EquiSox are ideal to be used after any cold water or cryotherapy treatments to maintain and stabilise the therapeutic advantage gained from this type of therapy. They can be applied immediately after towel drying the legs – the technologically advanced fabric wicks away any residual moisture and the defined compression level assists stabilisation of the skin integrity and underlying soft tissue. If EquiSox have been used to dry wet legs, the yarn will have "set" in a stretched position. Simply rinse the socks and allow to air dry to restore the stretch factor and correct level of compression. This will prevent slippage.

EquiSox are designed for when a horse is at rest or travelling. NOT TO BE USED FOR EXERCISE OR TURN OUT.

For the first few days of use - do not leave socks on for long periods of time or overnight.

We recommend a maximum of 4-6 hours.

If EquiSox are being used for wound or injury rehabilitation purposes, be aware that there can be a stage of healing that can make the injured area itch.

We recommend that EquiSox are **hand washed at 40°c** with a mild detergent for hygiene and to maintain the correct compression level. Regular washing will prevent the socks slipping. Always fasten the Velcro's and do the zips up to prevent snagging of the fabric prior to washing. Do not bleach or dry clean.

Never use fabric conditioner or tumble dry EquiSox.

Always make sure that EquiSox are applied to a clean leg and that the inside of the sock is checked and clear of any hay, straw, shavings etc.

The Purchaser accepts full responsibility for the safe fit and proper use of EquiSox.

A variety of thermal imaging, sub-bandage pressure monitors, sensors and 3d scanners were used in the development of EquiSox.

My most sincere thanks to the hundreds of Triallists who allowed their horses to test the products and provided invaluable feedback.

Veterinary advice and supervision is recommended prior to and during the use of this product



Information

www.equisox.com

It is as simple as 1, 2, 3

(1)

3/4



– but Measurement Matters

Measure - take an accurate cannon "bone" measurement in inches.

Wrap a tape measure securely around the horse's cannon bone approximately 2 inches down from the lowest part of the knee or hock joint. The tape measure should be parallel to the ground and briefly pulled firmly to register the smallest measurement possible.



2 Select the correct size and colour of front or hind EquiSox using the reference chart below. Hind socks are up to 1.5 inches longer.



1″

(3) Fit the sock on a clean leg, with the EquiSox logo centre front and the zip in the middle of the outside of the leg. Ensure the lower Velcro tab secures the zip pull in a down position when fitted. Once the correct size has been established - write the horse's name on

the inside label.

3/4

1/2 3/4

1/4

1/4

Measure AFTER

Exercise, Turn Out or Cold Water Therapy.

Always measure either **BOTH** the front or hind legs, as leg size can vary. Write down the measurements accurately in inches. We suggest you repeat this at intervals during the day - to make certain that the leg measurements don't alter with temperature or inactivity.

Select the **smallest measurement** to choose the required sock size.

If the horse has splints - please measure just below the bony prominency.

If the measurement falls exactly on the 7 $\frac{1}{2}$ | 8 | 8 $\frac{1}{2}$ | 9 | 9 $\frac{1}{2}$ |10 inch line please drop down to the size below. For instance an 8 $\frac{1}{2}$ " measurement would wear and 8 – 8 $\frac{1}{2}$ " EquiSox.

If the measurements do vary dramatically - please contact us - we are here to help. Legs can fill for a variety of reasons and some fluctuation can be normal when a horse is inactive, stabled or in warm weather. This is why we advise to measure after exercise, turn out or cold water therapy – **all of which should help reduce any filling of the lower leg.**

