

# Resource Sheet

The data contains measurements pertaining to health of 40 males and 40 females.  
An explanation of column headers in the data set is given in the table below.

Variable name	Description (units)
Gender	Male or female
Age	Age (in years)
Wt	Weight (in pounds)
Pulse	Pulse rate (beats per minute)
Chol	Cholesterol (mg/dL)
BMI	Body mass index (weight/height <sup>2</sup> )

## Background information

The US National Health and Nutrition Examination Surveys provide valuable statistical information that allows follow up studies to understand how different variables are related. Maths CS gives credit to the U.S. Department of Health and Human Services at the National Center for Health Statistics. The data is from the Third National Health and Nutrition Examination Survey.

This information was taken between 1988 and 1994.

The data set is sourced from Maths CS.org.