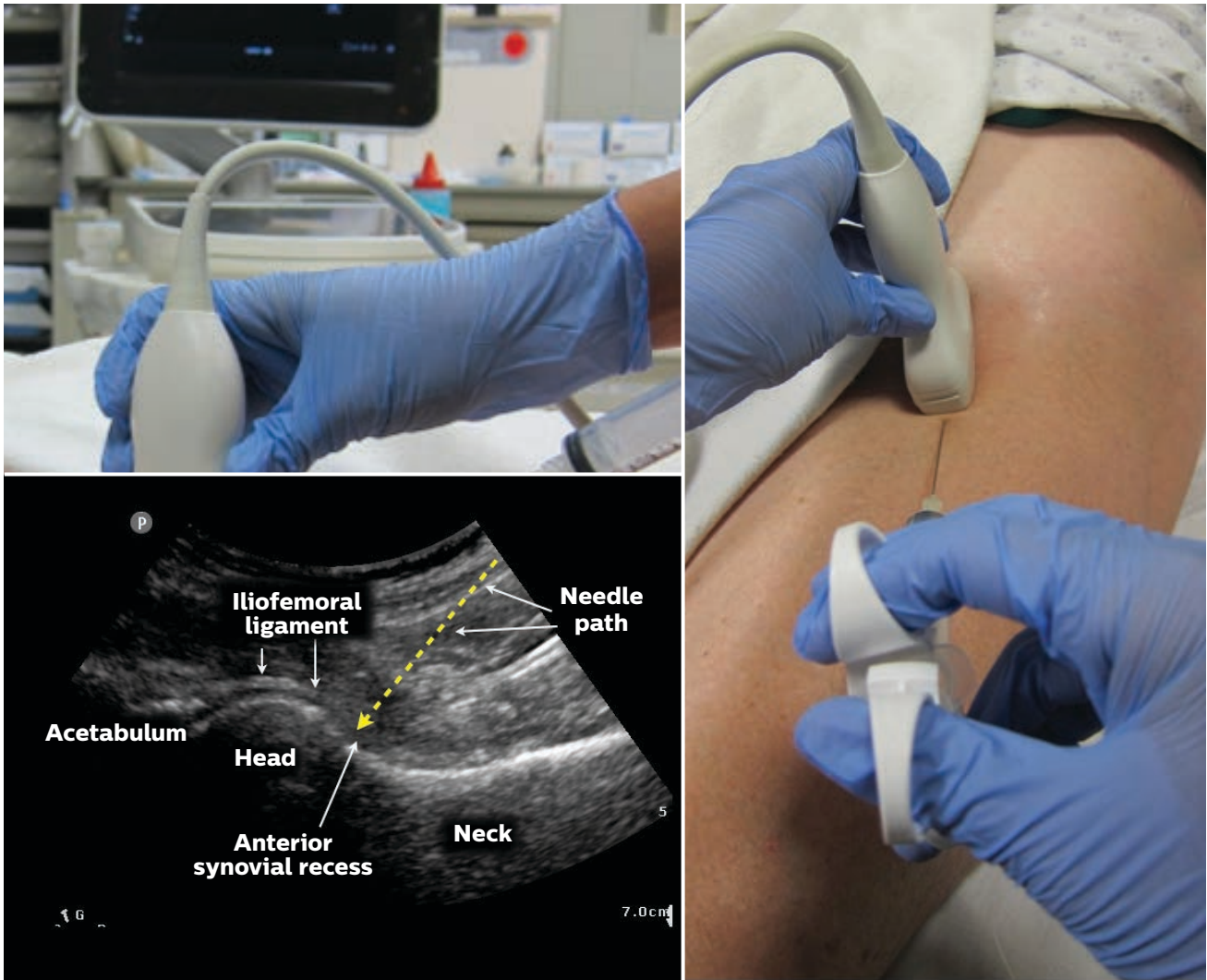
- ✓ Identify the pertinent anatomical landmarks (femoral head, femoral neck, and iliofemoral ligament)
- ✓ Determine the presence of an effusion under the iliofemoral ligament



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Step 4

- ✓ The procedure should be performed using sterile technique. Note: the photos are for illustrative purposes only and do not reflect sterile technique.
- ✓ Position the ultrasound system so the screen is in direct view (contralateral to affected hip)
- ✓ Transducer orientation marker toward the umbilicus
- ✓ 20-22 g spinal needle attached to a 10 cc syringe
- ✓ Use an in-plane needle technique to reach the anterior synovial recess



For additional resources related to **POC ultrasound** visit www.philips.com/CCEMedication

For more information about **Lumify, the Philips app-based ultrasound** system go to: www.Philips.com/Lumify or call 1-844-MYLUMIFY

For information about **Philips Sparq ultrasound system** go to www.philips.com/sparq

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