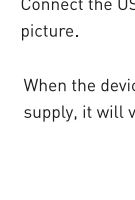


Tranya S2

Smart Watch **User Manual**



SCAN QR CODE FOR EXTENDED WARRANTY

15-MONTH WARRANTY
ACTIVATE WITHIN 14 DAYS

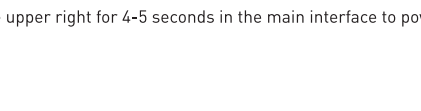
tranya.com/pages/register-product

Email: support@tranya.com

Charge your watch

Connect the USB-charging cable with the watch according to the picture.

When the device is connected to the power supply, it will vibrate.



Wearing

Wear the device with a finger's distance from the wrist bone and adjust the tightness of the wrist band to a comfortable position.

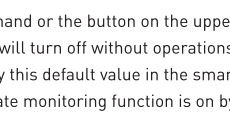


Power on/off

- Long press the button on the upper right for 4-5 seconds to power on. Or charge it to power on.
- Switch to the Off interface, and press it to power off. Or press the button on the upper right for 4-5 seconds in the main interface to power off.

Install the App

- Open your App store and search "GloryFit" to install.
- Or scan the following QR codes to install "GloryFit". The QR code can be found in the Setting.



Device requirement: iOS9.0 and above, Android 4.4 and above to support Bluetooth 4.0.

Operation

- Raise your hand or the button on the upper right to light up the screen.
- The screen will turn off without operations in 10 seconds by default. You can modify this default value in the smart watch.
- The heart rate monitoring function is on by default. You can turn it off in the GloryFit.
- The blood oxygen function is off by default. You can turn it on in the GloryFit.
- Press the button on the upper right at any time to return back.

Data synchronism

The watch can store 7 days of off-line data, and you can synchronize the data on the App homepage manually. The more data, the longer the synchronization time is, and the longest time is about 2 minutes.

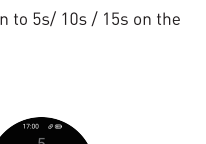
GloryFit App functions and settings

Notification

- Call reminder**
You can one-click the pink icon to hang up the call.
- SMS reminder**
- App reminder**
You can add reminders of App messages in the GloryFit, such as Twitter, Facebook, WhatsApp, Instagram and other application messages.



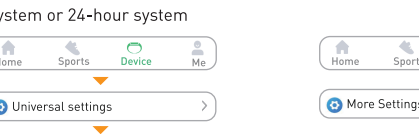
- Be sure to turn on both of the functions and their permissions in the GloryFit.
- The watch only can display 80 characters for iOS and Android per message.
- If your watch doesn't receive any message, please refer to the FAQ at the end of the manual.



General function

Note: For the following operations, the word expressions of iOS and Android systems will be a little different.

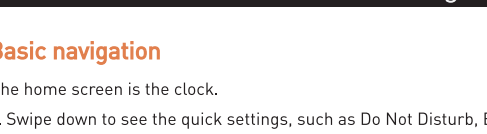
- Raise hand to activate display**
The function raise hand to activate display is on by default. You can turn it off in the GloryFit.
You can also set the time for the bright screen to 5s/ 10s/ 15s on the smart watch.
Menu—Settings—Screen time



Do not disturb

You can set the start and end time of "Do not disturb" mode according to your needs.

Note: When you turn on the "Do not disturb" mode, the "raise hand to activate display" and message notification function are unavailable.



Time system

Android: Device—Universal settings—Time system—Select 12-hour system or 24-hour system

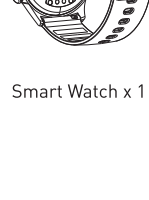


iOS: Device—More settings—24-Hours Time(on/off)

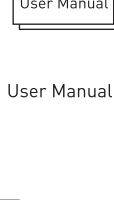


Get Started

Package list



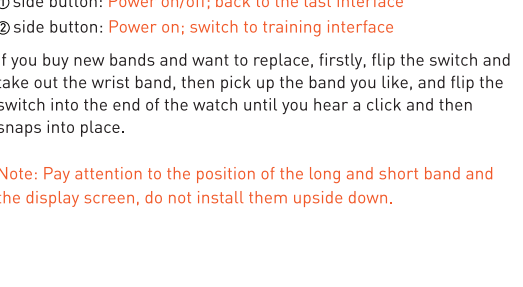
Smart Watch x 1



User Manual x 1

Charging cable x 1

Replace the band



① side button: Power on/off; back to the last interface

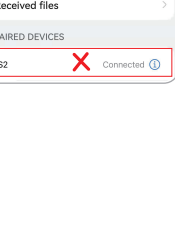
② side button: Power on; switch to training interface

If you buy new bands and want to replace, firstly, flip the switch and take out the wrist band, then pick up the band you like, and flip the switch into the end of the watch until you hear a click and then snaps into place.

Note: Pay attention to the position of the long and short band and the display screen, do not install them upside down.

Personal information and exercise goals

- Open the App GloryFit to set your personal information.
- Setting your avatar, name, gender, age, height and weight, which can help to increase the accuracy of the monitoring data.
- Set your daily exercise goals.

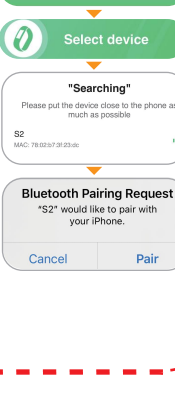


Device connection

Before connecting, ensure the following matters:

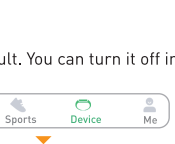
- The watch is not directly connected to the Bluetooth of the mobile phone. If so, please delete the "S2" from the Bluetooth list of your mobile phone.
- The watch is not connected to other mobile phones. If so, please unbind the watch from other mobile phones. If the original phone is an iOS system, you also need to delete the "S2" from the Bluetooth list of the phone.
- The distance between the mobile phone and the watch should be less than 1m.

Note: If you can't find "S2" in step 6, please check whether the device has been selected in the Bluetooth list of your mobile phone. If so, please click "Ignore S2" and search again.



Then follow the below steps to connect your smart watch:

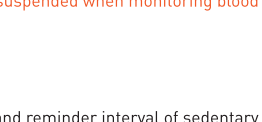
- Turn on the Bluetooth in your phone;
- Open the "GloryFit" in your phone;
- Click "Device";
- Click "Add a new device";
- Click "Select device";
- Select the product model - S2;
- Click "Pair" to complete the connection.



Physical health

Heart rate monitoring

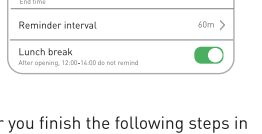
The heart rate monitoring function is on by default. You can turn it off in the GloryFit.



Blood oxygen setting

The blood oxygen function is off by default. You can turn it on in the GloryFit.

You can set the time and period of blood oxygen monitoring according to your needs. 1-H is the recommended cycle for blood oxygen monitoring.



Note: Heart rate monitoring will be suspended when monitoring blood oxygen, and vice versa.

Sedentary reminder

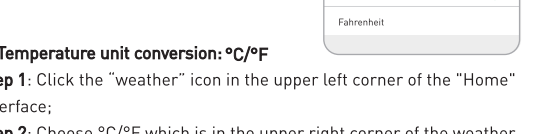
You can set the start time, end time and reminder interval of sedentary reminder according to your needs.



Physiological cycle

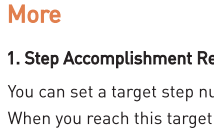
Female function is only available after you finish the following steps in the GloryFit.

Physiological Cycle—Fill in your period information—Start

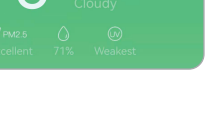


Unit

Android: Device—Universal settings—Unit—Select Metric system or British system



iOS: Profile—Setting—Unit



More

1. Step Accomplishment Reminder

You can set a target step number in the GloryFit. When you reach this target, the smart watch will shake three times to remind you that you have completed the goal.



2. Firmware upgrade

If you are prompted to upgrade the software, please upgrade it in time.
Note: Please fully charge the watch before updating. If the battery is less than 30%, the upgrade may fail.

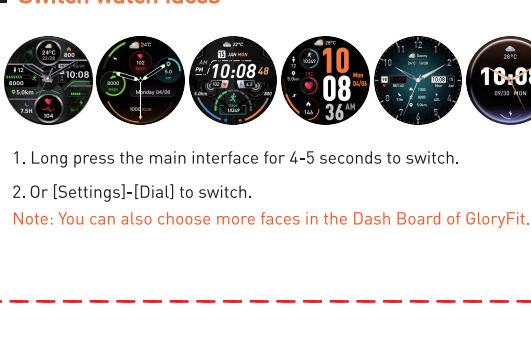
Smart watch functions and settings

Basic navigation

- The home screen is the clock.
- Swipe down to see the quick settings, such as Do Not Disturb, Bright, Flashlight, Find me, Theme, Settings.
- Swipe up to see the notifications.
- Swipe right to see the menu on your watch.
- Swipe left to see the shortcut interfaces, such as Status, Heart rate, Sleep, Weather.
- Press the button on the upper right to return.
- Press the button on the lower right to training interface.



Main page function



Switch watch faces



- Long press the main interface for 4-5 seconds to switch.
- Or [Settings]-[Dial] to switch.

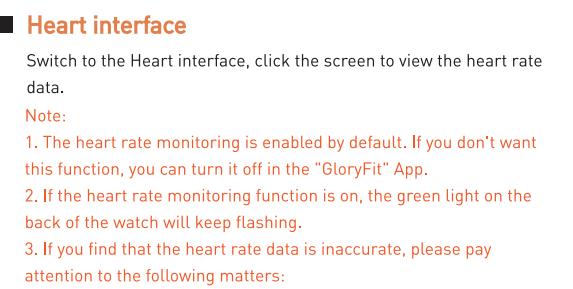
Note: You can also choose more faces in the Dash Board of GloryFit.

Status interface

Switch to the Status interface to check the steps, distances and calories. The distances and calories are calculated based on the current walking steps, the height and weight set in the App individually.

Training interface

Switch to the Training interface, press the screen to enter the specific Training interface. Press the button on the upper right to pause, you can choose whether to continue or exit.



Heart interface

Switch to the Heart interface, click the screen to view the heart rate data.

- The heart rate monitoring is enabled by default. If you don't want this function, you can turn it off in the "GloryFit" App.
- If the heart rate monitoring function is on, the green light on the back of the watch will keep flashing.
- If you find that the heart rate data is inaccurate, please pay attention to the following matters:
 - Wear the watch with moderate tightness, and the sensor behind the watch should be close to the skin;
 - Switch to the corresponding sports mode when exercising;
 - If it is still inaccurate, please reboot the watch.

Blood oxygen interface

Switch to the Blood oxygen interface and measure your blood oxygen level at any time.

Respiration rate interface

Switch to the Respiration rate interface and test your respiration rate at any time.

Breathing training interface

Switch to the Breathing training interface and carry out breathing training according to the instruction of the watch. You can adjust the training time and speed according to your needs.

Pressure interface

Switch to the Pressure interface and it only takes three minutes to monitor your pressure.

Music interface

You can play, pause or switch the tracks playing in your cell phone.

Sleeping interface

Switch to the Sleeping interface and check the sleep status. Sleep data is mainly based on heart rate and wrist movement range. When you are asleep, the heart rate will decrease significantly.

Note:

- Falling asleep between 6 a.m. and 6 p.m. is not recorded.
- When you are lying in bed and playing with your phone for a long time, your heart rate and wrist movements are similar to the state of sleep. The watch may determine that you are asleep.

Weather interface

Switch to the Weather interface, you can view the weather and temperature.

Note: Weather function is only available after you turn on the "Location" of the mobile phone.

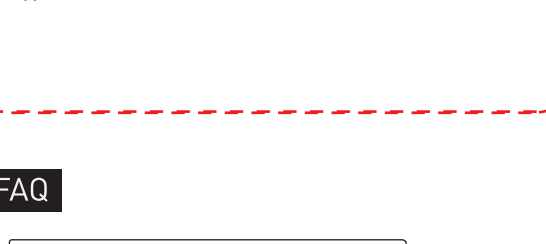
Message interface

In the Message interface, click the main screen to view the message. slide the screen to turn the pages. Press the button on the upper right to exit.

Note: Message reminder is just a function to remind you to receive a message. Its display interface will have character restrictions(80 characters for iOS and Android per message).

Female health interface

Through the App, you can record your personal menstrual cycle and predict the safety period, pregnancy and ovulation period, which can help women understand their physical condition in detail, so as to live a healthier life.



More

Stopwatch: Switch to the Stopwatch interface, click to enter the timing interface.

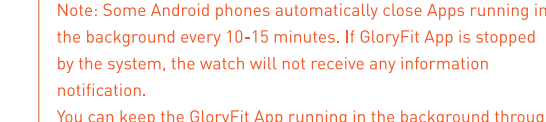
Timer: Switch to the Timer interface, and click to choose the time you want to count down. You can customize the time at the bottom of the page. When the time is up, the watch will vibrate.

Find me: Switch to the Find me interface and touch the icon, then the phone will ring.

Flashlight: Switch to the Flashlight interface, and press the screen to turn on the flashlight.

Settings

Dial: You can also press the main interface for 4-5 seconds to switch.



App Download: Scan the QR codes to install the App "GloryFit".

Precautions

- Please avoid strong impact, extreme heat and exposure to the watch.
- Please do not disassemble, repair or transform the device on its own.
- The use of the environment is 0 degrees—45 degrees, and it is forbidden to throw it into the fire so as not to cause an explosion.
- Please wipe off the water with a soft cloth and then the watch can be used for the charging operation, otherwise it will cause corrosion of charging contact point and charging incident may occur.
- Do not touch the chemical substances such as gasoline, clean solvent, propanol, alcohol or insect repellent.
- Please do not use this product in high pressure and high magnetic environment.
- If you have sensitive skin or tighten the wristband, you may feel uncomfortable.
- Please dry the sweat drips on the wrist in time. The strap has long contact with soap, sweat, allergies or pollution ingredients, which may cause skin allergy itching.
- If it is often used, it is recommended to clean the wristband every week. Wipe with wet cloth and remove oil or dust with mild soap. It is not appropriate to wear a hot bath with a wristband. After swimming, please wipe the wristband in time so as to keep dry.

Basic parameter

Type	1.32 Inch Full Touch Smart Watch	Battery Type	Li-Polymer
Display Size	1.32 Inch	Battery Model	372026
Weight	55g	Battery Capacity	200mAh
Length	25.5cm	Battery Voltage	DC 5.0V
Waterproof Level	3ATM	Battery Power	0.74Wh
Material	TPU	Package	Device, Manual, Charging cable

FAQ

Q: Why can't I do when my watch can't be connected to the phone normally?

A: Please follow the instructions:
 (1) Install the "GloryFit" App in Google Play or App store and allow all authorizations required by GloryFit.
 (2) Make sure both of your watch and mobile phone Bluetooth are turned on. And it would be better that the distance between the mobile phone and the watch is less than 1m.
 (3) If the watch is not connected to the mobile phone through the GloryFit App, but directly through the Bluetooth search, please delete the watch "S2" from the Bluetooth list of your mobile phone.
 (4) If you want to connect to another new phone, please unbind the watch on the original phone through the GloryFit App first. If the original phone is an iOS system, you also need to delete the watch S2 from the Bluetooth list of the phone.

Q: Why can't the watch receive SMS / App information notification?

A: Please follow the instructions:
 (1) Make sure that you have authorized the SMS/App notification for the GloryFit App.
 (2) Ensure that the watch is connected to the mobile phone through the GloryFit App.
 (3) Make sure "Do not disturb" mode on the watch is turned off.
 (4) Ensure that the SMS reminder and App reminder of the GloryFit App are turned on.
 (5) Make sure that your GloryFit App is always running in the background.
 Note: Some Android phones automatically close Apps running in the background every 10-15 minutes. If GloryFit App is stopped by the system, the watch will not receive any information notification.
 You can keep the GloryFit App running in the background through "Setting" in your phone.
 If you don't know how to set it, you can search "your mobile phone brand + how to keep the App running in the background?" on Google.

Q: Why is the time and weather on the watch incorrect?

A: The time and weather of the watch are synchronized with your smart phone.
 (1) Please make sure that your watch has been connected to your phone through the GloryFit App, and keep the GloryFit running.
 (2) At the same time, the "Location" of your mobile phone is turned on.

Q: Is the sleep data accurate?

A: Sleep data is accurate.
 Sleep data is mainly based on heart rate and wrist movement range. When you are asleep, the heart rate will decrease significantly. When you are lying in bed and playing with your phone for a long time, and your heart rate and wrist movements are similar to the state of sleep, the watch may determine that you are asleep. However, the third-generation algorithm of our watch has fixed this problem.
 Note: Falling asleep between 6 a.m. and 6 p.m. is not recorded.

Q: How can I make my heart rate more accurate?

A: (1) Wearing the watch with moderate tightness, and the sensor behind the watch should be close to the skin.
 (2) Switch to the corresponding sports mode when exercising.

Q: Is the watch waterproof?

A: It supports 3ATM waterproof and dust-proof level (3ATM standard is 30 meters below water). Usually, you can wash your hands with the smart watch.
 Note: But be sure not to enter the steam room with your watch. Such as sauna, hot spring, hot bath, etc.



For more information, please visit:
tranya.com

For any assistance, email us:
support@tranya.com

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Manufacturer: Name: Huizhou Xianheng Technology Co., LTD. Address: 3rd Floor, Workshop No. 2, Yunhao High-tech Park, Yue Road, Sanhe Town, Huizhou Economic Development Zone, Huizhou, China