

# Learning About ProCare Health



Constantly evaluating advances in surgery and changes in needs

A comparison of top brands shows that patients can save 44-57% a month on supplements with ProCare Health



All items
manufactured in
GMP Certified
facility

Our products are made with minimal binders and fillers

Fewer doses a day is easier for the patient to adhere to your requirements

All items
manufactured in
the USA

Tested and monitored patients for 2 years as adjustments were made until proving a one dose a day can work!



Researched TruCal Calcium and found it was a great fit for patients



We were the first company to create and test the Once Daily Bariatric Multivitamin

### Bariatric Multivitamin Available in Capsules & Chewables

Delivers 22 essential nutrients

Available in Iron levels: 45mg, 18mg, or Iron free

Gluten-Free, Dairy-Free

Made in the USA

Fast-dissolving vegetable-based capsules

Chewables are available in flavors of Fruit Punch & Citrus

Coming soon: Biodegradable Bottles

Meets ASMBS Guidelines



## Probiotic + Bariatric Multivitamin

#### ORIGINAL LEADING EDGE PRODUCT

#### Innovative!

Many programs suggest a probiotic along with other supplements. Combining the multivitamin and the probiotic makes it easy and less expensive.

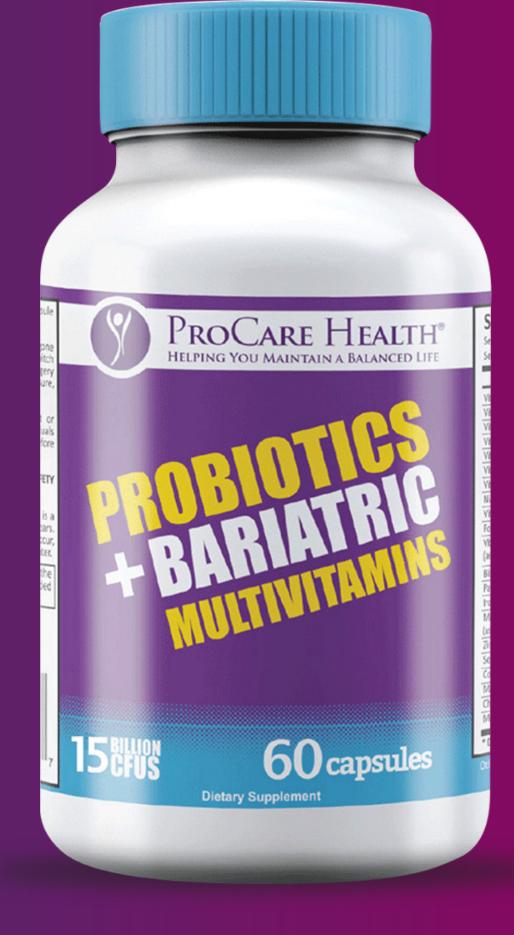
15 billion CFUs of probiotics. Different strains address different areas of digestion.

### Benefits

A Stanford study<sup>[1]</sup> showed that patients who started taking a probiotic after weight loss surgery lost weight at a faster rate and had improved vitamin absorption rates for supplements like B12.

Customers report better sleep, better weight loss (moving through a stall), and better digestion (less constipation and bloating).

[1]Woodard GA, Encarnacion B, Downey JR, et al. Probiotics improve outcomes after Roux-en-Y gastric bypass surgery: a prospective randomized trial. J Gastrointestinal Surg 2009 Jul;13(7):1198-1204.



TWICE A DAY

## Prenatal + Bariatric Multivitamin

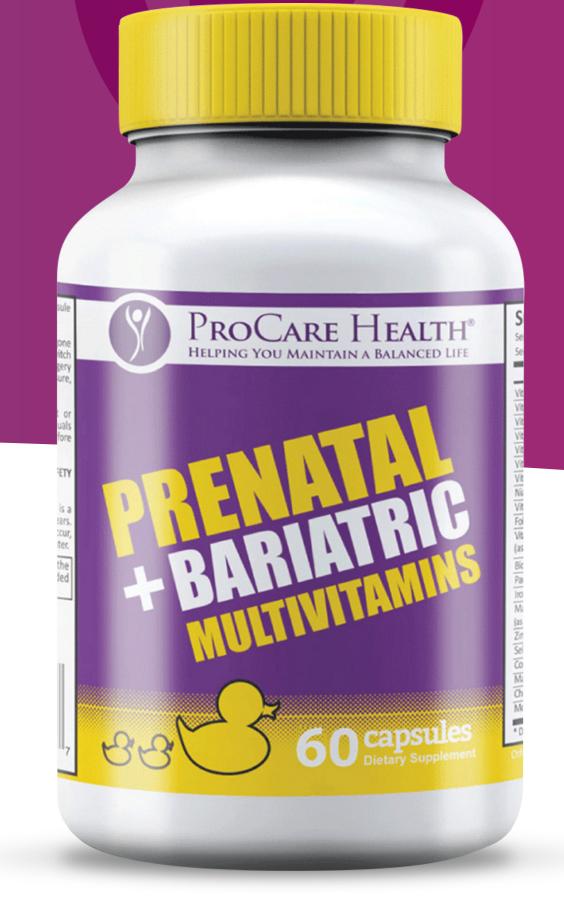
For the unique needs of mother who has had weight loss surgery.

#### GENTLE ON THE SYSTEM

- O Gentle proprietary tummy soothing blend to lessen morning sickness (including superfood spirulina, as well as red raspberry, dandelion root and ginger)
- 5 billion CFUs of probiotics to promote healthy digestion and 10 mg of Prebiotics (Inulin) which are fuel for the good bacteria in the gastrointestinal system
- Delivers optimal nourishment and protection before and during pregnancy, and while nursing
- o 60mg of Iron

#### **HOW IT'S FORMULATED**

- Reduced vitamin A per prenatal needs
- Potassium helps prevent muscle cramps, fatigue, and weakness
- Vitamin B complex provides natural energy and stress support
- 1700 mcg Methylfolate (Active form of Folic Acid) promotes healthy brain and spinal development
- Coming Soon: Updated formula with added Choline



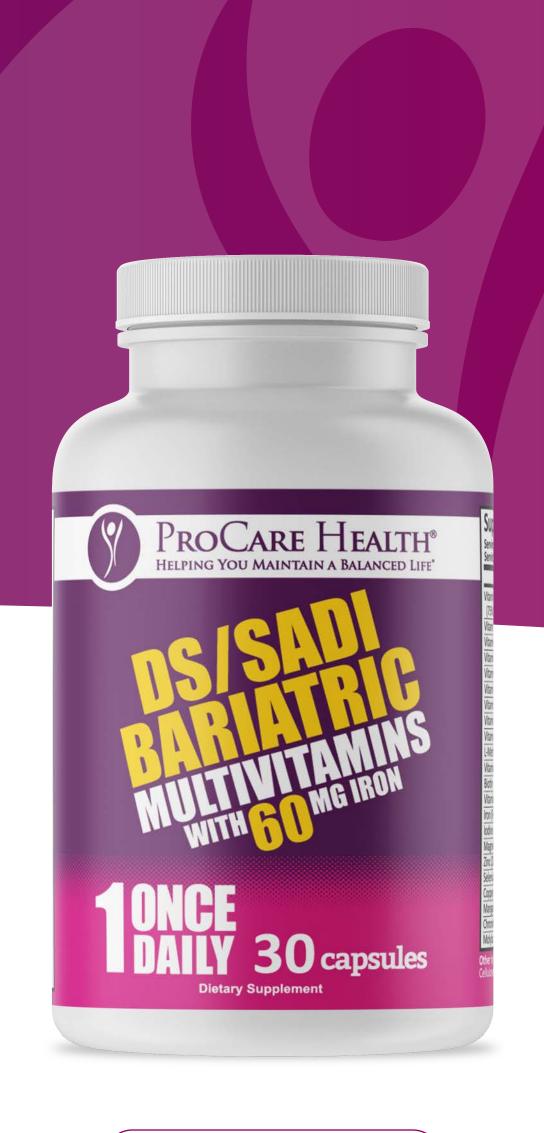
TWICE A DAY

## DS/SADI Bariatric Multivitamin

Specifically Formulated for the Duodenal Switch and SADI procedures.

#### **ONLY ONE PER DAY!**

- 60mg of Iron
- Increased levels of VItamin D, E, & K
- Increased Thiamine, Zinc, Selenium,
   Chromium, and Copper
- o 10,000 IU Vitamin A



ONCE A DAY

## Bariatric Multivitamin – Special 45

### Addressing the Unique Needs of Patients

With our bloodwork program, we found that patients had **unique needs** and we wanted to create a great option that addresses these.

### OUR SAME ONCE DAILY FORMULA WITH 3 KEY DIFFERENCES

- Lower **B12** 500mcg
- o Increased **Thiamine** 25mg
- O Lower **Vitamin A** 5,000IU



**ONCE A DAY** 

### Bariatric Multivitamin Soft Chews – Multi-Flavor

## 3 All-Natural Flavors in Every Bottle

- o Cran-Grape, Mango-Orange, and Cherry-Lime
- Flexible Serving Size, accomdating wide range of needs
- Includes Iron (11.3mg per chew)
- No Artificial Sweeteners or Sugar Alcohols
- O Gluten, Soy, and Dairy Free
- O lodine Free
- Certified Kosher



2-4 CHEWS DAILY BASED ON NEEDS

PROCARE HEALTH

VITAMINS & MINERALS

## Magnesium & Vitamin D3 Immunity Support Complex

### Great supplement for immunity support!

Provides a healthy dose of **Magnesium**, **Vitamin C**, **Vitamin D3**, **Calcium**, **Zinc**, **Copper**, **and Quercetin** 

#### Benefits:

Targets and **supports bodily issues** that can lead to diminished immune systems – stress, poor sleep, slow metabolism, and overall vitamin deficiencies that weaken your bodies protection against viruses and diseases.

**Almost 50%** of all Americans suffer from Magnesium, Zinc, or Vitamin D3 deficiency

Quercetin - It's one of the most abundant antioxidants in the diet and plays an important role in helping your body combat free radical damage. Also shown to support the body's fighting reaction to inflammation, allergy symptoms, and blood pressure.



**ONCE A DAY** 

PROCARE HEALTH

VITAMINS & MINERALS

### **B-Complex Liquid**

High Dose of B-12 with Additional B Vitamins

### Citrus Flavored!

Taken **sublingually**, where it stimulates tissues in our mouths to quickly deliver the ingredients directly into our bloodstream

Utilizes the **preferred**Methylcobalamin form

#### How it's formulated:

- Riboflavin (B-2)
- O Niacin (B-3)
- Pyridoxine (B-6)
- Pantothenic Acid (B-5)
- Methylcobalamin (B-12)



TWO DROPFULS A DAY

PROCARE HEALTH CALCIUM SUPPLEMENT

## Calcium Soft Chews

ONLY All-Natural Ingredient
Calcium Chew on the market!

PROCARE CALCIUM PRODUCTS ARE KNOWN
FOR THEIR SMOOTH & CREAMY FLAVOR WHICH
DO NOT LEAVE AN AFTERTASTE.

- o TruCal® Calcium 500 mg
- O Vitamin D3 500 IU
- Probiotics (Bacillus Coagulans) 500 million CFUs
- Each Chew is equal to 1.9 glasses of milk
- New Mocktails 3 Flavor bag available now!

- Less than 2g of Sugar
- Non-GMO
- Certified Kosher
- Gluten Free
- Soy Free



2-4 CHEWS DAILY BASED ON NEEDS

PROCARE HEALTH

CALCIUM SUPPLEMENT

# Calcium Dark Chocolate

All-natural, great tasting option for your daily Calcium regimen.

- o 500mg of TruCal® Calcium
- o 500IU of Vitamin D
- All-Natural, No Artificial Sweeteners or Flavors
- 65% Dark Chocolate
- Less than 2g of Sugar
- Non-GMO, Certified Kosher, Gluten-Free, Soy-Free
- No Wax coating or extra preservatives
- Manufactured in the USA
- Seasonal item only ships in late fall / winter



2-4 DAILY BASED ON NEEDS

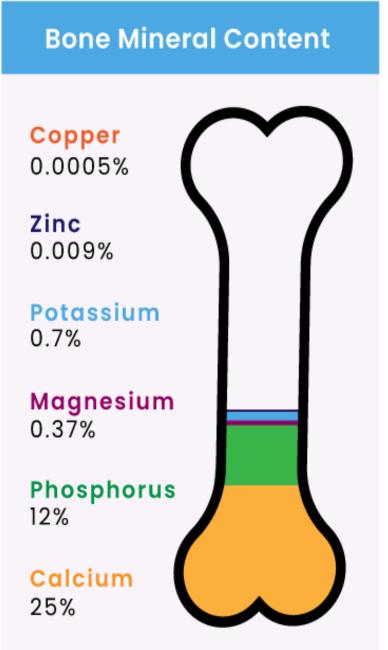
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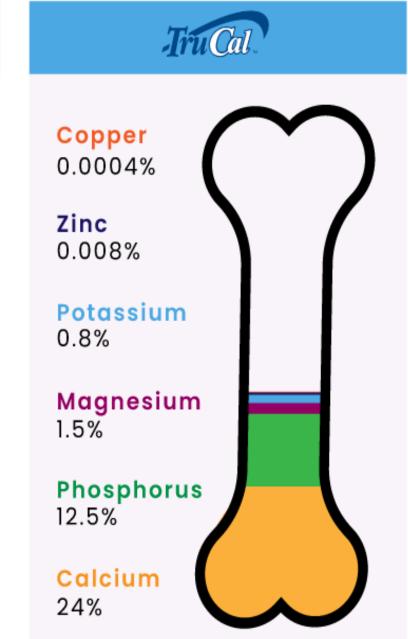


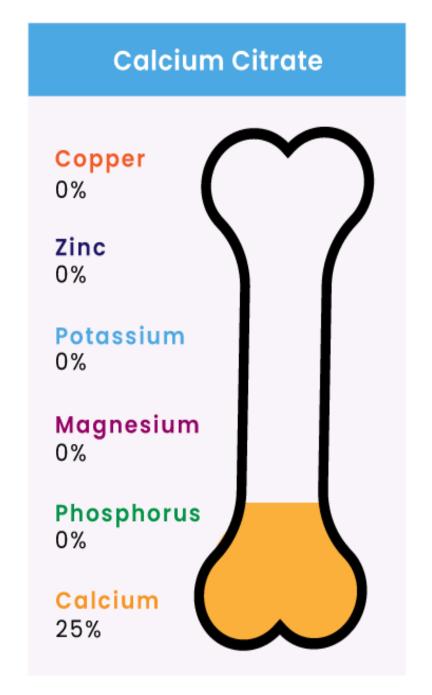
### TruCal®

- All-Natural Calcium with a higher absorption rate than Calcium Carbonate
- Equal to or Greater than Calcium Citrate
- Unlike other Calcium forms, TruCal® offers a balanced profile of essential minerals and antioxidants making Trucal® the superior choice for optimal bone health
- Very Low in lactose 0.01%
- Like Calcium Citrate, TruCal does not require stomach acid for absorption, is non-constipating, does not increase the risk for kidney stones, and doesn't need to be consumed with food; making TruCal a comparable, if not more complete, Calcium option than Calcium Citrate.

## TruCal<sup>®</sup> Milk Minerals Mimic Mineral Composition of Our Bones







LEARN MORE ABOUT TruCal® >

PROCARE HEALTH CALCIUM SUPPLEMENT

## Calcium Citrate Caplets

Helps to maintain the health of vital systems in the body, including the heart, muscles, and nerves.

- Dietician Recommended Formulation
- 500mg Calcium Citrate per 2 Caplet Serving
- Two-month Supply



500MG CALCIUM PER TWO CAPLET SERVING

PROCARE HEALTH

PROTEIN SUPPLEMENT

### Whey Isolate Protein Powder

## Developed for both Bariatric Patients and health-minded individuals

- o 26g of Whey Isolate Protein
- o 110 Calories Per Serving
- 1g of Total Carbohydrates
- O <1g of Total Sugars</p>
- Exclusive Immunity Blend Vitamin D, Vitamin C, and Zinc
- Added Electrolytes
- O Digestive Enzyme Blend
- Two Flavors Chocolate and Vanilla



PROCARE HEALTH

CITRUS GROVE

### Citrus Grove

We developed the only easy-to-swallow citrus flavored and scented bariatric multivitamin on the market!

- Easy-to-Swallow Bariatric Safe Coating
- o Infused with a pleasant citrus scent and taste No more gross vitamin smells or taste!
- One tablet a day is complete with 22 nutrients
- 45mg Iron
- Independently third-party tested to make sure it meets the potency listed on label



PROCARE HEALTH DYE FREE

## We're going Dye Free!

You spoke; we listened! Some of your favorites are now DYE-FREE!







Multivitamin Chew



Fruit Punch Chewable

Multivitamin

And More On The Way!

PROCARE HEALTH

PRICE MATCH GUARANTEE

## Price Match Guarantee

Shop with confidence. Find a lower price, we'll match it!

Whether you are just beginning your weight loss journey, maintaining a healthy lifestyle, or getting back on track, you will find the products you need at ProCare Health. And with our Price Match Guarantee, you know you are getting the brands and products you trust at a price you love.

Our excellent product selection lets you fill your bariatric nutritional needs, and our Price Match Guarantee means you can always shop confidently.



PROCARE HEALTH SCENTCERTS

## **ScentCerts**

Transform your Supplement Experience

- Choose your favorite flavor: Citrus Grove, Purenilla, or Peppermint Twist
- 2. Place the ScentCert
  Heart in any ProCare
  Health bottle
- 3. Let ScentCerts
  transform your bottle
  with a new great
  fragrance and flavor



## Free Facility Samples

Our samples allow patients to see how simple a vitamin routine could be with the ease of 1 multivitamin, once a day, plus yummy calciums!

For facilities we usually send a **few months'** worth of samples at a time based on volume.

Standard **Capsule and Chewable Multivitamin** come in iron variations of 45mg, 18mg, and iron free.

### Available Facility Samples Include:

- Capsule
- o Fruit Punch/Citrus Chewable
- Probiotic + Multivitamin
- Special 45
- Prenatal + Multivitamin
- O DS / SADI

- o Calcium Soft Chews
- Calcium Citrate Capsules
- o Brochures
- O BOGO Coupons
- Multivitamin Soft Chew
- O Product Tear Pad also in Electronic Format



PROCARE HEALTH

SUPPORT GROUPS



In addition to creating innovative supplements that meet the unique needs of bariatric surgery patients, ProCare Health strives to facilitate additional support with its Bari Connected live webinar and podcast.

### Join Brenda Hoehn as she hosts weekly live events and monthly support groups!



Brenda Hoehn MSN, BSN, RN, CHTP

Brenda was a **bariatric coordinator** at Saint Francis
Medical Center for 8 years and also **had bariatric surgery herself in 2013**. Her life experience as a patient,
a career as a nurse and bariatric coordinator, along with
her **interest in holistic healing** and being **a life coach**makes her the **perfect host** for support groups.

## SCAN HERE TO REGISTER & GET STARTED!



## FREE Support Groups for Pre-Op and Post-Op Weight Loss Surgery

- o LIVE Monthly Support Groups
- o LIVE Weekly Topics
- o Individualized Support Groups for facilities
- O Take attendance for MBSAQIP Standard 8.1
- O Flyer available for promotion at your facility

PROCARE HEALTH BARI CONNECTED

## Join our Community!

Add us on Facebook and join our Private Facebook Group!

- O Post about events
- Share your story
- Ask questions
- Talk directly to our team!





Add us on Facebook





Join our Private Facebook Group



PROCARE HEALTH

BODY + SOUL

## BODY + SOUL

ProCare Health provides the vitamins and supplements needed to propel bariatric patients along their journey toward sustained success. However, patients must nourish their Body + Soul to become the person they know they are meant to be.

Body + Soul is designed to equip your patients with the resources to become their best selves before surgery, during recovery, and beyond.

- Supplements
- Community
- Food and Nutrition
- Lifestyle Modification
- Exercise
- Education
- Partner Programs for Bariatric Aftercare



PROCARE HEALTH

ADDITIONAL SUPPLEMENTS

## Additional Therapeutic Supplements Available:

Biotin 10k

Cholesterol Support

CoQ10

Insulin Resistance

Iron Capsules

Probiotic 50billion

Thiamine

Thyroid+

Vit C Complex

Vit D3

Wound Support

Zinc Citrate

Omega-3

Methylfolate

Turmeric+

Ala (Alpha Lipoic Acid)



**QUESTIONS** PROCARE HEALTH

# Any Questions?

Find us on Social Media!

@procarenow











