

HOUTTUYNIA

Houttuynia Cordata

Houttuynia is a go-to in the treatment of Bartonella. Additionally, Houttuynia is a great option for PANS/PANDAS as its antimicrobial effects help fight mycoplasma and viruses. Houttuynia helps support the immune system by reducing inflammation and calming the allergic response.



Functions

Active against Mycoplasma: Houttuynia cordata is a wonderful antimicrobial. It is active against mycoplasma, making it a frequent choice in treatment of PANS for children with mycoplasma infections.

Reduces Inflammation: Helps to increase the immune cells, called anti-inflammatory cytokines, that reduce inflammation

Alleviates Allergic Symptoms: Helps relieve allergic symptoms by reducing effects of histamine and mast-cell initiated allergic reactions

Antiviral: Potent antiviral active against many common viruses including herpes, the flu, HIV and some coronaviruses

Helps Combat Bartonella: Bartonella is responsive to the immune cell called CD4+ cells. Lower numbers of these cells allow Bartonella to invade the body more easily and produce stronger symptoms. Houttuynia helps to increase CD4+ immune cells, helping to fight Bartonella.

Suggested Use

30 drops (1 mL) two to three times daily

Caution

Not to be used during pregnancy.

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2. Laldinsangi C. (2022). The therapeutic potential of Houttuynia cordata: A current review. Heliyon, 8(8), e10386. <https://doi.org/10.1016/j.heliyon.2022.e10386>
3. Wang, Y.-j., Liang, Y.-x., Hu, F.-l., Sun, Y.-f., Zou, M.-y., Luo, R.-l., & Peng, X.-l. (2022). Chinese herbal formulae defend against Mycoplasma gallisepticum infection. Journal of Integrative Agriculture, 21(10), 3026-3036.