

## CLEANING INSTRUCTIONS

For best results, inspect and clean your orthotics occasionally to clear debris that can cause instability and malfunction.

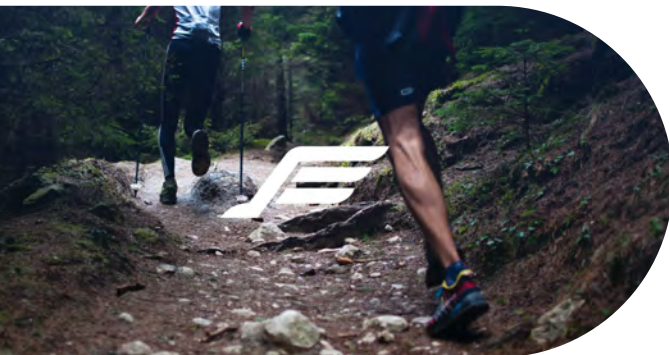
- Method 1: Use a non-bleach disinfectant spray such as Lysol Disinfectant Spray to clean the orthotic
- Method 2: Use a soap and water mixture. With a soft cloth, lightly scrub your orthotics. Do NOT soak or submerge them in water.

Allow your orthotics to air dry. Do NOT use a washer or dryer when cleaning or drying your orthotics.

## ORTHOTIC CARE & LIFE SPAN

Expected orthotic life span: **3-5 years**

The life span of orthotics depends on activity level, weight, frequency of use, and more. Common parts of the orthotic device to break down will be the top cover, customizations, and cushions. If you begin to notice any wear or breakdown in your orthotics, make an appointment to for an evaluation on your custom DrFootman orthotics.



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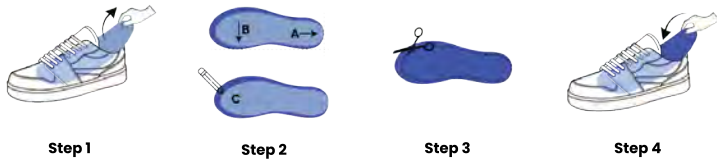
# Empowered in every step



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## Orthotic/Insole Fitting Application Instructions

Some orthotics are made smaller for shoes that do not have removable insoles. If this is the case, simply slide the orthotics into their designated shoes and refer to STEP 6.



### STEP 1. REMOVE:

Remove existing insole from shoe.

### STEP 2. LINE UP:

Take the insole from STEP 1 and place it on top of the orthotic. Line up both the back and side edges. If the length of the insole and orthotic match perfectly, move on to STEP 5.

### STEP 3. TRACE:

Use a marker to trace the outline of the original shoe insole onto the orthotic device.

### STEP 4. TRIM:

Set the original insole aside. Now cut the orthotic using scissors – be sure to cut along the OUTSIDE of the traced line on the orthotic. It's recommended to start trimming LESS of the orthotic because you can always trim a little more until the orthotic fits.

### STEP 5. INSERT:

Slide the trimmed orthotic into its designated shoe.

### STEP 6. TEST:

Like new shoes, there is a break-in period that can last from 10-30 days. Test the orthotics. The body will develop muscle memory within the break-in period to allow for more natural and neutral motion.



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CUSTOM FEET

## DrFootman Protection Plan

### BASIC WARRANTY \$0

Repair and refurbishment of your custom orthotics for a period of 1 MONTH

### STANDARD PROTECTION \$99

Repair and refurbishment of your custom orthotics for a period of 1 year. Replacement coverage of orthotics is not included.

### PREMIUM PROTECTION \$199

All repairs, refurbishment, and adjustments for a period of 2 years.

If an orthotic has an irreparable breakdown or damage, the orthotic can be fully replaced for a period of 2 years.

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### Terms & Conditions:

Enrollment in this plan must occur within the original date of purchase. Coverage begins on the date the devices were shipped or received at the store. Return shipping charges may apply.