

FIND OUT YOUR GOAL DIGGER SCORE

Let's face it, you want more out of your life. More money. More time. More travel. More freedom. But what steps are you taking to set yourself up to actually achieve more?

By being truly honest with yourself and taking the time to evaluate where you're at right now, you'll acknowledge the areas where you're killing it and the areas where you might need a little extra help.

The fact is, if you make goal setting a part of your weekly ritual you'll be more likely to achieve the life of your dreams!

Are you a Goal Digger or a complete Goal Newbie? Complete this quiz to find out your Goal Digger Score.

ALWAYS = 10 / SOMETIMES = 5 / NEVER = 1

1. I write, set and review my goals each year.

1 2 3 4 5 6 7 8 9 10

2. I have a clear vision of what my future looks like.

1 2 3 4 5 6 7 8 9 10

3. I go outside of my comfort zone both physically and mentally in both my professional and personal life.

1 2 3 4 5 6 7 8 9 10

4. I work hard for the things I'm passionate about.

1 2 3 4 5 6 7 8 9 10

5. I TRULY believe in myself and my abilities to achieve my dreams.

1 2 3 4 5 6 7 8 9 10

6. I expand my networks and build connections to progress my dreams.

1 2 3 4 5 6 7 8 9 10

7. I exercise regularly and eat healthily.

1 2 3 4 5 6 7 8 9 10

8. I take calculated risks and face my fears on a regular basis.

1 2 3 4 5 6 7 8 9 10

9. I love learning new things and spending time on self-development.

1 2 3 4 5 6 7 8 9 10

10. I am passionate about what I do for work.

1 2 3 4 5 6 7 8 9 10

Score: /100

MY SCORE IS:

75-100 – Goal Digger

You're a go getter that doesn't take no for an answer. You have a clear vision for your future and you're ready to dive head first into the next exciting opportunity. You've got a lot on your plate, so you often struggle to remain focused and on track. Use our 90 Day Progress Journal to motivate you to make the small steps towards your dreams and set you on a path of by task tracking, reflection and gratitude to develop new habits and set achievable daily goals.

50-74 – Goal Creator

You're clear on your vision but struggle to bring it to reality as you often get overwhelmed trying to find the balance between work, life and play. You set goals at the start of the year but these often get pushed aside as you let busyness take over. You're in need of a little confidence boost to keep you on track which is why our Diary might be just the little push you need! It's functional in its ability to keep track of your day to day tasks, but it also guides you through our simple process for uncovering your goals and developing an action plan (so you'll actually achieve them!)

25-49 – Goal Seeker

You have an idea in your head about the goals you want to achieve but in reality, you don't have a plan in place. When you spend some time brainstorming new projects or goals you're filled with excitement, but you struggle with knowing what's the first step. You feel like you don't have enough time in the day and feel like you need some more structure in your life. Our Weekly Planner is the perfect tool to get you focused on what's important each day. There's goal setting and gratitude prompts as well as space to record new habits you're trying to form.

0-24 – Goal Newbie

You're flying by the edge of your seat most days but would like to take more control of your life. You're struggling to find time between work and family commitments to think about your goals. You often feel unorganised and out of sync with the life you're living and the life of your dreams. Our Get Shit Done is the perfect little book to help you get more organised and back on track. It's small enough to carry with you wherever you go and you'll be surprised how motivating ticking off items can be.