

I Heart Brownies

Nutrition Information

CHOCOLATE BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum).

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1280 kJ	1710 kJ
Protein	3.6g	4.8g
Fat, total	12.6g	16.8g
- Saturated	7.6g	10.1g
Carbohydrate	43.2g	57.6g
- sugars	36.1g	48.2g
Sodium	101mg	134mg

DOUBLE CHOCOLATE BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Dark Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), White Chocolate (Milk solids, Cocoa Butter, Soy Lecithin, Flavour), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum).

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1290 kJ	1720 kJ
Protein	3.7g	5g
Fat, total	12.7g	17g
- Saturated	7.7g	10.2g
Carbohydrate	43.2g	57.6g
- sugars	36.4g	48.5
Sodium	105mg	139mg

DAIRY FREE BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Egg, Coconut Oil, Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum)

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1280kJ	1710kJ
Protein	3.6g	4.8g
Fat, total	12.6g	16.8g
- Saturated	7.6g	10.1g
Carbohydrate	43.2g	57.6g
- sugars	36.1g	48.2g
Sodium	101mg	134mg

MINT CHOCOLATE BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum)

Natural Mint Oil.

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1280 kJ	1710 kJ
Protein	3.6g	4.8g
Fat, total	12.6g	16.8g
- Saturated	7.6g	10.1g
Carbohydrate	43.2g	57.6g
- sugars	36.1g	48.2g
Sodium	101mg	134mg

JAFFA BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum), Natural Orange Oil.

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1280 kJ	1710 kJ
Protein	3.6g	4.8g
Fat, total	12.6g	16.8g
- Saturated	7.6g	10.1g
Carbohydrate	43.2g	57.6g
- sugars	36.1g	48.2g
Sodium	101mg	134mg

CHERRY COCONUT BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum), Coconut, Natural Cherry Oil.

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1310 kJ	1750 kJ
Protein	3.7g	4.9g
Fat, total	13.9g	18.6g
- Saturated	8.7g	11.6g
Carbohydrate	41.8g	55.7g
- sugars	35g	46.7g
Sodium	97mg	130mg

VEGAN CHOCOLATE BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Coconut Oil, Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum), Apple Puree (Apple, Pear Juice, Vegetable Gum [1422, 410, 415], Flavour).

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1220 kJ	1630 kJ
Protein	2.6g	3.5g
Fat, total	13.6g	18.1g
- Saturated	10.1g	13.5g
Carbohydrate	38g	50.7g
- sugars	28.5g	38g
Sodium	25mg	33mg

MACADAMIA WHITE CHOCOLATE BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Flavour, Emulsifier [soy lecithin]), White Chocolate (Milk solids, Cocoa Butter, Soy Lecithin, Flavour), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum), Macadamia Nuts.

Contains nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1350 kJ	1810 kJ
Protein	3.8g	5.1g
Fat, total	15.6g	20.8g
- Saturated	7.7g	10.2g
Carbohydrate	40.6g	54.1g
- sugars	34.3g	45.7g
Sodium	98mg	131mg

PEANUT BUTTER BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Peanut Butter Chips (Peanuts, Sugar, Palm Oil, Soybean Oil, Glucose Syrup, Dextrose, Whey, Salt, Flavours), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum).

Contains Nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1310 kJ	1750 kJ
Protein	4.4g	5.8g
Fat, total	13.2g	17.7g
- Saturated	8.3g	11.1g
Carbohydrate	42.4g	56.5g
- sugars	35.5g	47.3g
Sodium	103mg	138mg

RASPBERRY BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Flavour, Emulsifier [soy lecithin]), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum), Raspberries, Natural Raspberry Oil.

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1210 kJ	1620 kJ
Protein	3.5g	4.6g
Fat, total	11.8g	15.7g
- Saturated	7.1g	9.4g
Carbohydrate	40.7g	54.3g
- sugars	34.2g	45.5g
Sodium	94mg	125mg

TURKISH DELIGHT BROWNIES

GLUTEN-FREE

Serving Size 75g

Ingredients: Sugar, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier [soy lecithin]), Egg, Butter (cream, salt), Cocoa Powder, Gluten-free flour (white rice flour, potato starch, brown rice flour, tapioca starch, xanthan gum), Turkish Delight (Sugar, Water, Corn Flour, Citric Acid [330], Rose Flavours, Food Colour [124, 110]).

May contain traces of nuts.

Made in Australia from local and imported ingredients.

Nutritional Information	Average quantity per 75g serving	Average quantity per 100g
Energy	1270 kJ	1690 kJ
Protein	3.2g	4.2g
Fat, total	10.9g	14.6g
- Saturated	6.6g	8.8g
Carbohydrate	46.4g	61.9g
- sugars	39g	52g
Sodium	88mg	117mg