

FOUNDATIONS

the
vitality
shop

Foundations consists of 10 highly researched probiotic strains in a unique moisture-resistant, desiccant-lined package to ensure strain survivability without the need for refrigeration. The diversity and clinically significant quantities of these specific strains target gastrointestinal (GI) health to support gastrointestinal and bowel function, and varying degrees of dysbiosis associated with lifestyle or life-stage, along with antibiotic use, dietary imbalances, or stress.* This family of products also possesses specific strains that promote immune health during all life stages. Foundations provides highly potent probiotics for the maintenance of a healthy microbial balance.*

Imbalances in this gut flora, either an absence of beneficial bacteria or an overgrowth of unhealthy organisms, can interfere with the quest for optimal health. Foundations contains strains shown to benefit gut health and immune health, proper digestion and elimination, mucosal lining health, balanced microbiome, and overall bowel health.* Each probiotic strain and count has been carefully selected after an extensive review of scientific literature.

Highlights

- Evidence-based formulations using researched and validated strains
- Specific strain identification with disclosed CFU count
- Superior tolerance and resistance to stomach acid and bile salts
- Capsules featuring delayed-release technology for optimal survivability from stomach acid and properly timed release of the probiotics in the lower GI tract
- Dairy-free formulations
- Packaged in a unique moisture-resistant, desiccant-lined bottle to eliminate need for refrigeration

Recommended Use:

Take 1 capsule per day with a meal or as directed by your health-care practitioner.

Benefits of Foundations*:

- High-potency maintenance to support healthy microbiota balance
- Supporting a healthy immune response
- Supporting normal bowel movements
- Supporting healthy GI system
- Supporting replenishment of the microbiome after antibiotic treatment



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TO CONTACT THE VITALITY SHOP PLEASE CALL US AT 1-888-664-1965, OR VISIT www.thevitalityshop.ca

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.