

Breast Augmentation

What is Breast Augmentation?

Are you considering breast augmentation with implants in Moncton, New Brunswick?

This highly popular and effective procedure increases the sizes of your breasts and improves their appearance.

Offered by Dr. Dool in Dieppe, just outside Moncton, breast augmentation has helped myriad New Brunswick women boost their body image and overall confidence.

This procedure can enhance your femininity, help you fit into your clothes better, and, of course, give you larger and more attractive breasts.

Breast Augmentation Benefits

Each woman has different reasons for choosing cosmetic surgery, and breast augmentation is no exception. Common motivations for breast enlargement include:

- Increasing the size of breasts that are naturally small as a result of genetics.
- Replenishing volume depleted by pregnancy, significant weight loss, and/or breastfeeding.
- Creating symmetry in the size and shape of the breasts.

How Does Breast Augmentation Work?

Your procedure will require either general anesthesia or IV sedation. In most cases, it will be performed on an outpatient basis, meaning you can return home on the day of your procedure. You will need to arrange for a friend or family member to drive you to and from your procedure.

Dr. Dool will discuss implant types with you at your initial consultation. Depending on your goals, you may choose implants with saline liquid or silicone gel filling. Each of these implant types offers specific advantages, which Dr. Dool will detail for you.

Breast augmentation begins with the incisions, which Dr. Dool makes in order to insert your implants. At your consultation, he will discuss which incision location will best suit your needs. Depending on your body type, your preferences, and the type of implant you choose, he may perform one of three incision types.

Each of the following incision locations will hide your surgery scars quite effectively:

- Inframammary
(within the fold beneath each breast)
- Periareolar
(around the circumference of the areola – the dark skin surrounding the nipple)
- Transaxillary
(inside the armpit)

Breast Augmentation

After making the incisions, Dr. Dool will carefully place the implants into your breasts. He may place them above or below the pectoral muscle—another option that will depend on your needs and body type. He will then close the incisions with sutures.

While you may experience some discomfort during your recovery, you are not likely to feel pain during the operation, as you will be under anesthesia and/or sedation. Dr. Dool can prescribe pain medication to alleviate any pain or tenderness you feel after surgery.

Breast augmentation results can last for 10 years or more but are generally not permanent. You should schedule regular examinations to ensure the long-term effects of your results.

Breast Augmentation Recovery

Breast augmentation patients should rest for a day or two after their surgery. Swelling and discomfort are common and can last for several weeks. The exact duration of your recovery will depend on factors such as your age and general health, as well as the details of your surgery. Dr. Dool will provide specific post-op instructions to help ease you into your recovery. He can also prescribe medication to help with tenderness and pain.

Dr. Dool will send you home fitted with a compression garment to help maintain the shape of your breasts. Patients often require drains, which prevent fluid accumulation.

Any drains will be removed after a few days.

Patients should avoid strenuous exercise for 2 to 3 months.

Breast Augmentation Safety & Risks

Though uncommon, complications can occur with any surgery, including anesthesia-related risks and infection. Breast augmentation can lead to bleeding, bruising, and/or swelling.

In rare cases, a condition called capsular contracture can occur. This condition is an immune system reaction to the implants, which causes excessive scarring around the implants. Dr. Dool will schedule follow-up appointments to monitor your health and well-being following your surgery. Breast augmentation patients should continue scheduling regular mammograms.

Breast Augmentation Fees

Breast augmentation costs will vary with each patient's goals. The procedure can range in cost from \$7,500 to \$10,000 or more, depending on variables such as anesthesia and materials.

Breast Augmentation: Cases

Breast Augmentation Case 1

Demographics Age: 38

Height : 6'5"

- Six weeks following large volume (745g).
- Round silicone gel breast implants placed under the muscle in a massive weight-loss patient (150 lbs. weight loss).
- This patient has had a belt lipectomy but did not desire an upper-body lift or any scars around the areola.



Breast Augmentation: Cases

Breast Augmentation Case 2

- Six weeks following textured, round, 250cc implants under the muscle in a thin, female body builder who desired to have a natural-appearing breast enhancement with a tummy tuck performed at the same time.

