

M&M Cookie & Nibbler - Baked

Nutritional Information

Nutritional information is taken on average quantities

Individual product weights may vary

Serving Sizes: Cookies 35g & Nibblers 8.75g

	Average Quantity	Average Quantity	Average Quantity
	per 8.75g Serving	per 35g Serving	per 100g
Energy [kJ/Cal]	160/39	650/155	1860/445
Protein [gm]	Less than 1	1.5	4.2
Fat, Total [gm]	1.8	7.0	20.0
- Saturated [gm]	1.1	4.5	12.8
Carbohydrate [gm]	5.4	21.4	61.0
- Sugars [gm]	3.2	12.6	35.9
Sodium [mg]	31	126	361

Ingredients:

Wheat Flour, Butter (Cream (Milk)), Sugar, M&Ms (8%) (Milk Chocolate (Sugar, Milk Powder, Cocoa Butter, Cocoa Mass, Vegetable Fat (Emulsifier (Soy Lecithin), 476), Shell (Sugar, Wheat Flour, Thickener (1401), Colours (171, 120, 160a, 163, 141, 100), Glazing Agents (903, 901), Spirulina Powder)), Dark Brown Sugar, Water, Invert Sugar, Whole Egg, Salt, Natural Vanilla Flavour (Food Acid 332), Raising Agent (500), Tapioca Starch, Emulsifier (415, 541).

Allergen Declaration:

Contains Wheat, Gluten, Milk, Soy, Egg.

Made on the premises where Peanut, Almond, Cashew, Walnut, Macadamia, Hazelnut, Pecan, Pistachio & Sesame are processed.

Storage Conditions:

MF Store: Store at room temperature.

Customers: Store at room temperature in airtight container.

Shelf Life:

MF Store: 12 Hrs from baking time

Customers: 4 days from purchase date for better taste and texture.

Country of Origin:



Date of Issue: 29-Mar-22

Mrs Fields
Unit 11, 9-15 Gundah Rd
Mt. Ku-ring Gai, NSW 2080
Tel: 02-94728555