

Ascorbic Acid

Vitamin C for antioxidant support[†]

INDICATIONS

- Ages 18 and up
- Antioxidant and immune system support[†]

BENEFITS

- Antioxidant and free radical scavenger[†]
- Supports the body's defense system[†]
- Promotes the formation and maintenance of intercellular ground substance and collagen[†]
- Helps maintain healthy mast cell function and lymphocyte formation[†]
- Supports the synthesis of carnitine and steroids[†]

FEATURES

- Available in capsule and powder forms
- Made with high-quality ingredients backed by verifiable science

VERIFIABLE SCIENCE

Vitamin C, one of the most well-known sources of dietary antioxidants, offers a wide range of support for the human body. It is an antioxidant and free radical scavenger. It supports the body's defense system by promoting white blood cell function and activity, interferon levels, antibody responses and secretion of thymic hormones.¹ It is essential for the formation and maintenance of intercellular ground substance and collagen.² Vitamin C aids in the absorption of iron and the metabolism of folate.³ It maintains healthy mast cell function and supports lymphocyte formation.⁴ Vitamin C is also required for the synthesis of carnitine and steroids.^{5†}

SUGGESTED USE

Ascorbic Acid Capsules

As a dietary supplement, take 1 capsule, 1-4 times daily, with meals.

Ascorbic Acid Powder

As a dietary supplement, take 1 scoop daily, with a meal, or as directed by a health professional.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- Ascorbic acid (l-ascorbic acid) is derived from corn dextrose fermentation. The corn is GMO-free
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil

NOTES

Ascorbic Acid Capsules

Size 00 caps

Bottle counts 90, 250

Order codes A19, A12

Bottle sizes 290 cc, 20 oz

Ascorbic Acid Powder

Serving size 1 scoop (approximately 1.4 g)

Servings per container 162

Bottle quantity 8 oz (227 g)

Order code AAP

Bottle size 16 oz

REFERENCES

1. Uchio R, et al. *Br J Nutr.* 2015 Feb 28;113(4):603-9.
2. Carr AC, et al. *Am J Clin Nutr.* 2013 Apr;97(4):800-7.
3. Lucock M, et al. *Eur J Nutr.* 2013 Mar;52(2):569-82.
4. Romero SA, et al. *Exp Physiol.* 2015 Apr 1;100(4):435-49.
5. Johnston CS, et al. *J Am Coll Nutr.* 1996 Dec;15(6):586-91.

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SUPPLEMENT FACTS

1 capsule, 1-4 times daily, with meals.

Each (size 00) vegetarian capsule contains:

Vitamin C (as ascorbic acid) 1,000 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate



Ascorbic Acid capsules	Quantity	Order Code
	250	A12
	90	A19

1 scoop daily, with a meal, or as directed by a health professional.

Serving size: 1 scoop (approximately 1.4 g)
Servings per container: approximately 162

Each scoop contains:

Vitamin C (as ascorbic acid) 1,400 mg



Ascorbic Acid powder	Quantity	Order Code
	8 oz (227 g)	AAP

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.