

# FASTTRACK™ INSTRUCTIONS

## Indications For Use

FastTrack is indicated for enhancing and speeding up the fit of orthodontic aligners.

## Device Description

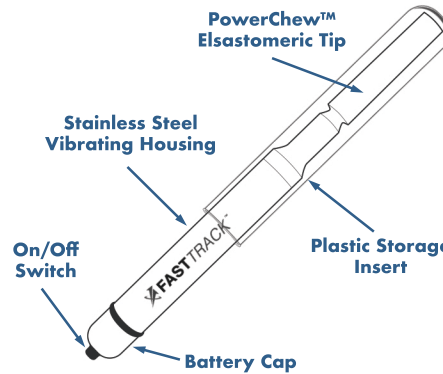
FastTrack is a vibrating orthodontic chew device used as a dental appliance seater which aides in the fitting of orthodontic aligners during orthodontic treatment.

## How Supplied

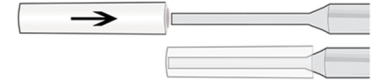
The device consists of the following parts: stainless steel vibrating housing, screw on/off battery cover and switch, platinum cured medical grade silicone chew (PowerChew™), and a zipper carrying case. The device does not include a AAA battery which is required for the device to operate.

## Warnings / Precautions

- Read all Instructions prior to operation for proper use, maintenance, and care.
- Inspect your FastTrack device to ensure that no damage was caused by shipping and handling. Do not use a damaged device.
- Only use quality alkaline AAA batteries with FastTrack like Eveready or Duracell.
- Do not store the FastTrack device with a battery inside if it is not being used daily.
- Use FastTrack only as instructed by your dentist.
- Only the tip of the FastTrack can be submerged or placed under running water for a short time when cleaning. Do not get the upper part of the FastTrack housing wet.



## Assembly: Slide PowerChew™ Onto Tip



## Assembly

1. Remove PowerChew™ from plastic bag and slide onto tip of FastTrack. See diagram.
2. Twist Battery Cap off of FastTrack device and insert a high quality alkaline AAA battery. Use only Eveready or Duracell brands. Twist Battery Cap back on tightly.

## Cleaning

Clean the tip by rinsing it under water or using a mild soap and water. Shake off excess water and then air dry or use paper towel. Do not use other chemicals to clean the PowerChew™. Do not remove the PowerChew™ unless you are replacing it. Once a week clean the Plastic Storage Insert by removing it from the zipper case, using only soap and water, then drying with paper towel or air dry.

## Storage

The FastTrack device should be stored in its original zipper case within the included FastTrack storage insert. If the device is not being used daily, remove the battery before storing.

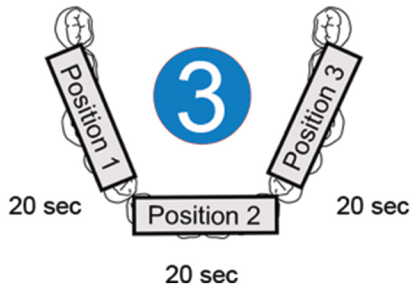
# FASTTRACK™ INSTRUCTIONS (continued)

## Directions For Use

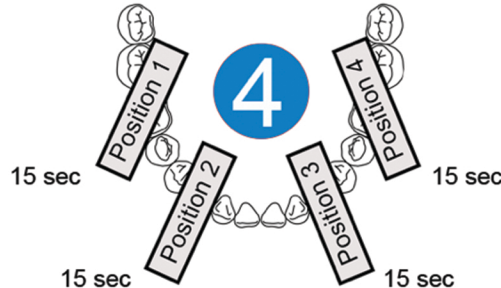
Your FastTrack device should only be used following the instructions below:

1. The FastTrack device is to only be used while wearing orthodontic aligners and should be used 2 times per day for 1 minute each session.
2. You may simply count to 60 while timing the device, or use a visible countdown timer set for one minute each time you use the device. We recommend you use the timer on your smart phone.
3. Space out the two sessions: morning and evening. If you are unable to evenly space out the sessions due to your schedule, try to space them out as best as you can. At a minimum, leave at least four hours between sessions.
4. Turn the FastTrack on by activating the on/off switch at the back of the device.

## Three Position Technique



## Four Position Technique



## Directions For Use (continued)

5. Insert the PowerChew™ tip in between the upper and lower teeth. Gently close your mouth so that the tip is resting on the biting surfaces of the upper and lower teeth. Do not bite down. Slowly release the FastTrack and allow gravity to engage the chew against the biting surfaces. Allow the FastTrack to operate using either the Three Position Technique or Four Position Technique detailed in the diagrams below.
6. Switch aligners every 7 days unless directed otherwise by your dentist.
7. Between sessions, simply rinse off the tip with water. Do not soak device in liquids or cleaners as it will damage the electronics. Shake off excess water and then air dry or use paper towel.
8. The device uses a single replaceable alkaline AAA battery. When the battery gets weak or depleted, replace it with quality alkaline batteries such as Eveready or Duracell. The battery cover is located on the bottom of the device and is easily removed (twisting counter clockwise) and replaced (twisting clockwise). If you wish, you may use rechargeable batteries.

## Manufactured By:

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**LOT** 172



Use by 2019-06



Non Sterile



See Instructions For Use

**Rx ONLY**

