

Nutrition Analysis Center

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Eurofins Sample Code: 464-2019-10280602

Sample Description: Iron Free Lot#909048 ss=1 capsule

Client Sample Code: New Sample

PO Number: Lot#909048 Client Code: QD0007527 **Entry Date**: 10/28/2019 **Reporting Date**: 11/08/2019

ProCare Health Attn: Mr Nick Wiegand 205 Stag Industrial Blvd. Lake St. Louis, MO 63367

Sample Reference: Lot#909048

CERTIFICATE OF ANALYSIS

AR-19-QD-184479-01

Test	As Is Basis	Per Serving	Theoretical Level
QD273 - Serving Size by Content Weight		Completed: 10/29/2019	
calculation Content Weight Units per Serving Serving Size	0.8634 g 1 0.86 g	0.8634 g 1 0.86 g	1 1 capsule/serving
QD058 - Copper by ICP		Completed: 10/31/2019	
AOAC 984.27, 927.02, 985.01, 965.17 mod * Copper	2,600 ppm	2.3 mg/Serving	2 mg/serving
QD115 - Magnesium by ICP		Compl	eted: 10/31/2019
AOAC 984.27, 927.02, 985.01, 965.17 mod * Magnesium	11,000 mg/100 g	97 mg/Serving	100 mg/serving
QD117 - Manganese by ICP		Compl	eted: 10/31/2019
AOAC 984.27, 927.02, 985.01, 965.17 mod * Manganese	3,020.2 ppm	2.6 mg/Serving	2 mg/serving
QD249 - Zinc by ICP		Compl	eted: 10/31/2019
AOAC 984.27, 927.02, 985.01, 965.17 mod * Zinc	2,000 mg/100 g	17 mg/Serving	16 mg/serving
QA0A4 - Iodine (ICP-MS)		Compl	eted: 11/08/2019
AOAC 2012.15 lodine (I)	31.0 mg/100 g	0.268 mg/Serving	
QD0K2 - Chromium (Mwd-ICP-MS)		Compl	eted: 10/30/2019
AOAC 2011.19 mod. * Chromium (Cr)	157 ppm	0.135 mg/Serving	
QD0K1 - Molybdenum (Mwd-ICP-MS)		Compl	eted: 10/30/2019
AOAC 2011.19 mod. * Molybdenum	156 ppm	0.135 mg/Serving	



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QD0K0 - Selenium (Mwd-ICP-MS)		Comple	eted: 10/30/2019	
AOAC 2011.19 mod. * Selenium (Se)	166 ppm	0.143 mg/Serving		
QQ182 - Total Vitamin A		Comple	eted: 11/01/2019	
AOAC 974.29 Mod. * ß-carotene * Retinol * Total Vitamin A	113,000 IU/100 g 1,250,000 IU/100 g 1,360,000 IU/100 g	978 IU/Serving 10,800 IU/Serving 11,800 IU/Serving	n/a iu/serving n/a iu/serving 10,000 iu/serving	
Q023 - Biotin (USP) Completed: 10/31/2019				
USP Biotin-USP	76,200 µg/100 g	658 μg/Serving	600 µg/serving	
QQ060 - Folic Acid (USP)		Comple	eted: 11/07/2019	
USP Folic Acid - USP	106,000 μg/100 g	911 μg/Serving	800 µg/serving	
QQ086 - Vitamin B3 - Niacin (USP) Completed: 11/04/2019				
USP Niacin - USP Niacinamide - USP	245 mg/100 g 5,300 mg/100 g	2.11 mg/Serving 45.7 mg/Serving	n/a mg/serving 40 mg/serving	
QQ157 - Vit B5 Pantothenic Acid (USP		Comple	eted: 10/31/2019	
USP Pantothenic acid - USP	2,290 mg/100 g	19.7 mg/Serving	20 mg/serving	
QQ150 - Vitamin B1-Thiamine HCI (USP)		Comple	eted: 11/04/2019	
USP Vitamin B1 - Thiamine Hydrochloride - USP	3,170 mg/100 g	27.4 mg/Serving	20 mg/serving	
QQ155 - Vitamin B2 - Riboflavin (USP)		Comple	eted: 11/04/2019	
USP Vitamin B2 - Riboflavin - USP	1,490 mg/100 g	12.9 mg/Serving	12 mg/serving	
QQ159 - Vitamin B6 - Pyridoxine (USP)		Comple	eted: 11/04/2019	
USP Vitamin B6 (pyridoxine) - USP	1,470 mg/100 g	12.7 mg/Serving	12 mg/serving	
QQ160 - Vitamin C - Ascorbic Acid - AOAC		Comple	eted: 10/30/2019	
AOAC 967.22 mod. * Vitamin C - Ascorbic Acid	15,700 mg/100 g	136 mg/Serving	130 mg/serving	
QD0EK - Vitamin D (LC-MS/MS)		Comple	eted: 11/06/2019	
Huang et al., Rapid Commun. Mass Spectrum 2014, 28 * Total Vitamin D2 and D3 * Vitamin D2 * Vitamin D3	391,000 IU/100 g <98.5 IU/100 g 391,000 IU/100 g	3,380 IU/Serving <0.851 IU/Serving 3,380 IU/Serving	3,000 iu/serving n/a iu/serving n/a iu/serving	
QD0GI - Vitamin E - Tocopherol Profile		Comple	eted: 11/03/2019	
ACAC 071 20 with HDLC quantification mad				



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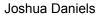
Client Sample Code: New Sample

Test	As Is Basis	Per Serving Theoretical Level	
QD0GI - Vitamin E - Tocopherol Profile		Completed: 11/03/2019	
* AOAC 971.30 with HPLC quantification mod. * Vitamin E Profile * Alpha- Tocopherol * Beta-Tocopherol * Gamma-Tocopherol * Delta-Tocopherol * Total Tocopherols	Reported As D-Tocopherol mg/100 g 5,300 mg/100 g 7.96 mg/100 g 19.6 mg/100 g 6.08 mg/100 g 5,330 mg/100 g	Reported As D-Tocopherol mg/100 g 45.8 mg/Serving 0.0687 mg/Serving 0.169 mg/Serving 0.0525 mg/Serving 46.1 mg/Serving	
KK796 - Vitamin B12 - Methylcobalamin by HPLC		Completed: 11/07/2019	
Internal Method Methylcobalamin	0.0954 % (w/w)	0.000824 g/Serving	
YI001 - Vitamin K Profile Detection	/itamin K Profile Detection Completed: 11/08/2019		
AOAC 999.15, mod. Phylloquinone (Vitamin K1) Menaquinone-4 (MK-4)(Vitamin K2) ND = Not Detected	81.9 μg/g ND μg/g	70.71246 μg/Serving ND μg/g	
trans-Menaquinone-7 (MK-7)(Vitamin K2)	ND μg/g	ND μg/g	

^{*}The test result is covered by our current A2LA accreditation.

Respectfully Submitted, Eurofins Scientific Inc.

ND = Not Detected



Supervisor

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Biological Testing Cert:3329:01



Chemical Testing Cert:2927:01