## PRP (Vampire Facial)

## PRP (Platelet Rich Plasma)

- PRP is a series of injections that naturally rejuvenate the skin and repairs the signs of aging. Treatment involves re-injecting your own platelet-rich plasma into your skin, delivering an abundance of growth factors that stimulate the body's normal healing response. Works well for people who suffer from rosacea or acne.
- Three sessions required then one session yearly for maintenance.
- \$550 per session or three sessions for \$1500.

#### **PRP Hair**

- PRP Hair is a series of injections that will help with the restoration by injecting your own platelets into the vascular layer of your scalp to promote growth.
- Three sessions required then one session yearly for maintenance.
- \$600 per session or three sessions for \$1650.

#### **PRP Scar Treatment**

- PRP Hair is a series of injections that will help with the restoration by injecting your own platelets into the vascular layer of your scalp to promote growth.
- Three sessions required then one session yearly for maintenance.
- \$550 per session or three sessions for \$1500.

## PRP (Vampire Facial)

### **PRP Instructions**

### Pre-Treatment

## PRP Hair Restoration (Platelet-Rich Plasma)

Before your appointment- please read through our PRP Hair Restoration pre-treatment instructions to ensure maximum safety and comfort during the treatment.

- You MUST be hydrated the day of your treatment (1 L minimum of water).
- Avoid anti-inflammatory/blood thinning medications for 3-5 days before treatment. (Aspirin, Advil, Aleve, Vitamin E, Ginseng, St. John's Wort, Omega 3/Fish Oil Supplements, Ibuprofen, Motrin).
- Must not be on any antibiotics one week prior to appointment.
- Ensure you are in good health for your appointment- no fever, cold, flu, cough, etc.
- Eat before your appointment to avoid feeling faint and/or dizzy.
- No travel plans to a warm climate for one month after treatment.

#### Pre-Treatment PRP Vampire Facial

- No blood thinning medications at least 5 days before treatment.
- Please be hydrated and drink lots of water before treatment.
- No products with active acids, retinoids, and vitamins for one week before treatment.
- No IPULaser or excessive sun exposure/ sun burn for at least 2 weeks prior to treatment.
- No waxing or other forms of hair removal 7 days prior to treatment.
- No active breakouts (cold sores, herpes) at least 3 days prior to treatment.
- Must be in good health the day of treatment no fever, cough, etc.
- Must not be on any antibiotics or anti-inflammatory medication for two weeks before treatment.

## PRP (Vampire Facial)

## **PRP Instructions**

#### **During Treatment**

- Consult and procedure scheduled for 1 to 1.5 hours.
- Numbing cream will be applied prior to the procedure.
- 3 treatments typically required 1 month apart to see best results.
- Yearly maintenance of 1 treatment.

### Post-Treatment

Please carefully read and follow these instructions after your PRP treatment. There are minimal.

Restrictions after your PRP injections allowng you to return to your daily activities almost immediately.

Do NOT touch, press, rub, or manipulate the treated area(s) for at least 8 hours after your treatment.

AVOID Acetylsalicylic Acid (ASA), Ibuprofen, Naproxen Sodium, (all non-steroidal and steroidal anti-inflammatory agents), Ginko Biloba, garlic, flax oil, cod liver oil, vitamin a, vitamin e, or any other essential fatty acids at least 3 days – 1 week prior to your treatment. Remember, we are creating inflammation.

## Post-Treatment

- If you experience discomfort or pain you have take acetaminophen.
- You may apply ice if you wish to injected area(s) for 20-30 minutes after the procedure but we would prefer you refrain from this.
- Do not wash or take a shower for at least 6 hours after your treatment.
- Do not use any lotions, creams, or makeup for at least 6 hours after your treatment.
- AVOID vigorous exercise, sun, heat exposure, alcohol, caffeine, and cigarettes for at least 3 days before and after your treatment.
- Smokers do not heal well, and problems recur earlier, and results take longer
- Maintain a healthy diet and drink at least 64oz of water the day of the treatment (Fiji water is recommended due to its high concentration of Silica). Continue water intake for the first week after.
- It is normal to experience: bruising, redness, itching, soreness, and swelling that may last from 3-10 days following your procedure.
- Please call our office should you have any questions or concerns regarding your PRP treatment or aftercare

# Are you interested in discussing surgery with Dr. Dool?

Request your consultation today or call our office at (506) 382-3665.