

Comparison of ProCare Health Collagen Products

	LiquaCel	PUSH Collagen Dipeptide Concentrate
Type of Collagen	Collagen peptide	Collagen Dipeptide
How it's Broken Down	The longer and less stable molecular chains can make it more challenging for standard collagen to make it into the bloodstream. Absorption may be less than a dipeptide version.	Dipeptides are very stable and have a high absorption rate into the bloodstream. A dipeptide-rich collagen is shown to be more efficient than standard collagen at stimulating wound healing.
	This proprietary blend contains hydrolyzed collagen (80%) and whey isolate (20%) also contains 2.5 g of arginine, which promotes wound healing (by increasing circulation to cells).	
Source of Collagen	Extracted from the skin of bovine (pigs) and then goes through an enzymatic process with leaves no pork DNA remaining. It is Kosher approved.	Extracted from pork. Extraction process does leave some pork DNA.
Benefits	High in protein, promotes wound healing, increased skin moisture, elasticity, texture, reduces wrinkle formation. *Other benefits may include those included in dipeptide version.	Promotes wound healing, increases skin moisture, elasticity & texture, reduces wrinkle formation, encourages healthy bone metabolism (and bone density), reduces joint pain, reduces bruising, helps after radiation treatments.
	Bariatric surgery benefits: more protein (combination of collagen and whey proteins).	Bariatric surgery benefits: more highly absorbed (higher benefits for wound healing).
Grams of Protein	16 gms per serving & 2.5g of arginine	5 mg of protein per serving
Serving	Moderately thick (nectar consistency). May drink straight or mix with 1-4 ox of your favorite beverage.	Powder. To start: 2 servings at a minimum of 4 hours apart. Maintenance: 1 serving once daily. (1 serving =1 scoop)



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Additional information	Sugar & gluten free Available in 1oz packets and 32oz bottles	Sugar & gluten free. Available in single packets or 72 serving can.
Link to learn more	CLICK HEREL	<u>CLICK HEREI</u>
Flavors	Lemonade, Peach Mango, Watermelon, Grape, Orange, Variety Pack	Pineapple and Mixed Berry
Product pricing	\$1.50 - \$186.99 (Price range may change) May purchase in individual servings or bottle.	\$51.87 - \$291.99 (Price range may change) May purchase in single serve packets & 72 serving cans.
Recipe ideas	Prink alone or *Mix with 1-4oz of water. *Add to a vanilla shake to make dreamsicle flavor, while boosting your protein *Makes a great Snow Cone syrup *Mix with oil and vinegar for a fruity protein packed vinaigrette dressing *Will not freeze but when mixed with water makes slushes *Spice up your tea with some fruit flavors	Mix with 2-3oz of water.









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