

# Indoor Sowing Guide

## FLOWERS & ORNAMENTALS

### 10–12 weeks before your average last frost date

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Columbine  
Echinacea  
Eucalyptus  
Grass (Blue Grama)  
Lavender  
Petunia  
Sea Holly  
Verbena

### 8–10 weeks before your average last frost date

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Bee Balm  
Black-Eyed Susan  
Cape Daisy  
Carnation  
Cottage Pinks  
Dahlia  
Dusty Miller  
Feverfew  
Lily Blackberry  
Lobelia  
Ornamental Pepper  
Pansy 🌿  
Salpiglossis  
Salvia  
Sensitive Plant  
Snapdragon  
Statice  
Stock 🌿  
Sweet William  
Viola 🌿  
Yarrow

### 6–8 weeks before your average last frost date

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African Daisy  
Ageratum  
Aster 🌿  
Balsam  
Bells of Ireland  
Black-eyed Susan Vine  
Bluebells (California)  
Bluebonnet  
Canterbury Bells  
Castor Bean  
Celosia  
Chocolate Flower  
Cleome  
Coleus  
Coreopsis  
Craspedia  
Cup and Saucer Vine  
Cypress Vine  
Delphinium  
Four O'Clock  
Foxglove  
Gaillardia  
Gazania  
Gomphrena  
Grass ('Bunny Tails')  
Hollyhock  
Hyacinth Bean  
Hyssop ('Apache Sunset', True)  
Iceplant  
Impatiens  
Lace Flower

Larkspur  
Linaria  
Lupine (Russell Blend)  
Mexican Sunflower  
Milkweed  
Nicotiana  
Painted Daisy  
Penstemon  
Phlox  
Poppy (Iceland, Oriental)  
Portulaca  
Pumpkin on a Stick  
Scabiosa  
Shasta Daisy  
Strawflower  
Sweet Annie  
Verbascum

### 4–6 weeks before your average last frost date

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Alyssum  
Amaranth  
Ammi  
Bachelor's Button  
Calendula  
Cardinal Climber  
Chinese Lantern  
Cosmos  
Flax ('Scarlet')  
Forget-Me-Not  
Grass ('Frosted Explosion')  
Honeywort  
Hyssop (Anise)  
Marigold

Moonflower  
Morning Glory  
Orlaya 🌿  
Sweet Pea  
Zinnia

### 2–4 weeks before your average last frost date

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Gourd  
Money Plant  
Nasturtium  
Ornamental Millet  
Sunflower

### Any time of year

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Cacti

🌿 Can also be started indoors in late summer to early fall or winter in mild climates. See packet for specific information.

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# Outdoor Sowing Guide

## FLOWERS & ORNAMENTALS

### 6–8 weeks before

your average last frost date

Gazania  
Penstemon

### 4–6 weeks before

your average last frost date, or as soon as the soil can be worked

Bluebonnet  
Columbine  
Feverfew  
Flax (Blue and Breezy)  
Gaillardia  
Larkspur  
Lavender  
Lupine (Pixie Delight)  
Pansy  
Poppy  
Snapdragon  
Sweet Pea  
Viola

### 2–4 weeks before

your average last frost date

Bee Balm  
Bells of Ireland  
Black-Eyed Susan  
Bluebells (California)  
Calendula  
Cleome  
Echinacea  
Flower Mix  
Grass (Blue Grama)  
Lily Blackberry

Love-In-A-Mist  
Milkweed  
Phlox  
Shasta Daisy  
Verbascum  
Verbena  
Wheat

### 1–2 weeks before

your average last frost date

African Daisy  
Alyssum  
Ammi  
Bachelor's Button  
Carnation  
Chinese Lantern  
Chocolate Flower  
Coreopsis  
Flax ('Scarlet')  
Forget-Me-Not  
Iceplant  
Linaria  
Painted Daisy  
Salpiglossis

### 1–2 weeks after

your average last frost date

Amaranth  
Aster  
Balsam  
Black-Eyed Susan Vine  
Broom Corn  
Cape Daisy  
Cardinal Climber

Castor Bean  
Celosia  
Coleus  
Corn (Ornamental)  
Cosmos  
Cottage Pinks  
Cup and Saucer Vine  
Cypress Vine  
Delphinium  
Dusty Miller  
Four O'Clock  
Foxglove  
Hollyhock  
Hyacinth Bean  
Hyssop ('Apache Sunset', Anise)  
Impatiens  
Lobelia  
Lupine (Russell Blend)  
Marigold  
Mexican Sunflower  
Money Plant  
Moonflower  
Morning Glory  
Nasturtium  
Nicotiana  
Orlaya  
Portulaca  
Salvia  
Scabiosa  
Sensitive Plant  
Stock  
Sunflower  
Sweet Annie  
Sweet William  
Zinnia

### 2–4 weeks after

your average last frost date

Ageratum (Mild climates only)  
Canterbury Bells  
Craspedia  
Dahlia  
Eucalyptus  
Gazania  
Gomphrena  
Gourd  
Grass ('Bunny Tails', 'Frosted Explosion')  
Honeywort  
Hyssop (True)  
Lace Flower  
Ornamental Millet  
Pumpkin on a Stick  
Statice  
Strawflower  
Wheat  
Yarrow

### Late Fall - Early Winter

Forget-Me-Not  
Hyssop ('Apache Sunset')  
Lupine (Pixie Delight)

Can also be sown in late summer to early fall or winter in mild climates. See packet for specific information.

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