

GLOBAL VALUES

HANDBOOK

A MANUAL FOR PLANETARY TRANSFORMATION



A PRODUCT OF
OUR NEW EVOLUTION

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SUMMARY

This handbook will guide you through the 10 values that are at the heart of a new paradigm for a new world. Drawing upon *Global Values: A New Paradigm For A New World* by Karin Miller, the *Global Values Handbook* poses transformative questions that will shape how you think about global challenges and will inspire you to engage in individual and collective action towards planetary transformation. Like the *Global Values* book, this manual offers a distinctly approachable holistic paradigm for both personal and social transformation using values to unite people of diverse cultures, religions and political viewpoints for social good.

Global Values

- Unity** *“Together we make up one body of life. Our diversity is a celebration of all that is. Together we are whole.”*
- Community** *“Because we are one, individuals acting in isolation are often ineffective. By joining forces with others, we will realize our full potential.”*
- Life** *“Life energizes and moves all things. The continuity of life is the core of our existence.”*
- Freedom** *“Freedom is a natural right. Democratic principles are the foundation of social justice.”*
- Connection** *“All things have a profound impact on each other—global economies, cultures, environments, political systems, and our minds, bodies, and spirits.”*
- Sustainability** *“Sustainable practices are essential to maintain the flow of life for the individual, the community and the world.”*
- Creativity** *“Our purpose in life is to create and express ourselves in our unique and diverse ways that support the lives of others.”*
- Empowerment** *“By empowering others we empower ourselves because we are all one. We can only realize our true power together.”*
- Choice** *We have the freedom to choose what we create and destroy, how we act and react, what we value, and how we live.”*
- Integrity** *“Everything is integrated - inherently complete, undivided parts of the whole. When we remember our oneness, we act with integrity to the benefit of all.”*

Introduction

Global Values are catalyzing a growing movement of revolutionary, values-based social transformation. The Global Values framework offers basic, common ground principles that can serve to unite people all around the globe to collectively produce win-win solutions to today's global challenges. Global Values reach across cultural, religious and political boundaries, uniting us as one.

As people become familiar with these values and integrate them into their own lives, they extend into widening circles of influence. These values work to create and sustain healthy lives, communities and countries. On a larger scale, our values can serve as the fundamental basis of the ethical evolution of humanity.

A holistic approach

Society is at a turning point and we need a social shift toward higher principles. Now is the time to adopt holistic, “planetary ethics” that recognize the interdependence of all individuals, their actions, and their thoughts/beliefs. This new ethical paradigm will function as support for the whole body of life in all its diversity and beauty. It is time to embrace each other and all creation and to work together in the spirit of cooperation and community to shift into a holistic paradigm that will benefit us all. It is time for us to evolve.

A new paradigm for a new world

The purpose of the *Global Values Handbook* is to promote and support a shift in human consciousness to a holistic paradigm rooted in Global Values. Global Values serve as a common thread uniting people of all different religions, cultures, and political viewpoints. Rather than asserting truth, they offer a new perspective and platform upon which to base our thoughts and actions. They can be embraced by all peoples to work for positive societal transformations.

“Our current paradigm encourages categorization, separation, and isolation, and it is no wonder the world is in chaos. These values divide people, and they can cause us to turn against each other. The changes taking place in the world in the name of these values are destroying us and our environment.

We are living through the dismantling of our old ways, but there is great power in times of change.”

—Karin Miller, Global Values: A New Paradigm For A New World

Old Paradigm: Fear, Separation, Isolationism

The story of the old paradigm is grounded in separation and isolationism: War, terrorism, politics and religion serves to separate us; as a result, we live in a world of conflicting cultures, religions, and political viewpoints. We become more and more fearful of each other and retreat from the harsh reality of the world we have built. Essentially, fear begets more fear.

New Paradigm: Love, Unity, Cooperation, Collaboration

We have the opportunity to create a new story for humanity. We can move from a fear-based mindset to a love-based one, which begins to heal divisions among us. We can shift from a competitive mindset to a collaborative one and recognize that we are all in the same boat and that everything we do impacts not only ourselves, but everyone else. We can shift from us vs. them and recognize the inherent beauty of our commonalities and differences. We all win by being kind to each other and become more happy and secure.

Personal Transformation

We have the potential to transform ourselves:

- As we transform ourselves through these core values on a personal level, unity consciousness brings peace of mind and a sense of wellbeing—returning to our true, original state of being.
- Through our individual transformation, our actions change, thereby transforming our personal environments (home, work, family, friends) to reflect our values.
- The goal is to be the change we wish to see in the world.
- Like begets like. While living in fear produces more fear in the world, love and compassion heal us and create harmony. When we step into the shoes of another, we begin to see our similarities rather than our differences.

Social Transformation

We have the potential to transform the world:

- When individuals transform themselves and hence their communities to reflect Global Values, they transform larger social structures and the world.
- Today, there are many social change groups: peace, green movement; climate change; social justice and race relations, which sometimes seem unrelated.
- Global Values can serve as a common thread to unite these existing social transformation movements.

Unity

*“Together we make up one body of life.
Our diversity is a celebration of all that is. Together we are whole.”*

OVERVIEW

Today, people from all sectors of society—philosophers, quantum physicists, biologist, neuroscientists, spiritual teachers—are confirming that unity is our essential state. Together we are whole and make up one body of life, an interwoven tapestry of diverse parts. It is highly beneficial to recognize our individual diversity as a facet of our collective unity and to express our individualism in the context of that greater unity for the benefit of all. The time for this shift in perspective is now; the longer we wait, the longer we will suffer. Fear inhibits us and keeps us in pain while love and compassion connect us. Social transformation starts with us through our individual shifts in perspective.

QUESTIONS

1. In your own words, what does UNITY mean to you?

2. When have you experienced a sense of Unity with others? With the larger universe? What can you do in your daily life to help sustain that experience of Unity?

Community

*“Because we are one, individuals acting in isolation are often ineffective.
By joining forces with others we will realize our full potential.”*

OVERVIEW

While unity is our natural state, community is a choice. When we choose to join with others and cooperate at the local, city, state and national levels, we can combat the social ailments caused by separation; we can find creative solutions to our greatest challenges, such as poverty, environmental degradation, and global political conflict and war. On the path to community, the golden rule is to do unto others, as you would have others do unto you. Start with compassion for yourself and then expand to your family and the whole world. As Gandhi said, “An eye for an eye makes the whole world blind.”

QUESTIONS

1. In your own words, what does COMMUNITY mean to you?

2. Can you think of an example of when you combined your strength or gifts with others and accomplished something you could not do by yourself? What were the outcomes for you and others?

3. Does the awareness of being alive make you feel more connected to the world around you?

4. What difference does it make when we *value* Life as it is all around us?

5. What evidence do you see around you that individuals, communities, or governments value or do not value life?

A Call to Action

OVERVIEW

Go within: A quiet mind enables transformation. Meditate on each of the 10 Global Values and practice mindfulness, reflection and contemplation. Such self-reflection reveals aspects of ourselves that we have ignored or suppressed so that we can consciously work on them. As we transform ourselves, we will transform our communities, social structures and the world.

Walk the talk: Take responsibility for your actions and the impact that they have on the world. Focus on what brings you joy and “follow your bliss” as Joseph Campbell suggests. It is sure to bring joy to others as well. Get involved by trying items on the next page too!

PERSONAL AFFIRMATIONS

I use the tools of prayer, meditation, mindfulness and contemplation to bring peace and equanimity into my life.

I am an instrument of life and part of the one song of creation—the *universe*.

I am filled with the courage, love and wisdom to be a leader in a unified, harmonious new world that reflects Global Values.

GLOBAL ENVISIONING

Together we choose love over fear. Together we are strong. Together we are ONE.

Envision a world where love prevails and all people work in collaboration for the benefit of all. All people, communities, businesses, and nations from around the globe adopt and live by Global Values. Together we begin a new chapter in the story of humanity.

“We have the opportunity to join together both at the local and global level and collectively act as one for the benefit of all creation.”—Karin Miller

Get Involved

Try these simple steps get engaged in the Global Values community, support the movement, and implement Global Values in your own life:

1. **Read the book.** If you haven't done so already, get your copy of [*Global Values: A New Paradigm For A New World*](#) today!
2. **Write a book review.** Post a book review on Amazon.com and Goodreads.com. Copy and paste your review on the [Our New Evolution \(ONE\) website](#).
3. **Sign up for the newsletter.** Stay up to date with the latest news, articles and events with the [ONE newsletter](#).
4. **Join us on social media.** #GlobalValues.

Facebook: [Global Values](#)
[ONE](#)
[Author Karin Miller](#)

Twitter: [@KarinMillerONE](#)

5. **Watch and share videos that reflect Global Values.**

Subscribe to the [ONE YouTube channel](#).

Make your own videos about Global Values and upload them to the [ONE website](#).

6. **Start a study group.** Organize a Global Values study group in your own community and let us know at info@OurNewEvolution.org.
7. **Volunteer.** Share your skills to help promote Global Values. Write an article or create videos and social media content. If you want to help, let us know at info@OurNewEvolution.org.
8. **Partner.** Does your work reflect Global Values? Please contact us about partnership opportunities at info@OurNewEvolution.org.

RESOURCES

Website: www.OurNewEvolution.org

Global Values on Facebook: <https://www.facebook.com/GlobalValuesMovement>

ONE on Facebook: <https://www.facebook.com/OurNewEvolutionONE>

Karin Miller on Facebook: <https://www.facebook.com/KarinMillerAuthor>

Twitter: [@KarinMillerONE](https://twitter.com/KarinMillerONE)

YouTube: <http://www.youtube.com/c/OurnewevolutionOrg>

Email: info@OurNewEvolution.org

ABOUT THE AUTHOR

Karin Miller is a technology and entertainment attorney based in Los Angeles, California, USA. Active in the mind, body and spirit communities for over 20 years, she served as pro bono counsel to Marianne Williamson in the formation of the Peace Alliance and as an Advisory Board Member to the Alliance for a New Humanity, chaired by Deepak Chopra. Karin founded Our New Evolution (ONE) to connect and empower people and projects that are aligned with Global Values—the heart of Karin’s book, *Global Values: A New Paradigm for a New World*. Visit OurNewEvolution.org to learn more.

“At our deepest level, we are creators and the architects of our world.”—Karin Miller

TESTIMONIALS

"Karin Miller has taken the wisdom of the ages and applied it to a new conceptualization for human civilization in the 21st Century. Only a radically different framework for how humanity organizes itself is a survivable option moving forward, and *Global Values* paves the way."

—MARIANNE WILLIAMSON, *New York Times* Best-Selling Author & Spiritual Teacher

"Out of the chaos and confusion that humanity faces for the very first time—to devolve or to evolve by conscious choice, there comes a clear, sane, reassuring set of Global Values to guide us. In some deep sense, we already know these values. They are intrinsic to our heart’s desire for a world that works for all. It is so precious to be offered them with such wisdom and grace. Thank you Karin!"

—BARBARA MARX HUBBARD, Foundation for Conscious Evolution

“In her book, *Global Values: A New Paradigm for a New World*, Karin Miller lays out the values that can guide us in our historic voyage from a world where money values rule over the life cycle to one where life values will rule over the money cycle. Now if only the "leaders" of the world would read this book and take it to heart!”

—DR. KEVIN DANAHER, Co-Founder of Global Exchange and the Green Festivals

"You've given us a song-sheet so we can all sing as one."

—JULIE ANN TURNER, Conscious Shift Radio