




# Herbicare

NATURALS



TM # 655774

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## **Revival of Herbal Medication**

### **A journey...**

By Mushtaq Ahmed

Coming from a family which strongly believes in being useful to the society, my father always wished to see me serve for the greater good of the people. I was named after Late Hazrat Hakim Qazi Mushtaq Ahmed who is a role model and a spiritual mentor for me and my family. Following in his footsteps I set my destiny to become a Herbal Physician.

To pursue my aim and career ambitions I did my Bachelors in Eastern Medicine and Surgery from Hamdard University graduating in 2018 with flying colours and awarded the Hakeem Saeed Shaheed Gold Medal. Along with my studies I kept myself engaged in Social Service at Hyderi Dawakhana learning from Hakim Syed Zuhair Ahmed whose achievements in the field of Hikmat speak for themselves.

An important step towards my goal came through the inauguration of Herbicare clinic on 5th February, 2017 which turned out to be a platform for me to combine theory with practice. I started seeing patients under the supervision of my professor until I graduated as a certified Hakim.

My biggest achievement has been with my Organic Herbal formulations which I started practicing from the 3rd year of my university and today there are 16 successful formulations recorded by myself as of yet and these formulations have been improvised constantly and converted into products which are now distributed to various clinics and have been receiving an overwhelming response. These products are also available at my clinic and can be ordered online through my clinic's Facebook page.

I started to practice Cupping (Hijama) Therapy under the supervision of Hakeem Syed Zuhair Ahmed at Hyderi Dawakhana and I am proud to say that today I am a certified Hijama Therapist and have been performing Hijama at multiple clinics.

There is still a long way to go and there is always a lot more to learn hence I am now enrolled in M.Phil. In Eastern Medicine from Hamdard University. My Vision is to see people have access to the best Health & Medical facilities irrespective of their financial background, since it's a basic need and right of every individual.



120ml.

**Ingredients:**

Natural extracts of Carica papaya leaf.

**How to use:**

Children 2 years above; 1 tablespoonful, (10ml) thrice a day

Adults; 2 tablespoonful (20ml) thrice a day.

## PLATSYP

**BENEFITS:**

- Herbicare Platsyp Syrup is a Natural Supplement for Increasing Platelets.

**INDICATIONS:**

- Dengue.
- Malaria.
- Typhoid fever.
- Chronic Viral hepatitis.
- Idiopathic Thrombocytopenia.



## IMMUNSTER

### BENEFITS:

- Enhances overall immunity.
- Helps reduce dry cough.
- Relieves breathing difficulty.
- Aids in shortness of breath.

120ml.

### Ingredients:

*Linum usitatissimum, Saussurea lappa clarke, Nigella sativa and Glycyrrhiza glabra.*

### How to use:

2 tablespoon (20ml) TDS/trice a day.



## SHARBAT-E-TASKEEN

### BENEFITS:

- Reduces hyperacidity.
- Enhances digestion.
- Increases appetite.
- Reduces flatulence.



120ml.

### Ingredients:

*Berberis vulgaris, Coriandrum sativum, Mentha arvensis, Glycyrrhiza glabra and Foeniculum vulgare.*

### How to use:

2 tablespoon (20ml) BD/twice a day after meal.



## HERBAL MULTI TONIC

### BENEFITS:

- Anemia.
- General Weakness.
- Lethargy.
- Supports Growth.

120ml.

### Ingredients:

*Phoenix dactylifera, Mucuna pruriens, Khubs ul hadeed, Vitis vinifera.*

### How to use:

Children; 1 tablespoonful (10ml) 2 years above twice a day.

Adults; 2 tablespoonful (20ml) twice a day.



## SHARBAT-E-RAHAT

### BENEFITS:

- Regulates menstrual cycle.
- Helps to improve menstrual cycle.
- Helps to maintain female hormones.

120ml.

### Ingredients:

*Isurus oxyrinchus, Juniperus communis, Saraca asoca, Withania somnifera, Vitis vinifera and Gossypium herbaceum.*

### How to use:

2 tablespoon (20ml) BD/twice a day.



## MAJOON SONA ZAFRANI

### BENEFITS:

- Boosts sex desire.
- Enhance performance.
- Aphrodisiac.
- Helps to overcome infertility.

28gm.

### Ingredients:

Nutmeg, Pellitory root, white pepper, Goosefoot, Black cardamom, Cinnamon, Salep orchid, Mastic, Bay leaf, Castoreum, Muesli, Marsh orchid, Musk (musks), Amber(ambre).

### How to use:

Take ½ tea spoon (4gm) with warm milk early morning before breakfast or empty stomach one hour before intercourse.



## CAPSULE E KHAS

### BENEFITS:

- Boosts sex desire.
- Enhance performance.
- Aphrodisiac.
- Helps to overcome infertility.



### Ingredients:

Nutmeg, Pellitory root, white pepper, Goosefoot, Black cardamom, Cinnamon, Salep orchid, Mastic, Bay leaf, Castoreum, Muesli, Marsh orchid.

### How to use:

Take 2 capsule with warm milk early morning before breakfast or empty stomach one hour before intercourse.



## NATURAL VIT D & CALCIUM SUPPLEMENTS

### BENEFITS:

- Aids in calcium absorption.
- Boost immunity.
- Helps to maintain bone health and prevent osteoporosis.

90 Capsules.

### Ingredients:

Sesame seeds, Flax seeds, Basil seeds and Moringa leaves powder.

### How to use:

2 capsules 3 times a day.



30ml.

**Ingredients:**

Thorn apple seeds, Calotropis leaves, Cloves, Clove oil & Sesame seed oil.

**How to use:**

Apply on affected areas and massage for 10-15 minutes.

## ORTHOGESIC MASSAGE OIL

**BENEFITS:**

Herbicare orthogesic massage oil is a researched based formula made with natural ingredients which easily reach into the skin and help calm your muscles and joints.





120ml.

## HERBAL HAIR OIL

### BENEFITS:

- Prevents frizzines.
- Makes hair stronger.
- Help in hair regrowth.
- Fights against dandruff.
- Makes hair longer.
- Prevents whitening of hair.
- Makes hair shinier & healthier.
- Nourishes scalp & hair from roots.

### Ingredients:

Shikakai, Alkanet root, Neem (oil), Emblic myrobalan, Soap nut, Chebulic myrobalan, Fenugreek (seeds), Valerian, Alovera Castor oil, Arugula, Sesame oil, Mustard oil.

### How to use:

Comb your hair, apply oil to your scalp, massage with your finger tips, keep it for overnight or atleast 2 hours. Wash it with light shampoo.



## HERBAL HAIR SHAMPOO

### BENEFITS:

- Prevents hair fall.
- Repairs damaged hairs.
- Makes hair stronger.
- Prevents frizzines.
- Nourishes scalp & hair from roots.
- Helps in hair regrowth.
- Prevents whitening of hair.

250ml.

### Ingredients:

*Phyllanthus emblica, Sapindus mukorossi, Acacia concinna, Trigonella seeds, foenum-graecum leaves, Azadirachta indica fruits, Terminalia chebula.*

### How to use:

On your wet hair apply the required amount according to your hair length. Gently massage all over scalp & entire hair length. Rinse off.



## 7 Oils 7 Herbs Hair Oil

### BENEFITS:

- Prevents frizzines.
- Makes hair stronger.
- Helps in hair regrowth.
- Fights against dandruff.
- Makes hair longer.
- Prevents whitening of hair.
- Makes hair shinier & healthier.
- Nourishes scalp & hair from roots.

100ml.

### Ingredients:

*Emblic Myrobalan, Valerian, Sapindus, Shikakai, Aloe Vera Oil, Fenugreek Seeds, Chebulic Myrobalan, Alkanet Root, Arugula Oil, Margosa Oil, Castor Oil, Sesame Oil, Coconut Oil, Mustard Oil.*

### How to use:

Gently Massage through the hair and scalp with fingertips for 10 mins and leave it overnight. Then, wash it with Herbicare Shampoo and rinse. For better results, use twice weekly.



## 7 Oils 7 Herbs Hair Shampoo

### BENEFITS:

- Fight Against Dandruff.
- Prevents Hair Fall.
- Flaky Scalp Disease.
- Cleanses Dead Cells.
- Prevent Dandruff.
- Repairs Damaged Hair.

175ml.

### Ingredients:

*Aqua / Water / Eau, Glycerin, Sodium Laureth Sulfate, Cocamidopropyl Betaine, Sodium Chloride, Vitamin 'E' Oil, Phyllanthus emblica, Sapindus mukorossi, Acacia concinna, Fenugreek seeds, Azadirachta indica leaves, Azadirachta indica fruits, Terminalia chebula.*

### How to use:

Wet hair, Take the required amount according to hair length, Gently massage all over scalp & entire hair length. rinse off.



## ZAFRANI SCRUB

### BENEFITS:

- Remove black and whiteheads.
- Reduce hyperpigmentation.
- Control acne and pimples.
- Promote skin lightening.
- Tightens the skin.
- Prevent premature aging.
- Smoothen skin.
- Reduce dark spots and blemishes.
- Enhances glow.

100gm.

### Ingredients:

*Cetearyl alcohol, Titanium dioxide, Propylene glycol, Zinc oxide, Triethanol amine, Mineral oil, Saffron Powder, Preservatives, Perfume & Colour.*

### How to use:

To use Zafrani Scrub take required amount of scrub and massage it all over damp skin for one minute, rinse it off and moisturize your skin.







## ALMOND FACE SCRUB

### BENEFITS:

- Provide exfoliation with natural ingredients.
- Remove dead skin.
- Promote healthy complexion.
- Improve skin health.
- Lighten scars and marks.
- Reduce hyperpigmentation.
- Remove dark circles.
- Anti aging properties.
- Nourishes skin.

100gm.

### Ingredients:

*Cetearyl alcohol, Titanium dioxide, Propylene glycol, Zinc oxide, Triethanol amine, Mineral oil, Almond powder, Preservatives, Perfume & Colour.*

### How to use:

To use Almond Scrub take required amount of scrub and massage it all over damp skin for one minute, rinse it off and moisturize your skin.



## CUCUMBER FACE SCRUB

### BENEFITS:

- Hydrates skin.
- Reduce puffiness and swelling.
- Controls acne and pimples.
- Soothes irritation of skin.
- Anti aging properties.
- Controls excessive oil secretion.
- Remove dirt from skin.
- Enhances skin glow.
- Removes skin tanning.

100gm.

### Ingredients:

*Cetearyl alcohol, Titanium dioxide, Propylene glycol, Zinc oxide, Triethanol amine, Mineral oil, Cucumber seeds powder, Preservatives, Perfume & Colour.*

### How to use:

To use Cucumber Scrub take required amount of scrub and massage it all over damp skin for one minute, rinse it off and moisturize your skin.



## APRICOT FACE SCRUB

### BENEFITS:

- Controls oily skin.
- Reduces wrinkles and fine lines.
- Moisturizes skin.
- Unclog pores.
- Remove blackheads.
- Removes dirt and dead skin.
- Gives baby soft radiant texture.
- Corrects poor skin tone.

100gm.

### Ingredients:

*Cetearyl alcohol, Titanium dioxide, Propylene glycol, Zinc oxide, Triethanol amine, Mineral oil, Apricot powder, Preservatives, Perfume & Colour.*

### How to use:

To use Apricot Scrub take required amount of scrub and massage it all over damp skin for one minute, rinse it off and moisturize your skin.



25gm.

#### Ingredients:

Iso propylene mastered, Stearic acid, Cetearyl alcohol, Titanium dioxide, Propylene glycol, Zinc oxide, Husn e Yousuf powder, Perfume, Colour.

#### How to use:

Wash the skin with a face wash or cleanser, apply the Husn e Yousuf cream. Gently massage in circular motion till it get absorb.

## HUSN-E-YOUSUF CREAM

#### BENEFITS:

- Reduce dullness.
- Remove tan skin.
- Remove fine lines.
- Flawless skin.
- Gives smoothness.
- Remove dark spots.
- Improve uneven skin tone.
- Hyderates skins.
- Skin brightening & glowing.



## ROSE WATER

### BENEFITS:

- Helps soothe skin irritation.
- Reduces skin redness.
- Has anti-aging properties.
- Helps reduce acne.
- Makes skin glowy and hydrated.
- Heals sunburn.

120ml.

Ingredients:  
*Pure Extract of Rose.*

How to use:  
Use 2-3 times a day or as required.





## ALOE VERA, TEA TREE NEEM FACE WASH

### BENEFITS:

- Makes your skin glow.
- Reduces red marks.
- Herbicare face wash has anti-inflammatory properties.
- Herbicare face wash has nutrients that show antifungal and antibacterial properties.

100ml.

### Ingredients:

*Aqua / Water / Eau, Glycerin, Sodium Laureth Sulfate, Cocamidopropyl Betaine, PEG-120 Methyl Glucose Dioleate, Glyceryl Cocoate, Polysorbate 20, Alcohol Denat., Phenoxyethanol, Sodium Chloride, Panthenol, Melaleuca Alternifolia Leaf Oil / Tea Tree Leaf Oil. Aloe vera juice, Neem Extract.*

### How to use:

Put the facewash on your fingertips and rub your hands together. Start applying from your chin with circular motions gradually moving towards the cheeks, nose and forehead for 5 minutes. Rinse well with water. Dry your face with a facial towel.



## MILKY FACE WASH

### BENEFITS:

- Deep cleansing.
- Remove dead skin cells and stimulate new cell growth.
- Enhances hydration.
- Brightens the skin.
- Fades marks and spots.
- Makes skin soft and refreshing.

100ml.

### Ingredients:

Deionized water, Propylene glycol, Glycerin Myristic acid, Palmitic acid, Stearic acid, Decyl glucoside, Potassium hydroxide, Lauric acid, Glycol distearate, Glyceryl stearate, Goat milk D Panthenol, Tocopheryl acetate, Chamomile extract, Disodium EDTA, DMDM hydantoin, Methyl paraben, Propyl paraben, Fragrance.

### How to use:

Put the facewash on your fingertips and rub your hands together. Start from your chin with circular motions gradually moving towards the cheeks, nose, and forehead. Rinse well with water. Dry your face with a facial towel.



30g.



## VITAMIN C CREAM

### BENEFITS:

- Encourages collagen production.
- Fights ageing.
- Smoothens the skin.
- Prevents skin from sun damage.
- Improves skin tone.
- Reduces hyperpigmentation and dark spots.

### Ingredients:

Purified water, Caprylic/Capric triglyceride (vegetable derived), Sodium ascorbyl phosphate (vitamin c), Glycerin (vegetable derived), Sodium hyaluronate (hyaluronic acid), Cetyl alcohol (plant derived), Ethylhexyl palmitate, Cetearyl alcohol (plant derived), Cetearyl glucoside (plant derived) Cetyl palmitate.

### How to use:

Apply once or twice per day.





## ALOE-VERA TEA TREE & NEEM SOAP

### BENEFITS:

- Hydrates the skin.
- Treats skin infections.
- Makes skin glow.
- Kills acne-causing bacteria.
- Lightens scar.
- Reduces red marks.
- Reduces blemish.

30g.

### Ingredients:

Sodium palmate, Sodium palm kernelate, Aqua, Melaleuca alternifolia (tea tree) leaf oil, Glycerin, Palmitic acid, Sodium chloride, Butyrospermum parkii (Shea butter), CI77891, Tetrasodium EDTA, Tetrasodium etidronate.



## LAVENDER BODY LOTION

### BENEFITS:

- Moisturizes skin.
- Prevents acne.
- Soothes redness and dry skin.
- Lightens tone and hyperpigmentation.
- Reduces wrinkles and fine lines.
- It's fragrance calms the mind and reduces anxiety.

200ml.

### Ingredients:

Aqua, Olea europaea fruit oil, Butyrospermum parkii butter, Aloe barbadensis leaf extract, Polyglyceryl-3 dicitrate/stearate, Glycerin, Zea Mays starch, Coco-Caprylate, Glyceryl stearate SE, Glyceryl caprylate, Prunus armeniaca kernal oil, Citrus aurantium dulcis peel oil, Cymbopogon.

### How to use:

Apply a small amount to the hand and body, and massage into the skin until absorbed. Reapply as needed.



30ml

#### Ingredients:

Argan oil, Almond oil, Jojoba oil, Castor oil, Lavender oil.

#### How to use:

Put 2-3 drops of oil in your palms. Spread it evenly, massage it on your beard. Use a comb to evenly distribute the oil while setting the hair back in place. The best time to apply this product tend to be in the morning after shower and at night before going to bed.

## BEARD OIL

#### BENEFITS:

- Nourishes the beard.
- Promotes facial hair growth from the roots.
- Moisturizes facial hair and the skin under.
- Softens the beard.
- Eliminates Itchiness.
- Gets rid of beard dandruff.
- Makes facial hair more manageable.



## HONEY PALUSA

### BENEFITS:

- Strengthen the immune system.
- Antibacterial and antifungal.
- Antioxidant.

250gm. | 500gm.

Ingredients:  
Palusa Honey.

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## HONEY BLACK FOREST

### BENEFITS:

- Reduces weight.
- Treatment for burns.
- Reduce stomach acid and cure ulcers.

250gm. | 500gm.

Ingredients:  
Black Forest Honey.



## HONEY BERI

### BENEFITS:

- Prevent lung diseases and Covid.
- Prevent allergies
- Helps with digestion.

250gm. | 500gm.

Ingredients:  
Beri Honey.



60ml.

Ingredients:  
Almond oil.

How to use:

5-10 ml (1-2 teaspoonsful) to be taken preferably with 250ml (1 glass) of milk. Can also be applied externally on scalp and body.

## ALMOND OIL

### BENEFITS:

- Good for hair.
- Helps to prevent diabetes.
- Reduce the risk of heart disease.
- Boost immune system.
- Good for skin.
- Treats ear pain.
- Helps to reduce cholesterol level.
- Promotes healthy weight.
- Improves digestive system.
- Helps to prevent colon cancer.



60ml.

Ingredients:  
Mustard oil.

How to use:

5-10ml of mustard oil is the recommended daily dosage. However, there is not enough research to recommend how much mustard oil is good for your body. Can also be applied externally on scalp and body.

## MUSTARD OIL

### BENEFITS:

- Treat psoriasis.
- Relieves contact dermatitis.
- Improve cardiovascular health.
- Relieve respiratory issues.
- Cure aches.
- Poison repulsion.
- Treats ringworm.
- Skin and hair care.
- Healing effect on nerves.
- Control diabetes.





## OLIVE OIL

### BENEFITS:

- Antioxidant.
- Reduces inflammation.
- Prevents heart disease.
- Reduces risk of certain cancer.
- Supports healthy gut.
- Maintains healthy immune system.
- Fights harmful bacteria.
- Lowers risk of type 2 diabetes.
- Promotes the flow of good cholesterol HDL.

60ml.

Ingredients:  
Olive Oil.

How to use:  
Consult your physician before use.  
Visit our website for further details.

## NEEM OIL



### BENEFITS:

- Calms and soothes dry skin.
- Protects the skin.
- Has antibacterial and antifungal property.
- Helps heal cuts and wounds.
- Promotes hair growth.
- Enhances scalp health.
- Gets rid of lice.
- Works as insect repellent.
- Removes acne.
- Cure ulcers.
- Reduce dark circle problem.
- Controls asthma.
- Heals tooth problems.
- Riddance from dandruff.

60ml.

Ingredients:  
Neem oil.

How to use:  
Consult your physician before using.



## COCONUT OIL

### BENEFITS:

- Nourishes hairs and scalp.
- Effectively cures skin issues.
- Promotes heart health.
- Aids in weight loss.
- Boost your immunity against infections.
- Improves brain function.
- Rapidly heals burn.
- Stimulates metabolism and improves digestion.
- Reduce inflammation and arthritis.
- Prevents teeth and gum diseases.

60ml.

Ingredients:  
Coconut oil.

How to use:

Daily intake of coconut oil for adults is 1-2 tablespoons (10-20 ml) can also be applied externally on scalp and body.



## CASTOR OIL

### BENEFITS:

- Prevent hair loss.
- Soften lips.
- Reduce cellulitis.
- Make lashes longer.
- Smoothen feet.
- Fade stretch imprints.
- Thicken eyebrows.
- Fade wrinkles.
- Helps in making fingernail skin solid.

60ml.

Ingredients:  
Castor oil.

How to use:

For adults: 2 to 4 teaspoons full with a cup of warm milk at bed time.

For childrens: up to 4 years half (1/2) of the adults dose.

## BLACK SEED OIL



### BENEFITS:

- Natural pain killer.
- Immune system booster.
- Memory enhancer.
- Digestion aid.
- Cause weight loss.
- Cancer combatant.
- Asthma remedy.
- Protects against radiation.
- Suppressant of muscle spasm.
- Anti oxidant.
- Protects against heart diseases.
- Eczema and skin improver.
- Increase breast milk supply.
- Osteoporosis and arthritis aid.

60ml.

Ingredients:  
Black seed oil.

### How to use:

Start on a low dose from a few drops to ½ tsp 1 x per day for 2-7 days then ½ tsp 2 x per day for 2-7 days build up to 3 tsp per day. Children & Infants: Children 11 and under should take half the adult dosage. Children under 5 should only be given a drops to begin with.



## ONION OIL

### BENEFITS:

- Promotes hair growth.
- Prevents premature greying of hair.
- Removes dandruff.
- Reduces breakage and thinning of hair.
- Maintains pH level of the scalp.
- Fights bacterial infections.
- Improves hair texture.
- Makes skin soft.
- Reduces dark spots.
- Improves heart health.
- Promotes healthy digestion.
- Reduces pigmentation.

60ml.

Ingredients:  
Onion Oil.

How to use:

Consult your physician before use.  
Visit our website for further details.



## EGG OIL

### BENEFITS:

- Works as natural hair conditioner.
- Triggers hair growth.
- Repair frizzy and damaged hair.
- Remove dandruff.
- Balance scalp sebum.
- Fights off infections.
- Reduce skin irritation.
- Help and repair new cell generation.
- Improve the texture of skin.
- Fight signs of ageing.

60ml.

Ingredients:  
Egg Oil.

How to use:  
Consult your physician before use.  
Visit our website for further details.



60ml.

Ingredients:  
Tea Tree Oil.

How to use:  
Consult your physician before use.  
Visit our website for further details.

## TEA TREE OIL

### BENEFITS:

- Strong antimicrobial properties.
- Aid skin health.
- Promote healthy fungus levels.
- Promotes scalp health.
- Maintain healthful bacterial ranges.
- Promotes rapid wound recovery.
- Makes the immune system strong.
- Kills mold.
- Acts as a natural deodorant.
- Improves oral health.
- Battles respiratory troubles.
- Promotes healthy hair growth.







## LAVENDER OIL

### BENEFITS:

- Anxiety and strain comfort.
- Promotes muscle tissues and mind relaxation.
- Improves sleep quality.
- Freshens and purifies the air.
- Battles respiratory tract infections.
- Manipulate a healthful nervous system.
- Soothes and revitalizes skin.
- Tremendous for sore muscle tissues.
- Enhance your immunity.
- Has a high antioxidant value.
- Combats hair loss.
- Helps to improve digestion.

60ml.

Ingredients:  
Lavender Oil.

How to use:  
Consult your physician before use.  
Visit our website for further details.



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