



## DIAPER BAG CHECKLIST

*for your newborn (0-6 months)*

### THINGS FOR BABY

- Diapers (6)
- Wet wipes
- Diaper rash cream
- Hand sanitizer
- Formula (pre-measured)
- Extra outfit with socks
- Pacifiers (2)
- NoseFrida
- Soft bibs (3)
- Bottles filled with water (3)
- Wet bag (for soiled outfits)

### THINGS FOR MOM

- Wallet
- Keys
- Phone
- Extra shirt
- Protein bars



### PACKING TIPS

Pre-fill your bottles with warm water and pack them inside the cooler pocket. This will help keep your bottle warm and eliminate the need for a bottle warmer. Simply mix your dry powder into the bottle for each feeding. Use a formula stacker to pre-measure powder and easily pour into a bottle. The bibs will double as burp cloths, but if you want to pack an extra cloth, roll it and place alongside ToteSavvy.