

# **Exerband**® TUBING

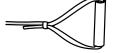


## **Securing Tubing Bands to EzChange Handles**









### To Disengage Handle



Pull both ends of the tube in opposite directions – then slide the web strap off the tube.

## Safety Precautions For Use With Tubing

- Tubing is to be used for intended purpose only.
- · When not used properly, tubing can cause serious injury.
- Before each use, inspect tubing and handles for straps for nicks, cuts, tears, oxidation, abrasion or wear that may cause the tube or the handle to break. If you find any flaws, discard the product and replace it before performing any exercises.
- Never anchor tubing without web anchor strap to avoid breakage and resultant injury.
- Never stretch tubing more than twice its relaxed length to avoid breakage and resultant injury.
- Do not let go of tubing if it is under tension, it can snap back causing injury.
- · Never stretch tubing towards face to avoid injury.

## EzChange Handles – Assisted Grip #533









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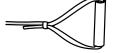


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