

Shoulder Press

FP715



- Primarily targets the deltoids while engaging the triceps and traps. Overhead pressing builds shoulder strength, improves stability, and enhances shoulder definition.
- Linkage system provides controlled, even resistance throughout the movement, helping reduce resistance spikes and improve overall workout flow.
- Multi-angle grips and adjustable seat align with shoulder width and pressing path, reducing rotator cuff strain and improving training stability.

Length:	1415 mm	55 in
Width:	1479 mm	58 in
Height:	1221 mm	48 in
Machine Weight:	- kg	- lbs

Max. Lift Load Capacity		
Standard:	250 kg	551 lbs

Muscles ►

