



## Suggestions for Use

<b>Parish Wide or Personal Use</b>	Many people in every parish do not volunteer for parish leadership or ministry teams. They do not have children in school or religious education. They do not attend most parish functions, outside of Sunday Mass. However, they want to grow in their faith. <i>Growing Faith</i> provides the perfect tool for doing this. It is designed to be effective even when used privately.
<b>Adult Formation Groups, Middle-Aged and Senior Adults</b>	This is often a time of life when folks have a little more time to study and read because the busy years of child raising or professional work may be winding down or ended, and there is a greater curiosity about religion and faith. These people are sometimes overlooked precisely because they no longer have children in parish programs.
<b>Families Who Have Children in Catechetical Programs</b>	This may be the most promising group with whom to use <i>Growing Faith</i> . Families are at that time of their lives where they want to pass their faith on to their children. This is why they enroll their children in religious education classes or in the parish school.
<b>Catechumens and Candidates in the RCIA Process</b>	The truths of the Catholic faith are rooted in the deepest recesses of what it means to be authentically human. When you invite people to explore these truths using <i>Growing Faith</i> , you offer them a glimpse into the holy and into the human heart. This is a powerful experience.
<b>Pastoral Councils, Pastoral Ministers, and Other Leaders</b>	The U.S. bishops' pastoral letter on adult faith formation, <i>Our Hearts Were Burning Within Us</i> , suggests that every time a parish meeting is held an opportunity exists for catechesis. Invite those who come forward as leaders in your parish to spend a little extra time at each of their meetings to learn more about their faith.
<b>Youth Groups, High School Faith Formation Groups, and Confirmation Programs</b>	Each <i>Growing Faith</i> booklet covers an important facet of our faith. Weave these teachings into your current parish youth gatherings and sacramental preparation programs for a deeper exploration of the meaning of Church teaching that will resonate with today's youth.
<b>Young Adults and Campus Ministry</b>	<i>Growing Faith</i> offers young adults an accessible way to study the timeless teachings of the Catholic faith to nourish their spiritual journey and help integrate the faith into their daily lives.
<b>Intergenerational Catechetical Gatherings</b>	There are many models for intergenerational gatherings. Whether adults, youth, and young people review each <i>Growing Faith</i> booklet at the same time or gather at the beginning and end of each session, this process is a wonderful way to engage all ages in learning more about the Catholic faith.
<b>Households of Faith within Your Parish</b>	Nothing is more important to the Church than developing our households as "domestic churches." An excellent way to do so is to offer them a weekly purpose for gathering, such as <i>Growing Faith</i> .