



## ortho-pick®



## Use Instructions

### DIRECTIONS FOR FLOSSING

Slide thin arm between teeth and braces wire and guide floss between your teeth. Gently slide floss into the space between the gums and the tooth, rubbing the floss gently up and down, keeping it pressed against the tooth.

### DIRECTIONS FOR FLIPPICK™

Unfold pick and guide into space between teeth. Gently use in and out motion to clean teeth and stimulate gums.

**Caution: Adult supervision recommended under age 10.**

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