

Track 1

Modeh Ani

Lyrics © Rabbi Menachem Creditor

Well I woke up this morning, a smile on my face, said “Hey ain’t this world just a wonderful place?”

Sunsets, and sunrise, mountains and sweet shiny seas.

I said Modeh Ani.

Well I looked all around and some people were sad, I said 'Hey don't you know that things aren't so bad? If you just take a step back you'll see things a bit differently. You'll say Modeh Ani. Modeh Ani. Modeh Ani. I said Modeh Ani.'

Well some people just look for the clouds and the rain, and they wonder out loud ‘will the sun come again?’ Listen, rain can be lucky, sunshine just waiting to be. I said Modeh Ani.

I thank God for giving me life every day. ‘Cause this world is a sandbox and I wanna play. My soul feels like laughing, my spirit feels high, I feel free, I say Modeh Ani.

Modeh Ani. Modeh Ani. I said Mo-, I said Mo-, I said Modeh Ani.

Track 2

Yehi Ratzon

יְהִי רָצוֹן מִלְּפָנֶיךָ, יְיָ אֱלֹהֵי וְאֱלֹהֵי אֲבוֹתַי.
יְהִי רָצוֹן מִלְּפָנֶיךָ, שֶׁתְּצִילֵנִי הַיּוֹם וּבְכֹל יוֹם.

Yehi ratzon mil'fanecha. Adonai Elohai ve'lohey avotai.

Yehi ratzon mil'fanecha. Shetatzileni hayom, uv'chol yom.

[May it be Your will, God, my God and the God of my ancestors.

May it be Your will, God, that You rescue me today and every day.]

Be with me. Be with me. Be with me every day. (X 2)

יְהִי רָצוֹן מִלְּפָנֶיךָ, יְיָ אֱלֹהֵי וְאֱלֹהֵי אֲבוֹתַי.
יְהִי רָצוֹן מִלְּפָנֶיךָ, שֶׁתְּצִילֵנִי הַיּוֹם וּבְכָל יוֹם.

Yehi ratzon mil'fanecha. Adonai Elohai ve'lohey avotai.

Yehi ratzon mil'fanecha. Shetatzileni hayom, uv'chol yom.

[May it be Your will, God, my God and the God of my ancestors.

May it be Your will, God, that You rescue me today and every day.]

Track 3

Elohai

אֱלֹהֵי, נִשְׁמָה שְׁנַתַּתָּ בִּי
טְהוֹרָה הִיא. טְהוֹרָה הִיא. (X 2)

Elohai, neshamah shenatata bi.

Tehorah hee. Tehorah hee. (X 2)

[My God, the soul You placed within me

Is pure, is pure.]

כָּל זְמַן, שֶׁהַנִּשְׁמָה בְּקִרְבִּי
מוֹדָה/מוֹדָה אָנִי, מוֹדָה/מוֹדָה אָנִי.

Kol z'man, shehaneshamah vekirbi.

Modah ani. Modah ani.

[As long as the soul is within me,

I gratefully thank You, I gratefully thank You.]

For this pure soul (For this pure soul). All the life I live (All my life). My thanks I give.

For this pure soul (For this pure soul). All the life I live (All my life). My thanks I give.

אֱלֹהֵי, נִשְׁמָה שְׁנַתַּתָּ בִּי

טְהוֹרָה הִיא. טְהוֹרָה הִיא. (X 2)

Elohai, neshamah shenatata bi.

Tehorah hee. Tehorah hee. (X 2)

[My God, the soul You placed within me

Is pure, is pure.]

For this pure soul (For this pure soul). All the life I live (All my life). My thanks I give.

For this pure soul (For this pure soul). All the life I live (All my life). My thanks I give.

Track 4

Zeh Hayom

English Lyrics © Rabbi David Paskin

Today I see creation. Through eyes that see deep within.

Start of life, the birth of a new day, the day I see my world begin.

Today I know the presence, of the divine in each thing.

The smallest seed, the highest mountain, today I hear the angels sing.

זֶה הַיּוֹם עָשָׂה יי, נְגִילָה וְנִשְׂמְחָה בּוֹ. (X 2)

Zeh hayom asah Adonai, nagilah venis'mechah vo. (X 2)

[This is the day God has made, let us rejoice and be glad in it.]

Today I feel the blessing, and the strength of God's grace.

Life and love, joy and courage, today I see God in your face.

Today I dream of tomorrows, all the goodness that will be.

Treasure life, seize the moment, today is eternity.

זֶה הַיּוֹם עָשָׂה יְיָ, נִגְיֵלָה וְנִשְׂמְחָה בּוֹ.

Zeh hayom asah Adonai, nagilah venis'mechah vo. (oh!)

[This is the day God has made, let us rejoice and be glad in it.]

זֶה הַיּוֹם עָשָׂה יְיָ, נִגְיֵלָה וְנִשְׂמְחָה בּוֹ.

Zeh hayom asah Adonai, nagilah venis'mechah vo.

[This is the day God has made, let us rejoice and be glad in it.]

Don't put off till tomorrow, celebrate today.

Don't get lost in the sorrows of yesterday.

זֶה הַיּוֹם עָשָׂה יְיָ, נִגְיֵלָה וְנִשְׂמְחָה בּוֹ.

זֶה הַיּוֹם עָשָׂה יְיָ, נִגְיֵלָה וְנִשְׂמְחָה בּוֹ. (X 2)

Zeh hayom asah Adonai, nagilah venis'mechah vo. (oh!)

Zeh hayom asah Adonai, nagilah venis'mechah vo. (X 2)

[This is the day God has made, let us rejoice and be glad in it.]

Track 5

Morning Medley

מֵה טָבוּ אֶהְלִיךָ יַעֲקֹב, מֵה טָבוּ אֶהְלִיךָ יַעֲקֹב
מִשְׁכַּנְתֶּיךָ יִשְׂרָאֵל, מִשְׁכַּנְתֶּיךָ יִשְׂרָאֵל

Mah tovu ohalecha Yaakov. Mah tovu ohalecha Yaakov.

Mish'kenotecha Yis'rael. Mish'kenotecha Yis'rael.

[How goodly are you tents, Jacob; How goodly are you tents, Jacob
Your dwelling places, Israel; Your dwelling places, Israel.]

מַה טּוֹבוֹ אֹהֲלֶיךָ יַעֲקֹב, מַה טּוֹבוֹ אֹהֲלֶיךָ יַעֲקֹב
מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל, מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל
מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל, מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל

Mah tovu ohalecha Yaakov. Mah tovu ohalecha Yaakov.

Mish'kenotecha Yis'rael. Mish'kenotecha Yis'rael.

Mish'kenotecha Yis'rael. Mish'kenotecha Yis'rael.

[How goodly are you tents, Jacob; How goodly are you tents, Jacob
Your dwelling places, Israel; Your dwelling places, Israel.
Your dwelling places, Israel; Your dwelling places, Israel.]

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה, וּבָרָא בּוֹ נְקָבִים וְנִקְבִּים, חֲלוּלִים וְחֲלוּלִים.
(X 2)

Baruch Atah, Hashem, Elokenu melech ha'olam.

Asher yatzar et ha'adam bechach'mah, uvara vo nekavim nekavim, chalulim chalulim. (X 2)

[Blessed are you God, our God, Ruler of the universe,
Who fashioned people with wisdom, and created within them many openings and cavities.]

אֱלֹהֵי, נִשְׁמָה שְׁנִיתָתָּ בִּי טְהוֹרָה הִיא. (X 2)

Elohai, neshamah shenatata bi tehorah hee. (X 2)

[My God, the soul You placed within me is pure.]

אַתָּה בְּרַאתָהּ, אַתָּה יְצַרְתָּהּ, אַתָּה נִפְחַתָּהּ בִּי, וְאַתָּה מְשַׁמְרָהּ בְּקִרְבִּי

Atah veratah, atah yetzar'tah, atah nefachtah bi, ve'atah mesham'rah bekir'bi.

[You created it, You fashioned it, You breathed it into me, You safeguard it within me.]

אֱלֹהֵי, נִשְׁמָה שְׁנַתַּתָּ בִּי טְהוֹרָה הִיא. (X 2)

Elohai, neshamah shenatata bi tehorah hee. (X 2)

[My God, the soul You placed within me is pure.]

אַתָּה בְּרַאתָהּ, אַתָּה יְצַרְתָּהּ, אַתָּה נִפְחַתָּהּ בִּי, וְאַתָּה מְשַׁמְרָהּ בְּקִרְבִּי

Atah veratah, atah yetzar'tah, atah nefachtah bi, ve'atah mesham'rah bekir'bi.

[You created it, You fashioned it, You breathed it into me, You safeguard it within me.]

בָּרוּךְ אַתָּה יְיָ, אֲשֶׁר בְּיָדוֹ נַפְשׁ כָּל חַי וְרוּחַ כָּל בָּשָׂר

Baruch atah, Hashem, asher beyado nefesh kol chai veruach kol basar.

[Blessed are you God, in Whose hand is
the soul of all the living and the spirit of every human being.]

Track 6

Like a Lion

Lyrics © Rabbi Julie Saxe-Taller and Rabbi Menachem Creditor

Sunlight slipping through the blinds, dreams and waking intertwined.

Morning grows the night away. Creation bursts out with the day.

I can I can, I will I will, launch like a lion, yes, launch like a lion.

I can I can, I will I will, launch like a lion, yes, launch like a lion.

You remove the slumber from my eyes.

Flex my limbs and worry subsides.

Let the rooster know when it's time to rise, and open into the day's surprise.

I can I can, I will I will, launch like a lion, yes, launch like a lion. (*repeat until fades*)