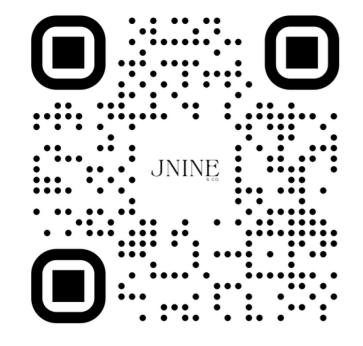
## Has Aunt Flow turned up unannounced? We've got you!

Aunt Flow often brings her friends Nausea and Fatigue and they can be hard to manage at work.

The Period Toolkit is complimentary for our most valuable asset (you!) but please only take what you need.

Soothing heat packs are also available to ease cramps and provide a little comfort.

We're proud to be a period positive workplace and place emphasis on our staff and their wellbeing.



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