TRIGGER FINGER SPLINT

QUICK START GUIDE

OVERVIEW

We are constantly answering questions and recording helpful videos to make using your Vive Trigger Finger Splint as easy as possible. Check out the included links and QR codes to help you through the proces



To see all FAQ's in one place visit **vhealth.link/8nr**



Want to watch us do this instead? Just go to the following link to see how to start using your Trigger Finger Splint.

Visit vhealth.link/0wj

FOR TRIGGER FINGER

 Wrap the trigger finger splint around your finger. Use the hook and loop strap to secure.



 Use the palm strap (included) to secure the bottom end of the trigger finger splint to the palm of your hand.
 Attach the double-sided end of the strap first so that the strap loops around your hand and attaches to itself.





3. Test the fit and adjust for comfort as needed.

FOR FINGER SPLINTING

1. Position the trigger finger splint so that the splint covers the length of your finger, then fasten the strap.





2. Use the short finger strap (included) to wrap the rest of your finger.



CARE

 Do NOT machine wash or dry. Spot clean with a cloth and keep dry



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