

BEAUTY *PhD*

SURYA  Brasil



So you know when you post something on [Instagram](#) and you tag it with #Latergram ? This sort of happened with Surya Brasil. I was sent a plethora of products a long time ago and my review just got totally sidetracked! I've emptied a few items and I'm currently using the Body Scrub. So what is "Surya Brasil"? A premium beauty company that provides products that are vegan, organic and natural, while maintaining environmental conservation, animal protection and social responsibility.

Surya Brasil's natural and sustainable beauty products are proudly certified and affiliated with the following organizations : EcoCert, Certified Vegan, PETA, Forest Stewardship Council, Cosmebio, Fair Trade Certified, Brazilian Trade Association for Natural Products and Well-Being, The Compact For Safe Cosmetics and Organic Trade Association. Even their packaging is either recyclable or biodegradable. A-M-A-Z-I-N-G!

It was brought to my attention that many beauty brands have been using microbeads, which are tiny plastic beads used in many skincare products for exfoliation. This is just wrong, as they are bad for the environment and they also don't get filtered in our water system, so fish and other species eat these. And since humans are at the top of the food chain, it all comes back to us in the long run. Due to this, many companies have been banned from using microbeads in their products. Surya Brasil's alternative is to use natural exfoliants such as coconut bark and organic buriti, which are found in some of the scrubs listed below.

Surya Brasil carry a vast array of products for the face, hair and body. Sapien Women is just one of the many lines that they carry.

PRODUCT REVIEWS

1. Surya Brasil Sapien Women Facial Scrub [100 mL] MRSP \$21.99

Made with Amazonian Organic ingredients and 100% natural exfoliants from Coconut Bark and Organic Buriti, which removes dead cells and impurities. It leaves skin silky, smooth and hydrated. No ethyl alcohol, sulfates or silicone. For all skin types. Use up to twice a week.

Thoughts: Like the scent, very sweet like fruit. I was worried the coconut bark would be a bit abrasive on my skin, but it was pretty gentle. You just have to be mindful of the amount of pressure while massaging this on your face. Left my skin feeling soft. **Would I purchase this again?** Yes. It was probably my favourite out of the 5 items in the collection that I reviewed.

2. Surya Brasil Sapien Women Body Moisturizer [200 mL] MSRP \$27.99

Eco-friendly, vegan, natural and rich in exotic organic Amazonian ingredients like Cupuacu and Murumuru butters, Pracaxi and Acai oils, Amaranth Protein, Vitamin E and Aloe Vera Juice. These protect the skin and provide deep hydration. Promotes healthy, long-lasting moisture and soft skin without leaving it greasy. No ethyl alcohol, sulfates or silicone.

Thoughts: The scent for all the products are generally the same. So since I liked the Facial Scrub, I liked how this smelled as well. The product absorbs pretty quickly, leaving my skin non-greasy or heavy. **Would I purchase this again?** Yes. A lot of beauty products gets absorbed into our bloodstream through our skin, so if I'm going to slather on a body moisturizer, it might as well be as organic or natural as it can be.

3. Surya Brasil Sapien Women Shave Gel [200 mL] MSRP \$25.99

Eco-friendly, natural and vegan product protects your skin while shaving for a soft touch and high slip. Made with exotic organic Amazonian ingredients like Cupuacu butter, Pracaxi Oil, Macadamia Oil, Vitamin E to prevent drying and protect sensitive skin. Organic Aloe Vera juice and vegetable glycerin promote intense hydration. May be used on face, underarms, legs and bikini line. No mineral oil, sulfates or silicone.

Thoughts: Works well. Provided enough slip for a clean shave, while leaving the treated area moisturized. **Would I purchase this again?** Yes - if I shaved everyday. But because I've gotten some laser hair removal done in the past, and any other areas requiring hair removal are usually either waxed or epilated, my answer would be - No. I did shave for the sake of reviewing this product and found it worked great but a bit on the pricey side.

4. Surya Brasil Sapien Women Shower Gel [300 mL] MSRP \$25.99

Eco-friendly, vegan, natural and rich in exotic organic Amazonian ingredients like Pracaxi oil, Aloe Vera juice, Amaranth protein and Vitamin E, which protect skin and provide deep hydration.

Thoughts: Has a bit of a funny texture, reminds me of marmalade or jam. As I said before, LOVE the scent, and it works totally fine, but it didn't really stand out to me. **Would I purchase this again?** Maybe. It's a bit more on the expensive side for a shower gel. But I understand what the company stands for and their beliefs, so I could see clients that are brand loyal and appreciate the good that Surya Brasil does, that they would buy this to fulfill their beauty needs. But if you were just judging this on it's own, I think I would most likely pass due to the high price point.

5. Surya Brasil Sapien Women Body Scrub [300 mL] MSRP \$49.99

Made with Amazonian Organic ingredients and 100% natural exfoliants from Coconut bark and organic Buriti, which remove dead cells and impurities. Amazonian White Clay enhances the exfoliation power, and a high concentration of organic Aloe Vera juice provides intense hydration. It leaves skin silky, smooth, soft and hydrated. No ethyl alcohol, sulfates or silicone. For all skin types.

Thoughts : This to me looks & feels exactly the same as the Facial Scrub. So I checked the ingredient list and they are basically identical and in the same order except the last ingredient : Citric Acid [Facial Scrub] vs Sodium Hydroxide [Body Scrub]. Not sure how much of a difference one ingredient would make? As a body scrub, this was nice, but I find a lot of it tends to slip off your skin and drop into the bath tub [if taking a shower], so a lot of it can get wasted. You have to also make sure you rinse your tub before you leave, otherwise, if any remaining product dries and hardens, it's really hard to clean! **Would I purchase this again?** Yes. If you treat it as a multi-use product [could be used as a facial OR body scrub], I think you get more bang for your buck if you get the Body Scrub at \$49.99 for 300 mL. Even if you just use it as a Facial Scrub, this is still the better deal.

OVERALL

I really enjoyed using the Surya Brasil Sapien Women product line. I love that it's organic and natural-based, which is more my preference for skincare. The scent for ALL of their products were lovely. Packaging is simple and the orange colour stands out to me. By the end of the day, it's really about making better choices and finding balance, whether it's for yourself, or for the environment. Surya Brasil is a brand all about respecting both, which gains my respect too.