



# a simple guide to MAKA MAGIC TRUFFLES

This is a natural product containing **psilocybin** and **psilocin**. Psychoactive compounds which, depending on the dosage, have a hallucinogenic effect. In the Netherlands, this product is therefore qualified as a stimulant.



These substances change the way our brain perceives reality. Things that we know can seem different and parts of the brain that do not usually converse with one another get **connected**. It is important to be prepared and to optimize your **(Mind)set** and **Setting** for a pleasant experience.



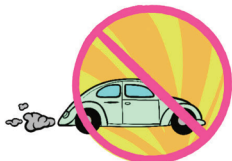
## (MIND)SET

Get plenty of rest before and after your journey, and make sure to eat well. Try a ritual like setting positive intentions for your experience or have an object that holds meaning to you. Be curious and ask yourself questions! Clear your schedule for the next 24 hours.



## SETTING

Go on your journey with people you trust. If this is your first time, you can even start with half a dose! Try listening to music that you enjoy and find a relaxing, quiet space that is safe and comfortable.



**DO NOT:** Consume Maka Truffles if you are: pregnant, or under the age of 18. Do not combine Maka truffles with other substances like drugs or alcohol, and do not drive.

This product should be stored in a cool, dark, and dry place. Recommended temperature is between 2-4 degrees C. This product can be used at least until the expiry date.

This product is distributed by:  
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