

Nutrition Analysis Center

Eurofins Scientific Inc. Nutrition Analysis Center 2200 Rittenhouse Street, Suite 150 Des Moines, IA 50321

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Eurofins Sample Code: 464-2019-08070430 **Sample Description:** 45MG of Iron Lot #906067 ss= 1 capsule

Client Sample Code: Lot #906067

PO Number: Lot #906067 **Client Code:** QD0007527

Entry Date: 08/07/2019 Reporting Date: 08/19/2019

> ProCare Health Attn: Mr Nick Wiegand 205 Stag Industrial Blvd. Lake St. Louis, MO 63367

CERTIFICATE OF ANALYSIS

AR-19-QD-126767-01

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Test	As Is Basis	Per Serving	Theoretical Level	
QD273 - Serving Size by Content Weight		Completed: 08/09/2019		
calculation Content Weight Units per Serving Serving Size	0.8863 g 1 0.89 g	0.8863 g 1 0.89 g	1 1 capsule/serving	
QD058 - Copper by ICP		Completed: 08/09/2019		
AOAC 984.27, 927.02, 985.01, 965.17 mod * Copper	235 mg/100 g	2.08 mg/Serving	2 mg/serving	
QD107 - Iron by ICP		Comple	eted: 08/09/2019	
AOAC 984.27, 927.02, 985.01, 965.17 mod * Iron	5,140 mg/100 g	45.5 mg/Serving	45 mg/serving	
QD115 - Magnesium by ICP	Completed: 08/12/2019			
AOAC 984.27, 927.02, 985.01, 965.17 mod * Magnesium	10,200 mg/100 g	90.3 mg/Serving	100 mg/serving	
QD117 - Manganese by ICP		Comple	eted: 08/09/2019	
AOAC 984.27, 927.02, 985.01, 965.17 mod * Manganese	329 mg/100 g	2.92 mg/Serving	2 mg/serving	
QD249 - Zinc by ICP		Comple	eted: 08/09/2019	
AOAC 984.27, 927.02, 985.01, 965.17 mod * Zinc	1,810 mg/100 g	16.0 mg/Serving	15 mg/serving	
QA0A4 - Iodine (ICP-MS)		Comple	eted: 08/15/2019	
AOAC 2012.15 lodine (I)	21.0 mg/100 g	0.186 mg/Serving		
QQ182 - Total Vitamin A	Completed: 08/12/2019			
AOAC 974.29 Mod. * ß-carotene * Retinol	123,000 IU/100 g 1,100,000 IU/100 g	1,090 IU/Serving 9,750 IU/Serving	n/a iu/serving n/a iu/serving	



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QQ182 - Total Vitamin A (Cont.)		Completed: 08/12/2019			
AOAC 974.29 Mod. * Total Vitamin A	1,220,000 IU/100 g	10,800 IU/Serving	10,000 iu/serving		
QQ023 - Biotin (USP)	Completed: 08/12/2019				
USP Biotin-USP	85,400 µg/100 g	757 μg/Serving	600 µg/serving		
QQ060 - Folic Acid (USP)		Completed: 08/14/2019			
USP Folic Acid - USP	93,500 μg/100 g	829 μg/Serving	800 µg/serving		
QQ086 - Vitamin B3 - Niacin (USP)		Comple	ted: 08/14/2019		
USP Niacin - USP Niacinamide - USP	<3.586 mg/g 5,930 mg/100 g	<3.18 mg/Serving 52.5 mg/Serving	n/a mg/serving 40 mg/serving		
QQ157 - Vit B5 Pantothenic Acid (USP	d (USP Completed: 08/14/2019				
USP Pantothenic acid - USP	2,440 mg/100 g	21.6 mg/Serving	20 mg/serving		
QQ150 - Vitamin B1-Thiamine HCI (USP)		Comple	ted: 08/13/2019		
USP Vitamin B1 - Thiamine Hydrochloride - USP	2,460 mg/100 g	21.8 mg/Serving	20 mg/serving		
QQ155 - Vitamin B2 - Riboflavin (USP)		Comple	ted: 08/13/2019		
USP Vitamin B2 - Riboflavin - USP	1,380 mg/100 g	12.2 mg/Serving	12 mg/serving		
QQ159 - Vitamin B6 - Pyridoxine (USP)	Completed: 08/13/2019				
USP Vitamin B6 (pyridoxine) - USP	1,470 mg/100 g	13.1 mg/Serving	12 mg/serving		
QQ160 - Vitamin C - Ascorbic Acid - AOAC		Comple	ted: 08/09/2019		
AOAC 967.22 mod. * Vitamin C - Ascorbic Acid	13,400 mg/100 g	119 mg/Serving	130 mg/serving		
QD0EK - Vitamin D (LC-MS/MS)	Completed: 08/15/2019				
Huang et al., Rapid Commun. Mass Spectrum 2014, 28 * Total Vitamin D2 and D3 * Vitamin D2 * Vitamin D3	320,000 IU/100 g <31.7 IU/100 g 320,000 IU/100 g	2,830 IU/Serving <0.281 IU/Serving 2,830 IU/Serving	3,000 iu/serving n/a iu/serving n/a iu/serving		
QD0GI - Vitamin E		Comple	ted: 08/19/2019		
AOAC 971.30 with HPLC quantification mod. * Vitamin E Profile * Alpha- Tocopherol * Beta-Tocopherol * Gamma-Tocopherol * Delta-Tocopherol * Total Tocopherols	Reported As D-Tocopherol mg/100 g 4,850 mg/100 g <4.44 mg/100 g <4.44 mg/100 g <4.44 mg/100 g 4,850 mg/100 g	Reported As D-Tocopherol mg/100 g 43.0 mg/Serving <0.0394 mg/Serving <0.0394 mg/Serving <0.0394 mg/Serving 43.0 mg/Serving			



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Test	As Is Basis	Per Serving	Theoretical Level	
QD0K2 - Chromium (Mwd-ICP-MS)		Completed: 08/09/2019		
AOAC 2011.19 mod. * Chromium (Cr)	243 ppm	0.215 mg/Serving		
QD0K1 - Molybdenum (Mwd-ICP-MS)		Completed: 08/09/2019		
AOAC 2011.19 mod. * Molybdenum	160 ppm	0.142 mg/Serving		
QD0K0 - Selenium (Mwd-ICP-MS) Completed: 08/09/2019				
AOAC 2011.19 mod. * Selenium (Se)	227 ppm	0.201 mg/Serving		
KK796 - Vitamin B12 - Methylcobalamin by HPLC		Comple	ted: 08/15/2019	
Internal Method Methylcobalamin	0.130 % (w/w)	0.00115 g/Serving		
YI001 - Vitamin K Profile - K1, MK4, MK7 (UV Detection) Completed: 08/16/			ted: 08/16/2019	
AOAC 999.15, mod. Phylloquinone (Vitamin K1) Menaquinone-4 (MK-4)(Vitamin K2) ND = Not Detected trans-Menaquinone-7 (MK-7)(Vitamin K2) ND = Not Detected	25.0 μg/g ND μg/g ND μg/g	22.2 μg/Serving ND μg/g ND μg/g		
ND - NOL Delected				

^{*}The test result is covered by our current A2LA accreditation.

Respectfully Submitted, Eurofins Scientific Inc.

David Gross

Support Services Manager

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ACCREDITED

Biological Testing Cert:3329:01



Chemical Testing Cert:2927:01