# ANKLE BRACE

## QUICK START GUIDE

#### **OVERVIEW**

We are constantly answering questions and recording helpful videos to make using your Vive Ankle Brace as easy as possible.



To see all FAQ's in one place visit **vhealth.link/rxO** 

### **HOW TO USE**

#### Step 1:

Insert your foot into the brace so the Vive logo is over the front of your shin.



**Step 2:**Fasten the top straps and adjust to your comfort level.



Step 3:
Attach provided ankle extender straps if needed.
Extenders can be cut to desired length for a custom fit.



Step 4:

Wrap the bottom straps around your ankle and fasten them securely.



