

# PROGRESS PLANNER



## 90 DAY GOALS

1 \_\_\_\_\_ ○  
2 \_\_\_\_\_ ○  
3 \_\_\_\_\_ ○

### HABITS

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

### HABITS

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

### HABITS

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

### GRATEFUL FOR

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2 \_\_\_\_\_  
3 \_\_\_\_\_

### GRATEFUL FOR

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

### GRATEFUL FOR

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

## KEY TASKS

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MONTH	HABITS				HABITS				HABITS		
	1	2	3		1	2	3		1	2	3
1				1				1			
2				2				2			
3				3				3			
4				4				4			
5				5				5			
6				6				6			
7				7				7			
8				8				8			
9				9				9			
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11				11				11			
12				12				12			
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30				30				30			
31				31				31			

### TOP 3 WINS

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

### TOP 3 WINS

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

### TOP 3 WINS

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

## NOTES

START ONE DAY OR DAY ONE. IT'S YOUR CHOICE.