Calf Support by 4DflexiSPORT®

## One size - Fully Adjustable NOTE: The fleecy addition at base of Velcro allows support can be further expanded



Open support and place black fabric to calf area with mesh panel to front.

Ensure Velcro tabs are to the outside of leg.



Tighten to desired tension (Use firm tension over calf area).

Do not overtighten i.e any tingling sensation or numbness in the foot.

Loosen when at rest - Do not sleep in the support.



Calf support correctly fitted.

Due to the breathability of the fabric, this supports is suitable for prolonged wear. CAUTION: Always seek professional advice before wearing any form of support continuously or long-term.