PACKAGE CONTENTS AND INSTALLATION INSTRUCTIONS

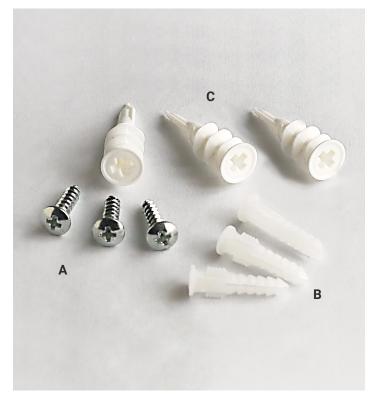
PACKAGE CONTENTS

Storage Rack

This is not weight bearing – supports exercise equipment only Rack has a zip lock bag with the following items:

- A 3- 3/4" SMS screws
- B 3- 1" plastic concrete anchor
- C 3- 1-1/2" plastic drywall anchor





INSTALLATION FOR DRYWALL WOOD OR METAL STUDS

(Important: These instructions are specific to mounting on wood or steel studs.)

Tools Required

- Phillips screw driver #2 (Storage Rack & Posters)
- Level

Storage Rack

- Position Storage Rack in desired location.
 - Use a level; adjust the unit until it is level.
 - Mark the wall with a pencil using the mounting holes of the Storage Rack as guides.
- Screw the plastic EZ anchors provided directly into drywall. (C)
- Attach the Storage Rack to the wall with the 3/4" screws provided. (A) DO NOT OVER-TORQUE.

INSTALLATION - FOR CONCRETE OR BLOCK

(Important: These instructions are specific to mounting on concrete or block.)

Tools Required

- Electric drill
- 3/16" concrete drill bit
- Level

Storage Rack

- Position Storage Rack in desired location.
 - Use a level; adjust the unit until it is level.
 - Mark the wall with a pencil using the mounting holes of the Storage Rack as guides.
- Drill holes 3/16" x 1" deep
- Install the 1" plastic conical anchors (B)
- Attach Storage Rack to wall with the 3/4" screws provided. (A) DO NOT OVER-TORQUE.

