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The Best Sun-protective Clothing for Women of 2023

These UPF-rated pieces provide stylish sun protection.

By Sophie Dodd

✔ Fact checked by Rich Scherr

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Looking to protect your skin without sacrificing style this summer? Enter: actually attractive sun-protective clothing. It's made with UPF (Ultraviolet Protection Factor) technology, which protects your skin from UV radiation much like the SPF in sunscreen does — only, there's no need to reapply every few hours.

“Sun protective clothing is designed to shield the skin from harmful ultraviolet (UV) rays,” explains Dr. Sam Ellis, MD, a board-certified dermatologist. “It works by incorporating special fabrics that block or absorb UV radiation, reducing the amount that reaches the skin.”

When shopping for sun protective clothing, Dr. Ellis recommends prioritizing pieces with a UPF rating of 50+, “meaning that 98 percent of UV radiation is intercepted by the clothing before it reaches the skin,” she explains. To cover the remaining 2 percent, it's still recommended to apply sunscreen as directed.

Here, we've rounded up the most effective and stylish sun protective pieces on the market, from workout tops to versatile travel dresses. Whether you're looking for options to wear on beach days, while biking, or while sightseeing in a new city, this high UPF-rated clothing will appeal to every type of traveler.

Our Top Picks

Best Bodysuit: Watskin Lola Bodysuit



PHOTO: WATSKIN

[View On Watskinsunwear.com](https://watskinsunwear.com)

Why We Love It: This sophisticated bodysuit doubles as swimwear.

What to Consider: It's the most expensive pick on this list, and it needs to be hand washed.

Who knew sun protection could be so sexy? Watskin's iconic bodysuit is feminine and flirty — we love the leopard print and peachy orange color options. It's instantly recognizable thanks to a trademark chunky zipper that can be adjusted for your desired chest protection, and which makes

removing the suit easier while wet. This bodysuit boasts four-way stretch for maximum comfort, plus high-cut hips and a cheeky backside for a flattering silhouette. While this is more of an investment purchase than the other options on this list, the designer quality is evident in the cut and feel of the material, which offers thoughtful protection thanks to its built-in hood and long sleeves with thumbholes (so even the backs of your hands will be covered). Watskin's suit is a power player for light packers as it's extremely versatile: it's waterproof and quick drying, so it can be worn as a swimsuit as well — plus, it's stylish enough to layer with a skirt or jeans for a going-out look.

Price at time of publish: \$325

The Details: UPF 50+ | XS to L | Nylon, spandex | Hand wash, hang dry

Link to Coverage: <https://bit.ly/3uf4zhT>

UVM: 11,872,550