## PRODUCT INFORMATION:

One capsule typically provides: Cold pressed starflower oil of which:

1000mg

- GLA (gamma-linolenic acid)

220ma

INGREDIENTS: Starflower oil (borage), capsule shell: gelatine (bovine), glycerine; antioxidant: mixed tocopherols (natural vitamin El.

Our borage oil is free from pyrrolizidine alkaloids.

No artificial colours, flavours or preservatives. No yeast, added sugar or salt.

WARNING: If you are pregnant, breastfeeding, taking any medication or have a medical condition including epilepsy, please consult your healthcare professional before using this product.

## HIGHER NATURE®

LIFE STAGE

## STARFLOWER OIL

For more GLA



## STARFLOWER OIL 1000mg FOOD SUPPLEMENT - 90 CAPSULES

✓ Starflower oil contains twice as much GLA as evening primrose oil

✓ For women of all ages

DIRECTIONS: Adults take 1 capsule

DIRECTIONS: Adults take 1 capsule a day with a meal. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE: Store in a cool, dry place out of reach of children.



Higher Nature Ltd (UK), 10 Discovery Way, Horam, East Sussex TN21 0GE, UK Higher Nature Ltd (EU), Block 1, Blanchardstown Corporate Park, Ballycoolen Road, Dublin D15 AKK1, Ireland highernature com



90 capsules