

Seriously Oats

 **AT HOME** 

RECIPE BOOK



Note from Rae

Thank you for purchasing the Seriously Oats at Home dry mix! We are so grateful for your support and looking forward to seeing you get creative in the kitchen with these mixes.

We wanted to give you simple and versatile flavours that can be used in a variety of our recipes as well give you all the opportunity to make your own!

These recipes are for the snack sized portion but you can still make the regular sizes by using ½ cup (70g) of the mix and milk instead.

You can eat these oats cold after soaking in the fridge overnight, or you can warm them up in the microwave, oven, or air fryer. However you choose to prepare your oats, we hope you enjoy them!



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Instructions

WHAT YOU WILL NEED:

- 1) Seriously Oats @ Home Dry Mixes
- 2) Heat Safe container such as a ramekin, mason jar, or mug*
- 3) Milk of choice
- 4) Various toppings and mix-ins

You want to use a narrow container so the mixture stacks instead of spreads out, this affects texture significantly

HEATING DIRECTIONS:

INSTANT OATS: 20-30 seconds in the microwave

BAKED OATS: 7-10 minutes at 350°F



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BANANA CHOCO CHIP

- Mash $\frac{1}{3}$ to $\frac{1}{2}$ a banana
- Add $\frac{1}{3}$ Cup milk of choice and stir
- Add $\frac{1}{3}$ cup of chocolate mix and stir
- Top with Chocolate Chips



APPLE CARAMEL

- Combine 3 T Apple Sauce with $\frac{1}{4}$ cup water or milk of choice
- Add $\frac{1}{3}$ Cup caramel mix and stir well
- Top with Skor bits and cinnamon



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COCONUT MACAROON

- Combine 1/3 cup vanilla mix with 1/3 cup light coconut beverage
- Add 2-3 Tablespoons of unsweetened coconut flakes and stir
- Top with extra coconut

*Note: Toasted coconut tastes best



CHOCO PEANUT BUTTER

- Combine 1/3 cup chocolate mix and 1 tsp cocoa powder
- Pour in 1/3 cup milk of choice and 1 tsp peanut butter and stir
- Top with peanut butter chips and chocolate chips*

*Alternatively you can layer more peanut butter on top



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BLUEBERRY MUFFIN/TRIPLE BERRY

- Combine 1/3 cup vanilla mix with 1/3 cup milk of choice
- Heat ¼ cup frozen blueberries or field berry mix until you see juice coming out
- Add cooked berries to the mixture and stir
- Top with extra berries



MAPLE PECAN

- Combine 1/3 cup caramel mix with 1/3 cup milk of choice
- Add 1 T maple syrup and stir
- Top with chopped pecans



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BROWN BUTTER COOKIE

- Combine 1/3 cup vanilla mix with 1/3 cup milk of choice
- Add 1 tsp brown butter and ½ tsp vanilla extract and stir
- Top with chocolate chips, Skor bits, and walnuts



MOCHA CHOCO CHIP

- Combine 1/3 cup chocolate mix, 1 Tb cocoa powder, and 1 tsp instant coffee powder
- Pour in 1/3 cup milk of choice and stir
- Top with chocolate Chips



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SALTED CARAMEL MOCHA

- Combine 1/3 cup caramel mix, 1 Tb cocoa powder, and 1 tsp instant coffee powder
- Pour in 1/3 cup milk of choice and stir well



COOKIES & CREAM

- Combine 1/3 cup chocolate mix with 1/3 cup milk of choice
- Fold in 1 tsp chocolate baking crumbs
- Top with white chocolate chips and crushed Oreo's



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CHOCOLATE HAZELNUT

- Combine 1/3 cup chocolate mix and 1 Tb cocoa powder
- Pour in 1/3 cup milk of choice and stir
- Stuff 1 tsp Nutella into center of the mixture
- Top with crushed hazelnuts



MANGO FLOAT

- Combine 1/3 cup vanilla mix with 1/3 cup milk of choice
- Add 2-3 Tb mango puree and stir
- Top with graham crumbs and layer generously with fresh mango

*Best consumed cold after soaking in fridge overnight



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STRAWBERRIES & CREAM

- 1) Combine $\frac{1}{3}$ cup vanilla mix with $\frac{1}{4}$ cup milk of choice and $\frac{1}{4}$ cup strawberry puree
- 2) Top with white chocolate chips and fresh strawberries



CHOCO COVERED STRAWBERRIES

- 1) Combine $\frac{1}{3}$ cup chocolate mix and 1 Tb cocoa powder
- 2) Pour in $\frac{1}{4}$ cup milk of choice and $\frac{1}{4}$ cup strawberry puree and stir
- 3) Top with chocolate chips and fresh strawberries



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PEACH COBBLER

- Combine a fresh peach, a drained peach cup, or chopped frozen peaches with 1 tsp cinnamon and ½ tsp brown sugar
- In the oven or stovetop, cook down peaches (2-3 minutes), then set aside
- Combine 1/3 cup vanilla mix with 3 Tb peach puree or pure peach juice
- Add ¼ cup milk of choice and stir
- Top with cinnamon, granola and cooked peaches



S'MORES

- 1) Combine 1/3 cup chocolate mix and 1 Tb cocoa powder
- 2) Pour in 1/3 cup milk of choice and stir
- 3) Top with chocolate chips, crushed graham crackers, and marshmallows



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