

AERIAL HOOP & SILK MAINTENANCE

Amendment to instructions

AERIAL HOOP & SILK SWIVEL

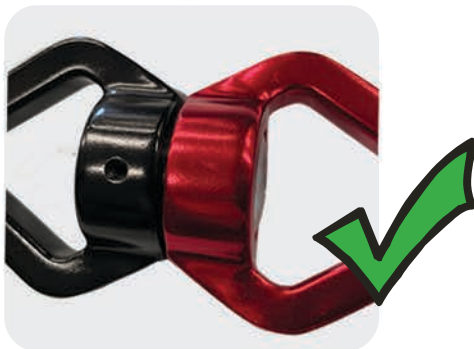
The Aerial Swivel bracket included in the Aerial Hoop & Aerial Silk equipment **must** be checked and maintained regularly to ensure it is safe and secure **at all times**.



PLEASE NOTE: Prior to use, it is recommended that the following maintenance steps are taken to ensure safe usage and reduce the risk of any accident. Ongoing maintenance should occur **monthly** if the equipment is being used regularly.

- 1 Ensure the gap between the black and red components is minimal - there should be no thread showing. If there is thread showing then the swivel needs to be tightened.

Tight:



Needs to be tightened:



- 2 To tighten the Aerial Swivel, you will need a 5mm and a 2mm allen key.

(continued...)

- 3** Insert the **5mm allen key** into the top of the red component and at the same time, hold the black component still. Turn the allen key clockwise until the gap has been reduced and both components spin freely and smoothly without friction.



- 4** Insert the **2mm allen key** into the 4mm hole on the black section, then fully tighten the grub screw as much as you can. The grub screw in this component prevents both the red and black sections from coming apart.



PLEASE NOTE: the small grub screw in **Step 4** should be checked regularly and prior to heavy play or exercise sessions. Failure to check this may result in the grub screw coming loose and potentially falling out, causing the Aerial Swivel to fail.